

FIRST B.A.M.S DEGREE EXAMINATION – OCTOBER 2013

PAPER VIII – MAULIK SIDDHANT EVUM ASHTANG HRIDAYA

Q.P. CODE : 641358

Time: Three Hours

Maximum: 100 Marks

ANSWER ALL QUESTIONS

I. Essay Questions.

(2 x 15 = 30 Marks)

1. *Praakrita* and *vikrita karma* of *Dosha*, *Dhaatu* and *Mala*.
2. Enumerate about *Sneha vidhi*.

II. Short Notes.

(10 x 5 = 50 Marks)

1. Define *Veerya*, *Vipaaka* and *Prabhaava*. Explain *Prabhaava* with suitable examples.
2. Write about *Moordha taila*.
3. "*Cikitsa api ca vasti ekai*" – Explain.
4. Write about the exceptional drugs pertaining to the six *Rasa skandha*.
5. Explain *Aasrayaasrayi bhaava* and the treatment of *Asthi kshaya*.
6. Define *caya* and *kopa*. Explain how the *tridoshas* attain these states in terms of *guna*.
7. What is *Anupaana*? Write about its various kinds, utility and contraindications.
8. Write about *Mukha Alepa*.
9. Write about *Oushadha kaala*.
10. Write about the classification of disease based on prognosis.

III. Short Answers.

(10 x 2 = 20 Marks)

1. *Tila taila*.
 2. Features of *shuddha rakta*.
 3. Qualities of Surgeon.
 4. *Rogi* and *Roga pareeksha*.
 5. Define *shamana* and write its subtypes.
 6. Write about *Dooshya*.
 7. *Guducyaadi gana*.
 8. Benefits of *Peyadi karma*.
 9. *Anaagneya sweda* and its utility.
 10. *Doshas* of *Shastra* (sharp instruments).
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**FIRST B.A.M.S. DEGREE EXAMINATION
PAPER VIII – MAULIK SIDDHANT EVUM ASHTANG HRIDAYA**

Q.P. Code : 641358

Time : Three Hours

Maximum : 100 marks

I. Essay Question:

(2X15=30)

1. Explain Dosa Bheda.
2. Explain Srsti Utpatti Karma in detail.

II. Short Notes:

(10X5=50)

1. Write Durdagdha and Atidagdha Lakshana.
2. Write about Nidra, Classification and Nidranasa.
3. Write about Dharaniya Vega.
4. Explain Sadupakrama.
5. Write about types of Ajirna, its Lakshana & Chikitsa.
6. Write about Vipaka and Vipakaja Rasa Bheda.
7. Write Trnidha Rogamarga.
8. Write about Sneha Matra, Snehapana Vidhi.
9. Nasya Vidhi, Nasya Matra, types of Nasya.
10. Write about Hemantha Rtu Charya.

III. Short Answers:

(10X2=20)

1. Types of Adatarpana.
2. Write the qualities of Pranacharya.
3. Write Laghu Pancamoola.
4. Write advantages of Vyayama.
5. Dasa Vidha Pariksa.
6. Types of Anjana.
7. Write about Takram.
8. What is Ojus?
9. Write Sastra Dosas.
10. Write Avagaha Sweda.

[LF 1358]

OCTOBER 2014

Sub. Code: 1358

FIRST PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

**PAPER VIII – MAULIK SIDDHANT EVAM ASTHANGA HRIDYAYA
(Sutra Sthana)**

Q.P. Code : 641358

Time : Three Hours

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Explain Prakruta, Vruddha and Ksheena Dosha Karma and also write the Asraya Aasrayi Bhava.
2. Write about Sneha Vicarana, Sneha Maatra, Jiryamana Lakshana, Jirna Lakshana.

II. Short Notes:

(10 x 5 = 50)

1. Write Greeshmaritucharya.
2. Write the properties of Lavana and its types
3. Write Trividha Roga Maarga.
4. Definition of Vasti; its types and Anuvasana Vidhi.
5. Write the types of Ajeerna and its Chikitsa.
6. Write about Paada Chatushtaya.
7. Write about Srushti - Utpatti Karma.
8. Write the Jaloukavacarana Vidhi.
9. Write Jivaniya Gana.
10. Write general line of treatment for Vata Disorder.

III. Short Answers:

(10 x 2 = 20)

1. What is Vipaka?
2. What is Triskanda?
3. What is Takra and its types?
4. Nidra Vega dhaarana lakshana.
5. Definition of Viruddha aahara.
6. Write the benefits of Kavala.
7. Define Nasya.
8. Define Nadi Yantra.
9. What is Sopha?
10. Features of Vitiated Blood.

FIRST PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
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(Sutra Sthana)

Q.P. Code :641358

Time: Three Hours

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Write about vridhi and kshaya lakshnas of tridoshas.
2. Write about vasantha and varsha ritu charya.

II. Write Notes on:

(10 x 5 = 50)

1. Write about dharaneeya vegas.
2. What is padachatustaya?
3. Write about varieties of vasthi.
4. Write about viruddhahara.
5. Write about properties of sneha dravyas.
6. Write about uses of yantras.
7. Write about procedure of tarpana.
8. Write about anjana vidhi.
9. Write about salyahanana vidhi.
10. Write about kshara and agni karma vidhi.

III. Short Answers on:

(10 x 2 = 20)

1. What is ama?
2. Samyak yoga lakshana of virechana.
3. Gandusha prayojana.
4. Pitta dosha sthanas.
5. Write shaaka varga.
6. What is vipaka?
7. Write indications of vasti.
8. Prayojana of vyayama.
9. Types of Kshara.
10. What are anusastras?

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Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions:

(2 x 15 = 30)

1. Give detailed account on types of sastras (Sharp instruments).
2. Describe nasya vidhi with all types.

II. Write Notes on:

(10 x 5 = 50)

1. Write gunas of sura and honey.
2. Mention suppression of sleep and cough.
3. Write greeshma ritu charya.
4. Write about pada Chatushtaya.
5. Write about Kavala and mukha lepa.
6. Write about aschyotana Vidhi.
7. Write about vamana and virechana atiyoga lakshanas.
8. Yoni Vranekshana yantra and salaka.
9. Uttara vasti in male and female.
10. Sneha vicharana and uses.

III. Short Answers on:

(10 x 2 = 20)

1. Benefits of snana.
2. Types of Koshta.
3. Upasthambas.
4. Yoga vasti.
5. Madhura rasa ati sevana.
6. Gunas of godhuma.
7. What is dhatvagni?
8. Dhumapana prayojanas.
9. Sira vedha.
10. What is action of kshara?

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PAPER VIII – MAULIK SIDDHANT EVAM ASHTANGA HRIDAYA
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Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions: **(2 x 15 = 30)**

1. Enumerate about *Dhaaraneeya* and *Adhaaraneeya vega*. Write about the signs and symptoms along with the management of all *adhaaraneeya vega*.
2. Write about the significance of *Nasya*, its types, indications and contraindications, time and method of administration, benefits of *Nasya*.

II. Write Notes on: **(10 x 5 = 50)**

1. Write about Vriddha dosha, dhaatu and mala lakshana.
2. Write about Kapha dosha upakrama.
3. Write about the contraindications of snehana and swedana?
4. Write about the significance of kshaara, its types and kshaara guna.
5. Write about Pitta dosha sthaana and types of Pitta dosha.
6. Paada catushtaya – Explain.
7. Define Aama? Write about Saama lakshana and its management.
8. Write about Vasanta Ritucarya.
9. Write about swedana and its types.
10. Trayopasthamba.

III. Short Answers on: **(10 x 2 = 20)**

1. Sneha guna.
2. Indications of Brimhana nasya.
3. Mano dosha and its management.
4. Types of Ajeerna and its management.
5. Vaata dosha hara gana.
6. Guna and karma of Vaayavya dravya.
7. “Rogaan ritujaan na jaatu” – Explain.
8. Indications of Dhoomapaana and its types.
9. Samyak snigdha lakshana.
10. The order of mixing drugs in Aasthapana vasti.

FIRST PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
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Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions:

(2 x 15 = 30)

1. Write in detail Dvividopakrama.
2. Prakrta and Vikruta Karma of Dosha, Dhatu and Mala.

II. Write Notes on:

(10 x 5 = 50)

1. Types of Pitta and their Karma.
2. Murdha Taila and its benefits.
3. Explain Prabhava and Vicitra Pratyayarabdha Dravyas with example.
4. Describe Sama Dosha Lakshanas and its treatment.
5. Write persons suitable for Langhana and Brimhana.
6. Write the procedure for Vamana.
7. Shape of Basti Netra and its size for different ages.
8. Write Kshara Gunas.
9. Gunas of Ghrta and Madhu.
10. Sthanas of Vata, Pitta and Kapha.

III. Short Answers on:

(10 x 2 = 20)

1. Gunas of Tila Taila.
2. Abhyanga and its benefits.
3. Classification of Desha.
4. Shuddha Rakta Lakshanas.
5. Enumerate Dashavidha Papa Karma.
6. Define Udvardhana and its Phala.
7. Enumerate Gurvadi Gunas.
8. Define Vipaka and its types.
9. Movements of Dosha.
10. Ages unsuitable for Shodana Karma.

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(Sutra Sthana)

Q.P. Code :641358

Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions:

(2 x 15 = 30)

1. Write Dinacarya in detail.
2. Write an essay on Trayopastamba.

II. Write Notes on:

(10 x 5 = 50)

1. Chikitsa Chatushpada with their Gunas.
2. Classification of Sadhya Asadhyata of Roga and their Lakshanas.
3. Write the types of Ajirna, their Lakshanas and Chikitsa.
4. Write in detail Sneha vidhi.
5. Samyak Sneha Lakshana and Samyak Sveda Lakshana.
6. Detail Putapaka Vidhi.
7. Grishma Rtu Carya.
8. Explain Dosha Gati.
9. Parikshya Bhavas.
10. Write Pittasya Upakrama.

III. Short Answers on:

(10 x 2 = 20)

1. Snana and its Phala.
2. Enumerate Anagneya Sveda.
3. Write Samsarjana Krama.
4. Write Shodana Phala.
5. Classification of Sneha Nasya and their Matra.
6. Enumerate Trividha Karana.
7. Write Mahat Pancamula and Laghu Pancamula.
8. Enumerate Lavana Varga.
9. Write Chikitsa for Virudha Ahara.
10. Define Anupana and write two examples.

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Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions:

(2 x 15 = 30)

1. Write Sthana, Karma of Vata in Prakrta and Vikrta Avastha along with its types and Upakrama?
2. Explain Sneha Vidhi in detail.

II. Write Notes on:

(10 x 5 = 50)

1. Describe Aushada Sevana Kala and its indications.
2. Explain Uttara Basti and its procedure.
3. Write types of Kshara and method of preparation of Kshara.
4. Explain classification of Nasya and Nasya Vidhi.
5. Explain Viruddha Ahara with examples.
6. Describe Alasaka and Visuchika with their Chikitsa.
7. Explain Ojo Gunas and its Vridhi – Kshaya.
8. Detail Pancha Kapha.
9. Detail Rogamarga and diseases produced in them.
10. Indications and contra-indications of Svedana.

III. Short Answers on:

(10 x 2 = 20)

1. Karma Basti, Kala Basti and Yoga Basti.
2. Explain Dantadavana.
3. Write the types of Rakta Mokshana with their indications.
4. Shuddha Rakta Lakshana.
5. Explain Rtusandhi.
6. Dharaniya Vegas.
7. Write Kshira Samanya Guna.
8. Pancha Boutikatva of Rasas.
9. Dosha Vridhi and Kshaya in relation to seasons.
10. Write Jivaniya Gana.

[LN 1358]

OCTOBER 2018

Sub. Code: 1358

FIRST PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
PAPER VIII – MAULIK SIDDHANT EVAM ASTHANGA HRIDYAYA
(Sutra Sthana)

Q.P. Code :641358

Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions:

(2 x 15 = 30)

1. Write about Adharaneeya vegas.
2. Explain Sneha dravya, properties of ghee, types of vicarana sneha, sneha matra, period of acchapana and sasyasneha.

II. Write Notes on:

(10 x 5 = 50)

1. Write about Nidra.
2. Write the Jaiaukavakaranam.
3. Write the Stana and Karma of Pancha Pittam.
4. Explain the properties of Sad Rasas.
5. Write about Ausadhakala.
6. Write details about Matra Vasti and Karma Vasti.
7. Write about Rogamarga.
8. Write about the indication, types and merits of murdha taila.
9. Write the definition and classification of Samana Chikitsa.
10. Write notes on Alasaka and Visuchika.

III. Short Answers on:

(10 x 2 = 20)

1. Write about contraindication of virechana.
2. Write the properties of Madhu.
3. What is Panchakola?
4. Write the types of bandages.
5. Write the benefits of Vyayama.
6. Write the caya prakopa prasama avastha of doshas in sadrtus.
7. Write the proper time for administration of dhumapana.
8. Write the 10 properties of kshara.
9. Write the definition of vipaka and its types.
10. Write about Avapidaka nasya.

[LO 1358]

MAY 2019

Sub. Code: 1358

FIRST PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
PAPER VIII – MAULIK SIDDHANT EVAM ASTHANGA HRIDYAYA
(Sutra Sthana)

Q.P. Code :641358

Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions:

(2 x 15 = 30)

1. Explain the normal functions of doshas, and dhatus dosha vridhhi kshaya lakshanam, aashraya aashrayi bhavam, significance and properties of ojas.
2. Explain the indication and contraindication of vamana procedure of vamana, Samyoga and atiyoga lakshanam of vamana, peyaadi kramam.

II. Write Notes on:

(10 x 5 = 50)

1. Write the definition, types and action of virya.
2. Write about viruddha aahaara.
3. Explain jalauka vidhi.
4. Write about grisma rtu charya.
5. Write about types of sveda, its contraindication, samayoga and atiyoga.
6. Write about dvividha upakrama.
7. Write about classification of gandusham and use of tilakalka gandusa.
8. Explain the properties of Sad Rasas.
9. Write notes on Alasaka and Visuchika.
10. Write the symptoms and management of mutra, sakrth, chardi, Nidra and trsna vega.

III. Short Answers on:

(10 x 2 = 20)

1. Write about 10 papa karma.
2. Write about madanaadi gana.
3. Write about sastradosa.
4. Write the types of putapaka.
5. Write about the qualities of vaidhya.
6. Write the treatment for sama dosha.
7. Write the benefits of shodhanam.
8. Write the indication and use of tarpana.
9. Write the definition of vipaka and its types.
10. Write the uses of pratyanjana.

FIRST PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
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Q.P. Code :641358

Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions:

(2 x 15 = 30)

1. Explain the indication of vasti, vasti netra, order of mixing of vasti dravya and explain about matra vasti.
2. Explain Aadhana kala and visarga kala charya.

II. Write Notes on:

(10 x 5 = 50)

1. Write the symptoms and management of mutra, sakrth, chardi, Nidra and trsna vega.
2. Write about padachatustayas.
3. Write the Stana and Karma of Pancha vatam.
4. Explain the Asta prakriti.
5. Write about the Aashraya aashray bhavam and Vriddhi kshaya lakshanam of dhatus.
6. Write details about types of Raktamokshnam.
7. Write about Aushada sevana kala.
8. Write about the indication, types and merits of murdha taila.
9. Write the definition and classification of Samana Chikitsa.
10. Explain Sneha dravya, properties of ghee, types of vicarana sneha, sneha matra.

III. Short Answers on:

(10 x 2 = 20)

1. Write about Tantra dosa.
2. Write the proper time for dhumapana administration.
3. Define kanapurana.
4. Write the types of anagni sveda.
5. Write about 10 papa karma.
6. Write the caya prakopa prasama avastha of doshas in sadrtus.
7. Write the contraindication of vamana.
8. Write the types of Anjana and its benefits.
9. Write the definition of virya and its types.
10. Write about the qualities of rogi.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0321]

**MARCH 2021
(MAY 2020 SESSION)**

Sub. Code: 1358

**FIRST PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
PAPER VIII – MAULIK SIDDHANT EVAM ASTHANGA HRIDYAYA (Sutra Sthana)
Q.P. Code : 641358**

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Define Aama and its Lakshanas, Saama Dosha and Ama Visha, indication of Apatarpana in Aama according to Dosha Avastha. Mention daily recommended food and regimen for the consumption.
2. Describe Snehana Oushada Gunas, Sneha Matra, Sneha Vyapat and merits of Snehana.

II. Write Notes on:

(10 x 5 = 50)

1. Explain Vichitra Pratyarabdha.
2. Ashraya Ashrayi Sambandha.
3. Prachanna.
4. Differentiate Kavala, Gandusha and Pratisarana.
5. Yantra Karmas.
6. Niragni Sveda.
7. Trividha and Dvididha Rogas.
8. Murdni Tailam.
9. Abhyanga and Udwartana.
10. Gramya Dharma as per seasons.

III. Short Answers on:

(10 x 2 = 20)

1. Shastra Doshas.
2. Rasasesa Ajirna.
3. Shrama Shwasa.
4. Kapha Utkleshana.
5. Pratimarsha Nasya Kalas.
6. Madanadi Gana.
7. Aschyotana.
8. Dagdha Bhedas.
9. Muhurmuhur Sevana.
10. Panchamahabhutas and Rasas.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 1021]

**OCTOBER 2021
(OCTOBER 2020 EXAM SESSION)**

Sub. Code: 1358

FIRST PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

**(For the candidates admitted from 2012-2013 to 2015-2016 and
New Regulation 2016-2017 onwards)**

PAPER VIII – MAULIK SIDDHANT EVAM ASTHANGA HRIDYAYA (Sutra Sthana)

Q.P. Code : 641358

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Write the Gunas, Sthana, Vriddha, Ksheena Karmas and the Upakrama of Vata Dosha in detail.
2. Explain the relation between Agni, Koshta and Prakruti. Also highlight the importance of Matra Ashana and the effects of Atimatra Ashana.

II. Write Notes on:

(10 x 5 = 50)

1. Indications of Snehana and Svedana.
2. Vicharana Snehana.
3. Langhana Upakrama.
4. Paschat Karma of Snehana.
5. Shastra Karma and Shastra Doshas.
6. Vriddha and Ksheena Dhatu Karmas.
7. Vasanta Rutu Charya.
8. Aushada Sevana Kala.
9. Krutanna Vargas.
10. Viruddha Ahara.

III. Short Answers on:

(10 x 2 = 20)

1. Drava Sveda.
2. Danda Alasaka.
3. Udvardhana.
4. Gangambu.
5. Dravya Bhedas.
6. Sadhaka Pitta.
7. Dosha Chaya according to Rutus.
8. Bruhat Pancha Moola.
9. Kshudha Vega Dharana.
10. Manodosha Oushadham.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0322]

**MARCH 2022
(MAY 2021 EXAM SESSION)**

Sub. Code: 1358

FIRST PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

**(For the candidates admitted from 2012-2013 to 2015-2016 and
New Regulation 2016-2017 onwards)**

PAPER VIII – MAULIK SIDDHANT EVAM ASTHANGA HRIDYAYA (Sutra Sthana)

Q.P. Code : 641358

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Explain Nasya with its classifications and elaborate about Pratimarsha Nasya.
2. Classify diseases according to origin, Adhishtana, Saadhya-Asaadyata, Satva Deha Bala and Rogamargas.

II. Write Notes on:

(10 x 5 = 50)

1. Explain Sadyo Snehas.
2. 'Karshyam eva Varam Sthoulyat' – Explain.
3. Doshas involved in digestion and excretion.
4. Adhovata, Shakrut and Mootra Vega Dharanam.
5. Explain Putapaka Vidhi.
6. Explain Vipaka and Prabhava.
7. Explain Yantra Karmas.
8. Grisma Rutucharya.
9. Samsarjana Krama.
10. Anjana according to Dinacharya.

III. Short Answers on:

(10 x 2 = 20)

1. Guduchyadi Gana.
2. Shuddha Rakta lakshanas.
3. Roga Pareeksha.
4. Ushna Jala.
5. Ashta Vidha Virya.
6. Types of Pratisarana.
7. Bhishak Gunas.
8. Types of Ajirna.
9. Benefits of Shodhana.
10. Properties of Svedana Dravyas.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0522]

**MAY 2022
(OCTOBER 2021 EXAM SESSION)**

Sub. Code: 1358

FIRST PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

**(For the candidates admitted from 2012-2013 to 2015-2016 and
New Regulation 2016-2017 onwards)**

PAPER VIII – MAULIK SIDDHANT EVAM ASTHANGA HRIDYAYA (Sutra Sthana)

Q.P. Code : 641358

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Explain Trividha Roga kaaranas, Bala according to kaala, Importance of rutuchrya in Grisma rutu.
2. Explain the significance of maatravath ashaana and the ill effects of Atimatra Ashana.

II. Write Notes on:

(10 x 5 = 50)

1. Explain Vichitra Pratyarabhdha.
2. Explain the types of Ajeerna and its chikitsa.
3. Explain Ashtavidha Veerya.
4. Explain Roga Margas.
5. Explain Putapaka Vidhi in detail.
6. Explain about Murdha Taila.
7. Explain Yantra karmas.
8. Classify Rogas according to saathya asaadyatha and explain.
9. Explain about Roga pariksha, Rogi pariksha and Parikshya vishayas.
10. Explain administration of Aushadha according to kaala.

III. Short Answers on:

(10 x 2 = 20)

1. Panchamahabhootas and Rasa relationships.
2. Jivaniya Gana Dravyas.
3. Properties of Ksheera.
4. Dharaniya Vegas.
5. Aama Visham.
6. What is Hrudagatha Pittam?
7. What is Muhurmuhur Kala?
8. What is Yamaka Trivrit?
9. Types of Sveda.
10. Enumerate Lavana Varga.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 1022]

**OCTOBER 2022
(MAY 2022 EXAM SESSION)**

Sub. Code: 1358

FIRST PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

**(For the candidates admitted from 2012-2013 to 2015-2016 and
New Regulation 2016-2017 onwards)**

PAPER VIII – MAULIK SIDDHANT EVAM ASTHANGA HRIDYAYA (Sutra Sthana)

Q.P. Code : 641358

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Explain various Roga classifications and detail the Roga classification in relation with the Sadhyasadyata of Vyadhis.
2. Explain Nidra Vegadharana Lakshanas, Anidra and Atinidra effects and Justify Nidra as one of the Trayo Upasthambha.

II. Write Notes on:

(10 x 5 = 50)

1. Explain Rasadi Samyae yat Karma Visistham tat.
2. Explain Madhura Rasa – Guna, Karma and Ati upayog effects.
3. Explain – Asthi Maruyathiyor Naivasam.
4. Explain Vata Upakrama.
5. Explain Rakta dhatu- prakruta karma, vrudhi kshaya lakshanas.
6. Explain Pratimarsha Nasya.
7. Explain any two among the Chatturvida Snehas.
8. Explain Kshaya Lakshanas of Dosha and Dhaatus.
9. Explain about Kapha dosha Bedhas.
10. Explain about Viruddha Aahaar.

III. Short Answers on:

(10 x 2 = 20)

1. What is Hrasvapancha moola?
2. Mano doshaushadha param - Explain.
3. Amasayo Alari bhusha sthana – Complete the Reference.
4. Differentiate Kabalaanthara and Graase graase Aushadhakaala.
5. Define Vipaka.
6. Vicarana Sneha.
7. What is Pratisarana?
8. Snaana and its Phala.
9. Shodhana phala.
10. Properties of Kshara.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0323]

**MARCH 2023
(OCTOBER 2022 EXAM SESSION)**

Sub. Code: 1358

FIRST PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

**(For the candidates admitted from 2012-2013 to 2015-2016 and
New Regulation 2016-2017 onwards)**

PAPER VIII – MAULIK SIDDHANT EVAM ASTHANGA HRIDYAYA (Sutra Sthana)

Q.P. Code: 641358

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Explain Vata dosha gunas, Bhedas, Vata vruddhi lakshanas and vata upakrama.
2. Explain Snehana oushada gunas, indication of snehana, various doses of snehapana and dietary regimen during shehapana.

II. Write Notes on:

(10 x 5 = 50)

1. Types of Anjana for svastha and Atura.
2. Explain Gangambu and Ushnambu.
3. Explain the doshas involved in digestion and metabolism.
4. Explain the classification of Langhanam.
5. Explain about Jalouka avacharanam.
6. Niragni Sveda.
7. Explain Dhatu Vruddhi Lakshanas.
8. Explain Veerya, Vipaka and Prabhava.
9. Explain the terms Rasasheshaajeeranam and vilambika.
10. Classification of types of Nasya.

III. Short Answers on:

(10 x 2 = 20)

1. Aama Visham
2. Classify diseases according to satvabala.
3. Define saama dosha.
4. Period of Achapana in relation to Koshta.
5. Bala according to Rutus.
6. What is Pratyajana?
7. What is Anupakrama Vyadhi?
8. Complete the reference – Aahara Viharasevi Nithyamhita
9. What is Panchakola?
10. Samyak snigdha Lakshana.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0923]

**SEPTEMBER 2023
(MAY 2023 EXAM SESSION)**

Sub. Code: 1358

**FIRST PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
(For the candidates admitted from 2012-2013 to 2015-2016 and
New Regulation 2016-2017 onwards)
PAPER VIII – MAULIK SIDDHANT EVAM ASTHANGA HRIDYAYA
(SUTRA STHANA)**

Q.P. Code: 641358

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Explain the sthana, prakruta karma and upakrama of tridosha.
2. Write about various methods of raktamokshana.

II. Write Notes on:

(10 x 5 = 50)

1. Effects of atimatra ashana.
2. Explain the concept of Virudha with examples.
3. Treatment principles for sthula and krisha.
4. Benefits of Abhyanga and udvartana.
5. What are the presentations of suppression of adhovata and sakrit vegas? Explain how the conditions can be managed?
6. Kashaya rasa-lakshana, karma, effects of atiyoga and Kashaya gana.
7. Management principles of dhatu mala vridhi kshaya.
8. Tarpana vidhi.
9. Uttara basti.
10. Virechana ayoga, atiyoga and samyak yoga lakshana.

III. Short Answers on:

(10 x 2 = 20)

1. Svatantra and paratantra vyadhi.
2. Triphala and trikatu.
3. “Dravyameva rasadeenam sreshtam” - Explain.
4. Annakala.
5. Vyana vata.
6. Benefits of svedana.
7. Types of bandages.
8. Matrakala.
9. Kankamukha yantra.
10. Shastra kosha.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0124]

**JANUARY 2024
(OCTOBER 2023 EXAM SESSION)**

Sub. Code: 1358

**FIRST PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
(For the candidates admitted from 2012-2013 to 2015-2016 and
New Regulation 2016-2017 onwards)
PAPER VIII – MAULIK SIDDHANT EVAM ASTHANGA HRIDYAYA
(SUTRA STHANA)**

Q.P. Code: 641358

Time: Three Hours

Answer ALL questions

Maximum: 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Write the lakshana of Adana and visarga kala. State the status of tridosha in relation to the Ritu. Explain Varsha Ritucharya in detail.
2. Enumerate types of Basti. Explain Niruha basti vidhi and state the importance of Basti chikitsa.

II. Write Notes on:

(10 x 5 = 50)

1. Define Chaya and Prakopa. Narrate the chaya, prakopa and prashama of doshas according to guna.
2. Comment on the Concept of Ama with treatment principles.
3. Classification of dravadravyas.
4. Discuss dravya vargeekarana based on dominance of mahabhoota.
5. Amla rasa-lakshana, karma, effects of atiyoga and amla gana.
6. Dvividhopakrama.
7. Explain Rogamarga in detail.
8. State the difference between marsha and pratimarsha nasya. Write the benefits of Nasya.
9. Moordhni taila.
10. Dhumapana vidhi.

III. Short Answers on:

(10 x 2 = 20)

1. Guduchyadi gana.
2. Pachaka pitta.
3. Ojakshaya lakshana.
4. Rogi pareeksha.
5. Dharaneeya Vega.
6. Anushastra.
7. Shalya gati.
8. Importance of Agni karma.
9. Anjana bheda.
10. Indications of snehana.
