

APRIL - 2001

[KD 979]

Sub. Code : 5900

**BACHELOR OF OCCUPATIONAL THERAPY
DEGREE EXAMINATION.**

(Modified Regulations)

Eighth Semester

GROUP PROCESS IN OCCUPATIONAL THERAPY

Time : Three hours

Maximum : 100 marks

1. Answer any ONE : (20)

(a) Explain in detail about various approaches to group work.

Or

(b) What is group? What is different types of group? As a occupational therapist how you will manage the groups?

2 Short notes on : (any SIX) (6 × 5 = 30)

- (a) Stress management group
- (b) Parallel group
- (c) Role of groups in Occupational Therapy
- (d) Alcoholic spouse groups
- (e) Role of Occupational therapy in Drama
- (f) Precaution taken in group formation
- (g) Types of leadership
- (h) Social skill training group.

3. Answer any ONE : (20)

(a) What is drama therapy, classify drama therapy? What is therapeutic value of drama therapy? What is the role of occupational therapy in drama?

Or

(b) Stress management technique for working women.

4. Write short notes (any SIX) : (6 × 5 = 30)

- (a) Self-help group
- (b) Anger management group
- (c) Extended group
- (d) Evaluation of groups
- (e) Use of Environment in groups
- (f) Types of leadership
- (g) Therapeutic factors of group dynamics
- (h) Stages of groups.

NOVEMBER - 2001

[KE 979]

Sub. Code : 5900

B.O.T. DEGREE EXAMINATION.

Eighth Semester

(Modified Regulations)

GROUP PROCESS IN OCCUPATIONAL THERAPY

Time : One and a half hours Maximum : 50 marks

Answer specific to the questions.

1. (a) Describe how you would organize a task oriented group for a group of clients with Anxiety Neurosis. (20)

Or

- (b) Describe how you would organize a social skills training group for a group of clients with Mild Mental Retardation.

2. Answer any SIX : (30)

- (a) Advantages and disadvantages of Coleadership
(b) Roles
(c) Choosing an activity
(d) Group norms
(e) Motivating group members
(f) Evaluating groups
(g) Developing group leader skills
(h) Intra group relationships.
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MARCH - 2002

[KG 979]

Sub. Code : 5900

B.O.T. DEGREE EXAMINATION.

(Modified Regulations)

Eighth Semester

**Paper III — GROUP PROCESS IN OCCUPATIONAL
THERAPY**

Time : One and a half hours Maximum : 50 marks

1. (a) Describe how you would plan and organise a social skills training group for clients with disorganized type of schizophrenia in an acute care. (20)

Or

(b) Plan and Organize a task oriented group for a group of patients with social anxiety disorder.

2. Write short notes on any SIX of the following : (30)

- (a) Coleadership**
 - (b) Group process**
 - (c) Nonverbal and Verbal interaction**
 - (d) Motivating group members**
 - (e) Group norms**
 - (f) Features of an awareness group**
 - (g) Features of a self help group**
 - (h) Environment.**
-

MARCH - 2002

KG 995]

Sub. Code : 5907

B.O.T. DEGREE EXAMINATION.

(New Modified Regulations)

Eighth Semester

**Paper III — GROUP PROCESS IN OCCUPATIONAL
THERAPY**

Time : One and a half hours Maximum : 50 marks

Answer specific to the questions.

1. (a) Describe how you would plan and organize a stress management group for a group of clients with Substance Abuse Disorder. (20)

Or

(b) Describe how you would plan and organise an Assertiveness training group for a group of patients with depression in an acute care psychiatric hospital.

2. Write short notes on any SIX : (30)

- (a) Choosing an activity
 - (b) Leadership styles
 - (c) Features of a drama therapy group
 - (d) Group cohesion
 - (e) Roles
 - (f) Evaluating groups
 - (g) Features of an anger management group
 - (h) Intra group relationships.
-

SEPTEMBER - 2002

[KH 979]

Sub. Code : 5900

B.O.T. DEGREE EXAMINATION.

(Modified Regulations)

Eighth Semester

**Paper III — GROUP PROCESS IN OCCUPATIONAL
THERAPY**

Time : One and a half hours Maximum : 50 marks

1. Write an essay on any ONE of the following : (20)

(a) Outline the types of therapeutic groups and discuss the value of group therapy in psychiatry.

(b) Explain importance of conducting groups in children with conduct disorders.

2. Write short notes on any SIX : (6 × 5 = 30)

(a) Group norms

(b) Stages of a group

(c) Motivating group members

(d) Anger management groups

(e) Features of a group

(f) Groups in society

(g) Group environment.

APRIL - 2003

KI 979

Sub Code: 5900

**BACHELOR OF OCCUPATIONAL THERAPY
DEGREE EXAMINATION.**

Eighth Semester

(Modified Regulations)

GROUP PROCESS IN OCCUPATIONAL THERAPY

Time: One and a half hours

Maximum: 50 marks

1. Write essay on any ONE of the followings: (20)

- a) Justify use of groups by Occupational Therapist in Mental health..**
- b) Explain different approaches to group work.**

2. Write short notes on any SIX (6 X 5 = 30)

- a) Intra group relationship**
- b) Organising anger management groups**
- c) Social skills training group**
- d) Use of groups in Paediatric clients**
- e) Self help groups for drug addicts**
- f) Features of a group**
- g) Group dynamics**
- h) Task oriented group.**

APRIL - 2003

[KI 995]

Sub. Code : 5907

B.O.T. DEGREE EXAMINATION.

(New Modified Regulations)

Eighth Semester

**Paper III — GROUP PROCESS IN OCCUPATIONAL
THERAPY**

Time : One and a half hours Maximum : 50 marks

Answer specific to the questions.

1. Write an essay on any ONE of the following : (20)

(a) Describe how you would help a group of alcoholic clients to organize a self help group for themselves.

Or

(b) Describe how you would plan and organize an Assertiveness training group for a group of clients with substance abuse disorder.

2. Write short notes on any SIX : (6 × 5 = 30)

- (a) Features of an awareness group.**
- (b) Environment of a group.**
- (c) Groups in society.**
- (d) Directive group therapy.**
- (e) Non verbal interaction.**
- (f) Group process.**
- (g) Group cohesion.**
- (h) Managing problems within a group.**

OCTOBER - 2003

[KJ 979]

Sub. Code : 5900

**BACHELOR OF OCCUPATIONAL THERAPY
DEGREE EXAMINATION.**

Eighth Semester

(Modified Regulations)

GROUP PROCESS IN OCCUPATIONAL THERAPY

Time : One and half a hours Maximum : 50 marks

**Theory : One hour and Theory : 40 marks
Twenty minutes**

M.C.Q. : Ten minutes M.C.Q. : 10 marks

**M.C.Q. must be answered SEPARATELY on the
answer sheet provided as per the instructions on
the first page of M.C.Q. Booklet.**

Answer ALL questions.

Draw suitable diagrams wherever necessary.

I. Write any TWO essay : (2 × 10 = 20)

**1. Describe how you would plan and organise a social
skill training group for clients who suffer from social
anxieties and low self esteem.**

2. Write an essay on "management of a group".

**3. Role of "occupational therapist" in awareness
group.**

II. Write any FOUR short notes : (4 × 5 = 20)

(a) Norms in staff group.

(b) Special qualities of a group.

(c) Sociometric test.

(d) Process of gaining referrals.

(e) Pre group interview.

OCTOBER - 2003

[KJ 995]

Sub. Code : 5907

B.O.T. DEGREE EXAMINATION.

(New Modified Regulations)

Eighth Semester

Paper III — GROUP PROCESS IN OCCUPATIONAL
THERAPY

Time : One and a half hours

Maximum : 50 marks

Theory : One hour and
twenty minutes

Theory : 40 marks

M.C.Q. : Ten minutes

M.C.Q. : 10 marks

M.C.Q. must be answered **SEPARATELY** on the
answer sheet provided as per the instructions on the
first page of MCQ Booklet.

Answer ALL questions.

Draw suitable diagrams wherever necessary.

I. Write any TWO essay questions : (2 × 10 = 20)

1. Explain how you will organise group work for older people with dementia.
2. Role of OT in Assertiveness training for a school teacher working under a autocratic management.
3. Write in detail what is Group Dynamics?

II. Write short notes on any FOUR : (4 × 5 = 20)

- (a) Role strain.
 - (b) Touch.
 - (c) Self help group.
 - (d) Non-verbal communication.
 - (e) Gold Fish bowl discussion.
-

AUGUST - 2004

[KL 979]

Sub. Code : 5900

**BACHELOR OF OCCUPATIONAL THERAPY
DEGREE EXAMINATION.**

Eighth Semester

(Modified Regulations)

GROUP PROCESS IN OCCUPATIONAL THERAPY

Time : One and half a hours Maximum : 50 marks

**Theory : One hour and Theory : 40 marks
twenty minutes**

M.C.Q. : Ten minutes M.C.Q. : 10 marks

Answer ALL questions.

Draw suitable diagrams wherever necessary.

I. Write any TWO: (2 × 10 = 20)

(1) Describe how you will organize stress management groups for patients with anxiety disorder.

(2) Describe the procedure for organizing a task oriented group.

(3) Describe how you will organize an assertiveness training group for patients with Alcohol dependence.

II. Short notes on any FOUR : (4 × 5 = 20)

(1) Psychodrama

(2) Non verbal behavior

(3) Function of norms

**(4) Advantages and disadvantages of
coleadership**

(5) Evaluation of a group.

AUGUST - 2004

[KL 995]

Sub. Code : 5907

B.O.T. DEGREE EXAMINATION.

Eighth Semester

(New Modified Regulations)

**Paper III — GROUP PROCESS IN OCCUPATIONAL
THERAPY**

Time : One and a half hours Maximum : 50 marks

**Theory : One hour and Theory : 40 marks
twenty minutes**

M.C.Q. : Ten minutes M.C.Q. : 10 marks

Answer ALL questions.

Draw suitable diagrams wherever necessary.

I. Write any TWO essay questions : (2 × 10 = 20)

**(1) Describe how you will organize a social skills
training group.**

**(2) Describe the procedure for organizing a task
oriented group.**

**(3) Describe how you will organize stress
management groups for patients with anxiety disorder.**

II. Short notes on any FOUR : (4 × 5 = 20)

**(1) Managing problems in a group with an angry
or distressed member.**

(2) Recording.

(3) Value of groups.

(4) Stages of a support group.

(5) Structuring the session.

FEBRUARY - 2005

[KM 995]

Sub. Code : 5907

B.O.T. DEGREE EXAMINATION.

(New Modified Regulations)

Eighth Semester

**Paper III — GROUP PROCESS IN OCCUPATIONAL
THERAPY**

Time : One and a half hours Maximum : 50 marks

**Theory : One hour and Theory : 40 marks
twenty minutes**

M.C.Q. : Ten minutes M.C.Q. : 10 marks

Answer ALL questions.

Draw suitable diagrams wherever necessary.

I. Essay Question : (1 × 15 = 15)

**(1) Explain in detail the various group
leadership styles and their application in psychiatric
O.T. practice.**

II. Short notes : (5 × 5 = 25)

- (a) Co-leadership**
 - (b) Stages of group development**
 - (c) Group roles**
 - (d) Group evaluation**
 - (e) Assertive training group.**
-

AUGUST - 2005

[KN 965]

Sub. Code : 5900

B.O.T. DEGREE EXAMINATION.

Eighth Semester

(Modified Regulations)

**Paper III — GROUP PROCESS IN OCCUPATIONAL
THERAPY**

Time : One and a half hours Maximum : 50 marks

**Theory : One hour and Theory : 40 marks
twenty minutes**

M.C.Q. : Ten minutes M.C.Q. : 10 marks

Answer ALL questions.

Draw suitable diagrams wherever necessary.

I. Essay : (1 × 15 = 15)

**Describe how will you organize stress
management groups.**

II. Write notes on : (5 × 5 = 25)

(a) Motivation in a group

(b) Stages of a group

(c) Group Norms

(d) Leadership roles and styles

(e) Managing problems within a group.

AUGUST - 2005

[KN 995]

Sub. Code : 5907

**BACHELOR OF OCCUPATIONAL THERAPY
DEGREE EXAMINATION.**

Eighth Semester

(New Modified Regulations)

**Paper III— GROUP PROCESS IN OCCUPATIONAL
THERAPY**

Time : One and a half hours Maximum : 50 marks

**Theory : One hour and Theory : 40 marks
twenty minutes**

M.C.Q. : Ten minutes M.C.Q. : 10 marks

Answer ALL questions.

Draw suitable diagrams wherever necessary

I. Essay : (1 × 15 = 15)

**(1) Define Cohesiveness. What are the factors
affect the group cohesiveness.**

II. Write short notes on : (5 × 5 = 25)

(a) Group norms

**(b) Define leadership. What are the
characteristics of a leader?**

(c) Self help groups.

(d) What is Stress, Eustress, Distress

(e) Participative leadership.

FEBRUARY - 2006

[KO 995]

Sub. Code : 5907

**BACHELOR OF OCCUPATIONAL THERAPY
DEGREE EXAMINATION.**

Eighth Semester

(New Modified Regulations)

**Paper III — GROUP PROCESS IN OCCUPATIONAL
THERAPY**

Time : One and a half hours Maximum : 50 marks

**Theory : One hour and Theory : 40 marks
twenty minutes**

M.C.Q. : Ten minutes M.C.Q. : 10 marks

Answer ALL questions.

Draw suitable diagrams wherever necessary.

I. Write essay : (1 × 15 = 15)

**For a group of mothers having children with
disability, how will you facilitate a self help group.**

II. Write short notes on : (5 × 5 = 25)

- (a) Leadership styles**
 - (b) Motivating group members**
 - (c) Non verbal interaction**
 - (d) The environment**
 - (e) Group cohesion.**
-

AUGUST - 2006

[KP 995]

Sub. Code : 5907

**BACHELOR OF OCCUPATIONAL THERAPY
DEGREE EXAMINATION.**

Eighth Semester

(New Modified Regulations)

**Paper III — GROUP PROCESS IN OCCUPATIONAL
THERAPY**

Time : One and a half hours Maximum : 50 marks

**Theory : One hour and Theory : 40 marks
twenty minutes**

M.C.Q. : Ten minutes M.C.Q. : 10 marks

Answer ALL questions.

Draw suitable diagrams wherever necessary.

I. Write Essay :

**(1) Describe how you will plan and organize
stress management group for a group of clients with
anxiety disorder. (15)**

**(2) How will you plan the environment for a
group? Describe the aspects you will consider. (10)**

II. Write short notes :

(3 × 5 = 15)

- (a) Stages of support group.**
 - (b) Developmental groups.**
 - (c) Function of group roles.**
-

FEBRUARY - 2007

[KQ 995]

Sub. Code : 5907

**BACHELOR OF OCCUPATIONAL THERAPY
DEGREE EXAMINATION.**

Eighth Semester

(New Modified Regulations)

**Paper III — GROUP PROCESS IN OCCUPATIONAL
THERAPY**

Time : One and a half hours Maximum : 50 marks

**Theory : One hour and Theory : 40 marks
twenty minutes**

M.C.Q. : Ten minutes M.C.Q. : 10 marks

Answer ALL questions.

Draw suitable diagrams wherever necessary.

I. Essay Questions :

**1. Explain the techniques to manage problems in
groups. (15)**

2. Define leadership, explain roles of a leader. (10)

II. Short notes :

(3 × 5 = 15)

(a) Self help groups

(b) Problem solving ideas for a “silent group”.

(c) Group process evaluation.

FEBRUARY 2008

[KS 995]

Sub. Code : 5907

**BACHELOR OF OCCUPATIONAL THERAPY
DEGREE EXAMINATION.**

Eighth Semester

(New Modified Regulations)

**Paper III — GROUP PROCESS IN OCCUPATIONAL
THERAPY**

Q.P. Code : 785907

Time : One and a half hours Maximum : 50 marks

**Theory : One hour and Theory : 40 marks
twenty minutes**

M.C.Q. : Ten minutes M.C.Q. : 10 marks

Answer ALL questions.

Draw suitable diagrams wherever necessary.

I. Essay questions :

- 1. Describe how you will plan and organize an anger management group. (15)**
- 2. Describe interaction in a group. (10)**

II. Short notes :

(3 × 5 = 15)

- 1. Group cohesion.**
 - 2. Intragroup Relationships.**
 - 3. Characteristics of a Leader.**
-

AUGUST 2008

[KT 995]

Sub. Code : 5907

**BACHELOR OF OCCUPATIONAL THERAPY
DEGREE EXAMINATION.**

**Fourth Year Non Semester Regulations and Eighth
Semester**

(New Modified Regulations)

GROUP PROCESS IN OCCUPATIONAL THERAPY

Q.P. Code : 785907

Time : One and a half hours Maximum : 50 marks

Answer ALL questions.

Draw suitable diagrams wherever necessary.

I. Essay :

**1. Describe how will you plan and organize stress
management group. (15)**

2. Describe group norms. (10)

II. Short notes : (3 × 5 = 15)

1. Assertiveness training.

2. Types of group.

3. Interaction roles

III. Write short answers : (5 × 2 = 10)

1. Define a group.

2. Name the styles of leadership.

3. What is Tatharsis?

4. Name any four relaxation techniques.

5. What is task oriented group.

February 2009

[KU 995]

Sub. Code: 5907

**BACHELOR OF OCCUPATIONAL THERAPY
DEGREE EXAMINATION
Fourth Year (Non-Semester) and
Eighth Semester - New Modified Regulations
GROUP PROCESS IN OCCUPATIONAL THERAPY
Q.P. Code : 785907**

Time : One and half a hours

Maximum : 50 marks

Answer All questions.

Draw suitable diagrams wherever necessary

I. Essays :

1. Discuss the common problems encountered in a group and how to manage it. **(15)**
2. Explain the methods and importance of evaluation of a group. **(10)**

II. Short Notes:

(3 x 5 = 15)

1. Explain fiedler's variables influencing leader's performance.
2. Laissez-faire leader.
3. Positive strategies to motivate individuals for group attendance.

III. Short Answers:

(5 x 2 = 10)

1. Group cohesion.
2. Two aims of pre-group interview.
3. Mention 4 group task roles.
4. Altruism.
5. Sports group.

August 2009

[KV 995]

Sub. Code: 5907

**BACHELOR OF OCCUPATIONAL THERAPY
DEGREE EXAMINATION
Fourth Year (Non-Semester) and
Eighth Semester - New Modified Regulations
GROUP PROCESS IN OCCUPATIONAL THERAPY
Q.P. Code : 785907**

Time : One and half a hours

Maximum : 50 marks

Answer All questions.

Draw suitable diagrams wherever necessary

I. Essays :

1. Describe how will you facilitate formation of a support group for a group of clients affected with AIDS. **(15)**
2. Organizing an assertive training group. **(10)**

II. Short Notes:

(3 x 5 = 15)

1. CLIQUE.
2. NORMS.
3. Stages of support group.

III. Short Answers:

(5 x 2 = 10)

1. Role lock.
2. Silent member.
3. Touch.
4. Awareness group.
5. Non verbal communication.

August 2010

[KX 995]

Sub. Code : 5907

**BACHELOR OF OCCUPATIONAL THERAPY DEGREE
EXAMINATION**

**Fourth Year Non – Semester and
Eighth Semester New Modified Regulations**

GROUP PROCESS IN OCCUPATIONAL THERAPY

Q.P. Code : 785907

Time : One and half a hours

Maximum : 50 marks

ANSWER ALL QUESTIONS

Draw suitable diagrams wherever necessary

I. Essays:

1. Define Stress. Explain Stress management in details. (15)
2. Explain how you will conduct a Social skills training group for Autistic Children. (10)

II. Short Notes: (3X5=15)

1. Group Norms.
2. Leadership Styles.
3. Yalo's curative factors of Group Therapy.

III. Short Answers: (5X2=10)

1. Co-Leadership.
2. Recording.
3. Role Strain.
4. Resolution Phase.
5. Touch.
