

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[MOT 1024]

OCTOBER 2024

Sub. Code: 9120

M.O.T. DEGREE EXAMINATION

SECOND YEAR - (Regulations for the candidates admitted from the academic year 2022-2023)

BRANCH II - ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH

PAPER II – CLINICAL SPECIALITY – II

Q.P. Code: 419120

Time: Three hours

Answer ALL Questions

Maximum: 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. Define the Cognitive Disabilities Frame of Reference and list the six levels of cognitive functioning according to Allen's Cognitive Levels.
2. What is Emotion? Discuss the various theories of Emotion.

II. Write notes on:

(10 x 6 = 60)

1. Define Sensory Integration (SI) and list the key principles of the Sensory Integration frame of reference.
2. Futuristic trends in mental health Occupational Therapy Practice.
3. Factors contributing for development of Intelligence.
4. Describe the stages of cognitive development as described by Jean Piaget.
5. Behaviour modification plan for a child with attention deficit hyperactivity disorder.
6. Cognitive theory Principles in daily activities.
7. Mature defence mechanisms and positive mental health.
8. Describe the significance of Monoamine Neuro transmitters.
9. Explain the key concepts of automatic thoughts, cognitive distortions and schemas in the Cognitive Behavioural Frame of Reference.
10. Techniques of therapeutic communication.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[MOT 1025]

OCTOBER 2025

Sub. Code: 9120

**M.O.T. DEGREE EXAMINATION
SECOND YEAR - (Candidates admitted 2022-2023 onwards)
BRANCH II - ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH
PAPER II – CLINICAL SPECIALITY – II**

Q.P. Code: 419120

Time: Three hours

Answer ALL Questions

Maximum: 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. Describe the Occupational Therapy process in mental health, including assessment, treatment planning, and implementation. Explain the relevance of Models of Practice in guiding the therapy process.
2. Discuss theories of Motivation. How can Occupational Therapists improve motivation for persons with Mental illness?

II. Write notes on:

(10 x 6 = 60)

1. Write a short note on emotional states and their impact on therapy.
2. Factors that promote effective thinking.
3. Conflict and adjustment mechanisms in mental health.
4. Write a short note on monoamine neurotransmitters.
5. Assessment of Developmental problems in Occupational Therapy.
6. Importance of community settings in psychiatric rehabilitation.
7. Model of Human Occupation (MOHO) in psychiatric OT.
8. Social and cultural influence on mental health during adolescence
9. Psychological principles underlying altered consciousness and perception.
10. Methods of evaluation: history taking and interview techniques.
