

[KD 917]**Sub. Code : 5214**

**BACHELOR OF PHYSIOTHERAPY DEGREE
EXAMINATION.**

Fourth Semester

(Modified Regulations)

Paper II — MASSAGE

Time : One and a half hours Maximum : 50 marks

Write any FIVE of the following : (5 × 10 = 50)

1. Define Relaxation. Write about the factors inducing Relaxation.
2. Describe how would you prepare a patient for massage to the thigh. Write the technique, effect and uses.
3. Give a brief classification of various manipulations used in massage. Write in detail about the points to be considered while giving massage.
4. Explain the technique, indication, contra-indication, effect and uses of upper limb massage.

5. Write short notes on .

- (a) Beating
- (b) Pounding
- (c) Shaking.

6. Describe the techniques, effects, uses, indication and contra-indication of Hacking, Clapping and Vibration.

[KD 926]

Sub. Code : 5316

**BACHELOR OF PHYSIOTHERAPY (BPT) DEGREE
EXAMINATION.**

Fourth Semester

(New Modified Regulations)

Paper II — MASSAGE

Time : One and a half hours Maximum : 50 marks

Write any FIVE of the following.

1. Describe the technique of giving massage for facial paralysis.
2. Describe briefly the physiological effects of massage in various systems.
3. Write short notes on :
 - (a) Frictions.
 - (b) Clapping.
4. Describe in detail the technique of giving effleurage for the upper extremity.

5. What preparation you will make before commencing massage to the back under the following headings :

- (a) Patient.
- (b) Physiotherapist.

6. Name the various types of kneading and describe any one of the technique.

[KE 917]

Sub. Code : 5214

BACHELOR OF PHYSIOTHERAPY DEGREE
EXAMINATION.

Fourth Semester

(Modified Regulations)

Paper II — MASSAGE

Time : One and a half hours Maximum : 50 marks

1. Answer any TWO of the following : (2 × 15 = 30)

(a) Describe about the physiological effects on various system of body.

(b) Write the sequences of Lower Limb massage and explain about the effects of manipulations.

(c) What do you mean by pressure manipulation and explain it?

2. Answer any FOUR of the following : (4 × 5 = 20)

(a) Points to be considered in massage.

(b) Indications for Back massage.

(c) How will you prevent and treat adhesions?

(d) What are the manipulations you will do for Oedematous limb?

(e) Sequences and manipulations used in face massage.

[KE 926]

Sub. Code : 5316

BACHELOR OF PHYSIOTHERAPY (BPT)
DEGREE EXAMINATION.

Fourth Semester

(New Modified Regulations)

Paper II — MASSAGE

Time : One and a half hours Maximum : 50 marks

Write any FIVE of the following : (5 × 10 = 50)

1. What are the percussion manipulations? Describe the therapeutic effects and uses of Hacking and Clapping.

2. Give a brief classification of various manipulations used in Massage. Discuss the various points to be considered while giving Massage.

3. Describe Facial Massage. List the local contraindications to give massage for the face.

4. Write short notes on :

(a) Petrissage

(b) Stroking

(c) Frictions.

5. Describe the technique of vibration and shaking. Write about the therapeutic effects of the same on the respiratory system.

6. Explain the technique of Massage for the neck and upper back and its therapeutic uses.

[KG 917]

Sub. Code : 521.

March-2002

BACHELOR OF PHYSIOTHERAPY DEGREE
EXAMINATION.

Fourth Semester

(Modified Regulations)

Paper II — MASSAGE

Time : One and a half hours

Maximum : 50 marks

Write any TWO of the following. (2 × 15 = 30)

1. Explain the technique of massage for upper limb.
2. Describe Kneading manipulation and its therapeutic applications.
3. What preparations will you make before commencing massage to the back under following headings :

- (a) Patient
- (b) Therapist
- (c) Treatment area.

Write short notes on any FOUR :

(4 × 5 = 20)

- (a) Effleurage
- (b) Contraindications of massage
- (c) Pounding.
- (d) Friction massage
- (e) Shaking manipulation.

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2. Write short notes on any FOUR : (4 × 5 = 20)

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(Modified Regulations)

Paper II — MASSAGE

- (a) Hacking
 - (b) History of massage
 - (c) Picking up
 - (d) Table mechanics in massage
 - (e) Contra indication of massage.
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Time : One and a half hours Maximum : 50 marks

Write any TWO of the following : (2 × 15 = 30)

(a) Define Massage. Classify the Massage manipulation and explain the importance of Body Mechanics in applying Massage strokes.

(b) Describe how would you prepare the patient for upper limb massage. State the manipulations in sequence giving their effects.

(c) What massage manipulations are used on the chest wall during physiotherapy treatment to the chest. Describe the techniques and effects of them on their application to the chest wall.

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DEGREE EXAMINATION.**

Fourth Semester

(New Modified Regulations)

Paper II — MASSAGE

Time : One and a half hours

Maximum : 50 marks

Write any FIVE of the following : (5 × 10 = 50)

1. What are the manipulations used in chest physiotherapy? Describe the technique and effects of any one.
2. Physiological effects of massage on excretory and muscular systems.
3. Give a brief classification of various manipulations used in massage. List their indications.
4. Explain the technique of massage for upper limb.

5. Write short notes on :

- (a) Hacking
- (b) Friction massage
- (c) Contra indications of massage.

6. Discuss the history of massage, its mechanical and other points to be considered while giving massage.

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DEGREE EXAMINATION.

Fourth Semester

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Paper II — MASSAGE

Time : One and a half hours Maximum : 50 marks

1. Write any TWO of the following : (2 × 15 = 30)

(a) Describe how you would prepare a lady patient for massage to her face. What local contra indications you may check to rule out before commencing massage over the face.

(b) Compare and contrast the technique effects and uses of :

(i) Frictions and finger kneading

(ii) Effleurage and stroking.

(c) Physiological effect of massage on circulatory and nervous system.

2. Answer any FOUR : (4 × 5 = 20)

(a) Beating, pounding

(b) Clapping

(c) Massage of shoulders joint

(d) Kneading

(e) Stroking manipulation.

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Fourth Semester

(New Modified Regulations)

Paper II — MASSAGE

Time : One and a half hours

Maximum : 50 marks

Write any FIVE of the following.

(5 × 10 = 50)

1. Discuss the physiological effects of massage on various systems of the body.
 2. Explain the importance of seven points vital for massage application?
 3. Describe the pressure manipulations and explain their effects on soft tissues.
 4. Write short notes on :
 - (a) Massage for knee joint
 - (b) Shaking
 - (c) Reinforced kneading.
 5. Explain the technique of massage for scapular region. Write a note on its therapeutic significance.
 6. Stroking manipulations and its physiological effects on body system.
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Sub. Code : 5214

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EXAMINATION.

Fourth Semester

(Modified Regulations)

Paper II — MASSAGE

Time : One and a half hours Maximum : 50 marks

Theory : One hour and twenty minutes Theory : 40 marks

M.C.Q. : Ten minutes M.C.Q. : 10 marks

M.C.Q. must be answered **SEPARATELY** on the
answer sheet provided as per the instructions
on the first page of M.C.Q. Booklet.

Answer ALL questions.

Draw suitable diagrams wherever necessary.

.. Define massage and discuss in detail about the
herapeutic effects of massage. (15)

2. Short notes :

(5 × 5 = 25)

- (a) Contraindication for percussion technique
- (b) Tenting technique and its uses
- (c) Stance of the therapist during massage
- (d) Lubricant
- (e) Vibration Devices.

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**BACHELOR OF PHYSIOTHERAPY DEGREE
EXAMINATION.**

Fourth Semester

(New Modified Regulations)

Paper II — MASSAGE

Time : One and a half-hours Maximum : 50 marks

Theory : One hour and Theory : 40 marks
Twenty minutes

M.C.Q. : Ten minutes M.C.Q. : 10 marks

M.C.Q. must be answered **SEPARATELY** on the
answer sheet provided as per the instructions on the
first page of M.C.Q. booklet.

Answer ALL questions.

Draw suitable diagrams wherever necessary.

1. Essay Question : (1 × 15 = 15)

Explain in detail about the indications, sequence
and effects of Neck Massage.

2. Answer ALL short notes : (5 × 5 = 25)

(a) Chest Manipulations.

(b) Relaxation.

(c) Points to be considered before giving
massage.

(d) Physiological effects in musculo skeletal
system.

(e) Indications and Techniques in facial
massage.

August-2004

[KL 926]

Sub. Code : 5316

**BACHELOR OF PHYSIOTHERAPY DEGREE
EXAMINATION.**

Fourth Semester

(New Modified Regulations)

Paper II — MASSAGE

Time : One and a half-hours

Maximum : 50 marks

Theory : One hour and

Theory : 40 marks

Twenty minutes

M.C.Q. : Ten minutes

M.C.Q. : 10 marks

Answer ALL questions.

Draw suitable diagrams wherever necessary.

I. Essay Question : (1 × 15 = 15)

**Explain in detail about the physiological effects of
massage on various systems of our body.**

II. Answer ALL short notes : (5 × 5 = 25)

- (1) Stroking manipulations.**
 - (2) Various stance for physiotherapist**
 - (3) Technique of effleurage in lower limb.**
 - (4) Points to be considered before massage.**
 - (5) Contra indications for massage.**
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