

FINAL PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

PAPER III – PANCHAKARMA

Q.P. Code : 641383

Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions:

(2 x 15 = 30)

1. Write in detail classification of VIRACHANA and treatment of virachana VYAPTHS.
2. Write in detail modern classification of FATS and fat metabolism.

II. Write Notes on:

(10 x 5 = 50)

1. Explain “CHATUPRAKARASAMSUDHI”.
2. Definition of sneha and snehana.
3. Vasti classification according to vagbata.
4. Explain upanaha sweda.
5. Write examination of Kosta.
6. Write vamana samyak yoga laksshnas.
7. Preparation of madana pippali.
8. Explain dvadasha prasruta vasti.
9. Explain dhuma nasya.
10. Classification of rakrthamokshna.

III. Short Answers on:

(10 x 2 = 20)

1. Indications of shiro vasti.
2. Nasya classification according to vagbata Acharya.
3. Vasti pratyagamana kala.
4. Mutrasaya gata vasti matra.
5. Trivriith matra in virachana.
6. Indications of tikshana vasti.
7. Definition of sidha vasti.
8. Anuvasana vasti matra.
9. Difference between kavala and gandusha.
10. Write Serum electrolytes.

[LL 1383]

OCTOBER 2017

Sub. Code: 1383

FINAL PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

PAPER III – PANCHAKARMA

Q.P. Code : 641383

Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions:

(2 x 15 = 30)

1. Write in detail classification of sneha dravya Ayurveda and modern aspect.
2. Write vasti mode of action and treatment of vasti vyapts.

II. Write Notes on:

(10 x 5 = 50)

1. Write nasya classification according to theraptic action.
2. Write in brief sastikashali pinda sweda.
3. Write madhutailika vathi and indications.
4. Classification of virachana according to sarangadhara.
5. Write shodhana according to Ritu.
6. Write in brief about madhana phala and its importance in vamana karma.
7. Write in brief Chaturvidha sweda and indication according to dosha.
8. Taila gunas.
9. Sweda atiyoga lakshanas.
10. Samyak vamana lakshnas.

III. Short Answers on:

(10 x 2 = 20)

1. Avapida nasya.
2. Melena.
3. Uttaravasti matra.
4. Padahina vasti.
5. Padaghata.
6. Indications of valuka sweda.
7. Alabu indicated in which dosha?
8. Classification of murdha tala.
9. How many niruha vastis in kala vasti?
10. Tapa sweda indicated in which dosha?

FINAL PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

PAPER III – PANCHAKARMA

Q.P. Code : 641383

Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions:

(2 x 15 = 30)

1. Write in detail modern contraindications of vamana and shodana vyapaths.
2. Write in detail vasti classification and vasti matra according to age.

II. Write Notes on:

(10 x 5 = 50)

1. Write in brief anagni sweda.
2. Heamatemesis.
3. Ultrasonic therapy.
4. Write preparation of erandamula yavana vasti.
5. Virachana Vyapaths.
6. Write classification of murchha taila.
7. Utklesana.
8. Nasa tarpana.
9. Modern classification of virachana.
10. Virachana Pachyath karma.

III. Short Answers on:

(10 x 2 = 20)

1. Anulamana.
2. Epitaxis.
3. Trivarth matra in virachana karma.
4. Shodhana nasya matra.
5. Definition of siddha vasti.
6. Uttara vasti matra.
7. Samsarjana karma.
8. Brumhana sneha matra.
9. Anupana of thuvarka taila.
10. Karna purana matra kala.

[LN 1383]

OCTOBER 2018

Sub. Code: 1383

FINAL PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

PAPER III – PANCHAKARMA

Q.P. Code : 641383

Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions:

(2 x 15 = 30)

1. Write Essay of Krama of Panchakarma.
2. Write Essay of Niruha and Anuvasana vasti vidhi.

II. Write Notes on:

(10 x 5 = 50)

1. General precautions (Pariharya Vishya) for panchakarma.
2. Vamana and Virechana Karmukata (Mode of action).
3. Method of Jalaukavacharana.
4. Describe Yapana vasti.
5. Describe Ultrasonic therapy.
6. Shuddhi Lakshanas of Vamana.
7. Pizhichil and its importance.
8. Describe 3 types of Abhyantara Snehana.
9. Indication and contraindication of Nasya.
10. Describe Murdhni Taila.

III. Short Answers on:

(10 x 2 = 20)

1. Karma vasti.
2. Anna Lepa.
3. samyak Sneh lakshana.
4. Pravacharana Sneh.
5. Upanaga svedam.
6. Navara Kizhi.
7. Padaghata.
8. Sringa – sira vedhana.
9. Utsadana.
10. Saagni svedanam.

[LO 1383]

MAY 2019

Sub. Code: 1383

FINAL PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

PAPER III – PANCHAKARMA

Q.P. Code : 641383

Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions:

(2 x 15 = 30)

1. Importance of Svedana, Types and its classification, Samyak yoga, Ayoga and Atiyoga, Svedana Vyapat and their management.
2. Write detail essay about poorva, pradhna, pacchat karma and samsarjana krama of vamana karma.

II. Write Notes on:

(10 x 5 = 50)

1. Describe - Vaitarana vasti.
2. Utility and importance of Physiotherapy.
3. Importance and utility of Uttara vasti.
4. Describe Ashta Maha doshasas.
5. Snehana and Svedana Karmukata.
6. Samyak yoga, Ayoga and Atiyoga of Anuvasana vasti.
7. Dhanyamla Dhara and its utility.
8. Shuddhi Lakshanas of Virechana.
9. Importance and method of Pachana and Rookshana on Shodhna artha Sneha.
10. Describe the Administration of Nasya.

III. Short Answers on:

(10 x 2 = 20)

1. Janu Basti.
2. Sneha Jeerna lakshana.
3. Anupana of Sneha.
4. Achcha Sneha.
5. Udvartana.
6. Dhoomapana.
7. Patra pinda svedam.
8. Yoga vasti.
9. Trivrutta Kalpa.
10. Pratyagamana kala of vasti.

[LP 1383]

OCTOBER 2019

Sub. Code: 1383

FINAL PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

PAPER III – PANCHAKARMA

Q.P. Code : 641383

Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions:

(2 x 15 = 30)

1. Write essay of Niruha and Anuvasana vasti vidhi.
2. Introduction to Panchakarma and its importance for promotion of health, prevention and treatment of diseases.

II. Write Notes on:

(10 x 5 = 50)

1. Indication & method of Shiro vasti.
2. Specifications of Panchakarma theatre and necessary equipments.
3. Explain Nasya Karmukata.
4. Explain Vamana and Virechana Karmukata.
5. Explain importance of Purva karma.
6. General principal and rules of Raktha mokshana.
7. Explain Ultrasonic therapy.
8. Explain Samsarjarna karma.
9. Explain Chaturvidha Swedanam.
10. Samyak Yoga, Ayoga and Atiyoga of Virechana karma.

III. Short Answers on:

(10 x 2 = 20)

1. Complication of siravedha.
2. Wax bath therapy.
3. Kala basti.
4. Dhanyamla pariseka.
5. Greeva Basti.
6. Upanaha sweda.
7. Samyag virechana lakshna.
8. Brimhana snehana.
9. Madanapala yogas.
10. Pratimarsha Nasyam.

[LQ 1383]

DECEMBER 2020
(MAY 2020 SESSION)

Sub. Code: 1383

FINAL PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

PAPER III – PANCHAKARMA

Q.P. Code : 641383

Time: Three Hours

Maximum : 100 Marks

Answer all Questions

I. Essay Questions:

(2 x 15 = 30)

1. Introduction to Panchakarma and its Importance for Promotion of Health, Prevention and Treatment of Diseases.
2. Importance of Snehana, Types and its Classification, Samyak Yoga, Ayoga and Atiyoga, Sneha Vyapat and their Management.

II. Write Notes on:

(10 x 5 = 50)

1. Takra Dhara and its Indications.
2. Sadyo Sneha - Method of Administration and its Utility.
3. Indication and Contraindication of Vamana.
4. Indication and Contraindication of Virechana.
5. Tikta Ksheera Ghrita Vasti.
6. Describe Avapeedaka Nasyam.
7. Utility of Infra-Red.
8. Method and Utility of Pracchana.
9. Different Types of Sankara Sveda and its Utility.
10. Describe Vasti as Ardha – Chikitsa.

III. Short Answers on:

(10 x 2 = 20)

1. Talapothichil.
2. Gandusha.
3. Preparation of Niruha Vasti Dravya.
4. Kala Vasti.
5. Niragni Svedana.
6. Steam Bath.
7. Samyak Vamana Lakshana.
8. Samyak Virechana Lakshana.
9. Pratimarsha Nasyam.
10. Alabu - Sira Vedhanam.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 1021]

OCTOBER 2021

Sub. Code: 1383

(OCTOBER 2020 & MAY 2021 EXAM SESSION)

FINAL PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

**(For the candidates admitted from 2012-2013 to 2015-2016 and new regulations
2016-2017 onwards)**

PAPER III – PANCHAKARMA

Q.P. Code : 641383

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Importance of Svedana, types and its classification, Samyak yoga, Ayoga and Atiyoga, Svedana Vyapat and their management.
2. Method of Administration of Marsha, Pratimarsha, Dhoomapana and Choornanasyam.

II. Write Notes on:

(10 x 5 = 50)

1. Metabolism of fat.
2. Explain Murdha tailam.
3. Indication of different Matra of Shodhanartha Snehana.
4. Indication and Utility of Ghrita, Taila, Vasa and Majja.
5. Tikta Ksheera Ghrita Basti.
6. Administration of Niruha basti.
7. Sadyo sneha method of administration and utility.
8. Importance of Basti as Ardha chikitsa.
9. Indications and contraindications of virechana.
10. Write about Vamana vidhi.

III. Short Answers on:

(10 x 2 = 20)

1. Indication of Jalauka.
2. Anu tailam.
3. Vaitarana Basti.
4. Yoga Basti.
5. Uttara basti.
6. Aragwadha yogas.
7. Indication of Pizhichil.
8. Tala Pothichil.
9. Samana Sneha panam.
10. Post Vamana management.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0322]

**MARCH 2022
(MAY 2021 EXAM SESSION)**

Sub. Code: 1383

FINAL PROFESSIONAL B.A.M.S. DEGREE EXAMINATION

(For the candidates admitted from 2012-2013 onwards)

PAPER III – PANCHAKARMA

Q.P. Code : 641383

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Introduction to Panchakarma and Shodhana, its importance for promotion of health, prevention and treatment of diseases.
2. Indication and contraindication, method of administration of Niruha vasti and Vyapad.

II. Write Notes on:

(10 x 5 = 50)

1. Indication of Murdhni tailam.
2. Method of Shodhanartha Snehana.
3. Indication and contraindication of Nasya.
4. Explain Patra Pinda sveda.
5. Complications of Svadana and their Management.
6. Purvaka karma of Vamana.
7. Post Vamana Management.
8. Classification of Virechana.
9. Vamana and Virechana Karmukata (mode of Action).
10. Write about Trivrutha Kalpa.

III. Short Answers on:

(10 x 2 = 20)

1. Dhooma Pana procedure.
2. Marshs Nasyam.
3. Pracchana procedure.
4. Wax Bath Therapy.
5. Indication of Raktha Mokshana.
6. Epistaxis Management.
7. Erandamuladhi vasti.
8. Vamana Dravyas.
9. Kati Basti procedure.
10. Utsadana procedure.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0522]

**MAY 2022
(OCTOBER 2021 EXAM SESSION)**

Sub. Code: 1383

**FINAL PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
(For the candidates admitted from 2012-2013 to 2015-2016 and
New Regulations 2016-2017 onwards)
PAPER III – PANCHAKARMA
Q.P. Code : 641383**

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Write a detail essay about poorva, pradhana, paschat karma and samsarjanakrama of virechana karma.
2. Write essay of Krama of Panchakarma.

II. Write Notes on:

(10 x 5 = 50)

1. Indications of Sodhana and Sodhana according to Ritu.
2. General principles of doshagati from koshta to sakha and vice versa.
3. Avapeedak Sneha: Method of administration, dose fixation and utility.
4. Write about Niragni Swedana.
5. Importance of Nasyam karma and time of administration.
6. Dose, fixation of Niruha Baasti according to age.
7. Administration of Avapeedaka, Dhoomapana Nasya.
8. General principle and rules of Rakthamokshana.
9. Definition, utility and importance of Physiotherapy.
10. Jalauka method of application and utility.

III. Short Answers on:

(10 x 2 = 20)

1. Method of Pracchana.
2. Method of Infrared.
3. Matra Basti.
4. Karma Basti.
5. Trivrut yogas.
6. Pinda Sweda.
7. Nadi sweda.
8. Method of Udvardhana.
9. Shiropicchu.
10. Dhooma pana.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0922]

**SEPTEMBER 2022
(MAY 2022 EXAM SESSION)**

Sub. Code: 1383

**FINAL PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
(For the candidates admitted from 2012-2013 to 2015-2016 and
New Regulations 2016-2017 onwards)
PAPER III – PANCHAKARMA**

Q.P. Code : 641383

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Write essay of Niruha and Anuvasana vasti vidhi.
2. Introduction to Panchakarma and its importance for promotion of health, prevention and treatment of diseases.

II. Write Notes on:

(10 x 5 = 50)

1. Indication and method of Shiro vasti.
2. Specifications of Panchakarma theatre and necessary equipments.
3. Explain Nasya Karmukata.
4. Explain vamana and Virechana Karmukata.
5. Explain importance of Purva karma.
6. General principle and rules of Raktha mokshana.
7. Explain Ultra sonic therapy.
8. Explain Samsarjarna karma.
9. Explain Chaturvidha Swedanam.
10. Samyak Yoga, Ayoga and Atiyoga of Virechana karma.

III. Short Answers on:

(10 x 2 = 20)

1. Complication of siravedha.
2. Wax bath therapy.
3. Kala basti.
4. Dhanyamla pariseka.
5. Greeva Basti.
6. Upanaha sweda.
7. Samyag virechana lakshna.
8. Brimhana snehana.
9. Madanapla yogas.
10. Pratimarsha Nasyam.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 1222]

**DECEMBER 2022
(OCTOBER 2022 EXAM SESSION)**

Sub. Code: 1383

**FINAL PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
(For the candidates admitted from 2012-2013 to 2015-2016 and
New Regulations 2016-2017 onwards)
PAPER III – PANCHAKARMA
Q.P. Code : 641383**

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Write three types of Abhyantara Snehana, indications and contraindication and their methods of administration.
2. Write in detail about poorva, pradhana, paschatkarma and Shuddhi-Hina, Madhyama and pravara and accordingly samsarjana krama of Virechana karma.

II. Write Notes on:

(10 x 5 = 50)

1. Indication of Shodhana according to Ritu.
2. Importance of Koshta and Agni pariksha.
3. Explain Shashtika Shalipinda Sveda.
4. Explain Chaturvidha Svedana.
5. Purva krama for Niruga, Anuvasana, Matravasti.
6. Complication of Vamana and modern management.
7. Write about Madana pala.
8. Explain Pichchha Vasti.
9. Administration of Anuvasana vasti, Pratyagamana kala and Post management.
10. Time and dose of different types of Nasya.

III. Short Answers on:

(10 x 2 = 20)

1. Shiivirechana Gana.
2. Explain Infrared.
3. Classification of Raktha Mokshana.
4. Types of Jaluka.
5. Diet after Niruha Vasti.
6. Tiktakshira vasti.
7. Anulomana.
8. Shiro pichu.
9. Anupana of Snahana.
10. Indication of Talam.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0623]

**JUNE 2023
(MAY 2023 EXAM SESSION)**

Sub. Code: 1383

**FINAL PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
(For the candidates admitted from 2012-2013 to 2015-2016 and
New Regulations 2016-2017 onwards)
PAPER III – PANCHAKARMA**

Q.P. Code : 641383

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Importance of Swedana types and its classification, Samyak yoga, Ayoga and Atiyoga Swedana Vyapat and their management.
2. Discuss the importance of Samsarjana Krama, Tarpanadi Krama, Rasa Samsarjana in detail.

II. Write Notes on:

(10 x 5 = 50)

1. Metabolism of FAT.
2. Explain Pravicharana Sneha.
3. Explain about Akshi Tarpana.
4. Explain Vamana Karmukata.
5. Indication and contra indication of Virechana.
6. Describe Uttara basti in detail.
7. Dose fixation of Niruha Vasti according to age.
8. Explain the method of Jaloukavacharana.
9. Explain Yoga vasti, Kalavasti and Karma vasti.
10. Explain Kshara basti.

III. Short Answers on:

(10 x 2 = 20)

1. Ultra sonic therapy.
2. Indication of sodhana.
3. Avapidaka sneha.
4. Salvana upanaha.
5. Explain Jeevadana.
6. Samyak virechana lakshana.
7. Ashtamaha Doshakara Bhava.
8. Indication of Raktha Mokshana.
9. Explain Exercise Therapy.
10. Sringa and Alabu siravedhanam.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0124]

**JANUARY 2024
(OCTOBER 2023 EXAM SESSION)**

Sub. Code: 1383

**FINAL PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
(For the candidates admitted from 2012-2013 to 2015-2016 and
New Regulations 2016-2017 onwards)
PAPER III – PANCHAKARMA**

Q.P. Code: 641383

Time: Three Hours

Answer ALL questions

Maximum: 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Define NIRUHA VASTI and ANUVASANA VASTI explain the mode of action of Vasti Dravya.
2. Write a detail essay about Poorva, Pradhana, Paschat Karma and Samsarjana Krama of Virechana Karma.

II. Write Notes on:

(10 x 5 = 50)

1. Indication of Shodhana according to Ritu.
2. Explain Murdhni Tailam.
3. Explain in detail about Niragni Sweda.
4. Explain Dhanyamla Dhara.
5. Explain Collection and Preservation of Madana Phala.
6. Indication and Contra Indication of Vamana.
7. Classification of Nasya Karma as per Acharya Charaka.
8. Explain Vaitarana Vasti.
9. Explain dhuma nasya.
10. Importance of Physio Therapy.

III. Short Answers on:

(10 x 2 = 20)

1. Explain Isometric Exercises.
2. Karna purana.
3. Pradhamana nasya.
4. Rakthamokshana classification.
5. Vamanopaga dravya.
6. Dhooma pana.
7. Samyak vamana Lakshana.
8. Avagaha swedam.
9. Uttara Vasti indication.
10. Lepa.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0624]

**JUNE 2024
(MAY 2024 EXAM SESSION)**

Sub. Code: 1383

**FINAL PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
(For the candidates admitted from 2012-2013 to 2015-2016 and
New Regulations 2016-2017 onwards)
PAPER III – PANCHAKARMA**

Q.P. Code : 641383

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Write in detail about Snehana Karma.
2. Write in detail about Nasya Karma with its mode of action.

II. Write Notes on:

(10 x 5 = 50)

1. Write in detail about Ksheera Dhooma and its Indications.
2. Write in detail about Ritu Shodhana.
3. Write in detail about Vasti Netra Vyapad.
4. Write about Procedure, Indications and Contra Indications of Shiro Dhara.
5. Write in detail about Sneha Pana Dose Fixation.
6. "Tasmath Chikitsa Ardha iti Bhruvanthi" – ERC.
7. Write in detail about Jaloukavacharana.
8. Write in detail about Ati, Mithya Ayoga Lakshanas of virechana.
9. Write in detail about Upanaha Sweda.
10. Write in detail about Janu and Kati Vasti.

III. Short Answers on:

(10 x 2 = 20)

1. Write about Sneha Jeerana and Jeeryamana Lakshna of Sneha.
2. Write about Bashpa Sweda.
3. Write about benefits of Abhyanga.
4. Write about Karna Poorana.
5. Write about indications of Ruksha Sweda.
6. Write about Sneha Vasti Vyapad.
7. Write about dose of Niruha Vasti According to age.
8. Explain the treatment of Hikka and Hrdprapthi in Vasthi Vyapad.
9. Explain Jeevadhana Vyapad.
10. Enumerate indication of Patra Pinda Sweda.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0725]

**JULY 2025
(MAY 2025 EXAM SESSION)**

Sub. Code: 1383

**FINAL PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
(For the candidates admitted from 2012-2013 to 2015-2016 and
2016-2017 to 2019-2020)
PAPER III – PANCHAKARMA**

Q.P. Code: 641383

Time: Three Hours

Answer ALL questions

Maximum: 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Write a detail essay about Poorva, Pradhana, Paschat Karma and Samsarjana Krama of VAMANA Karma.
2. Importance of SNEHANA, types and its classification, Samyak yoga, Ayoga and Atiyoga SNEHA Vyapat and their management.

II. Write Notes on:

(10 x 5 = 50)

1. Explain sneha paka and its importance in panchakarma.
2. Explain about Takradhara and its Preparation.
3. Explain about Chaturvidha Sweda.
4. Write in brief about contraindication of virechana and its reason.
5. Write in brief about vamana and Virechana vyapat.
6. Erandamooladi niruha vasti.
7. Importance of Vasti as Ardha Chikitsa.
8. Specific indication and classification of Rakthamokshana.
9. Explain Matra vasti.
10. Explain mode of action of Nasya.

III. Short Answers on:

(10 x 2 = 20)

1. Explain swedana karmukata.
2. Vasti netra dosha.
3. Pradhamana nasya.
4. Explain Sramsana.
5. Virechanopaga dravya.
6. Infrared therapy.
7. Explain utsadana.
8. Pancha prasartha peya.
9. Savisha and Nirvisha jalouka.
10. Explain isotonic exercises.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BAMS 0825]

**AUGUST 2025
(MAY 2025 EXAM SESSION)**

Sub. Code: 1383

**FINAL PROFESSIONAL B.A.M.S. DEGREE EXAMINATION
(For the candidates admitted in 2020-2021)
PAPER III – PANCHAKARMA**

Q.P. Code: 641383

Time: Three Hours

Answer ALL questions

Maximum: 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Importance of Svedana types and it's classification. Samyak yoga, Ayoga and Atiyoga.Svedana vyapath and their management.
2. Write in detaila of Uttara basti.

II. Write Notes on:

(10 x 5 = 50)

1. Indication of shodhana and shodhana according to ritu.
2. Indication and utility of Sarpi, Taila, Vasa and Majja.
3. Sadyo sneha method of administration and utility.
4. Write in detail about ksheera dhooma and it's indication.
5. Explain fixation of dose and method of administration for Vamana karma.
6. Virechana vyapath.
7. Samyak yoga, Atiyoga and Ayoga of Virechana karma.
8. Write madutailika Vasti and indications.
9. Indication and Contraindication of Nasya.
10. Classification of Rakta mokshana.

III. Short Answers on:

(10 x 2 = 20)

1. Anupana of Sneha.
2. Brmhana sneha matra.
3. Samyak sneha lakshana.
4. Utsadana.
5. Sramsana.
6. Vamana dravyas.
7. Samyak Virechana lakshana.
8. Method of Infra red.
9. Epistaxis.
10. Complication of Siravedha.
