

APRIL - 2001

[KD 1404]

B.N.Y.S. DEGREE EXAMINATION.

First Year

Part II

(Old Regulations)

Paper II — FUNDAMENTALS OF AYURVEDHA AND
SIDDHA

Time : Three hours

Maximum : 100 marks

Answer A and B separately.

SECTION A

(SIDDHA)

1. Write the fundamental principles of Shiddha practice. (10)
2. Discuss the chikista of "Bala" and "Graha". (10)
3. Write notes on : (2 × 5 = 10)
 - (a) Tridosha – Siddhanta
 - (b) Importance of Ayurved.
4. Write short notes on : (5 × 4 = 20)
 - (a) Katu Rasa
 - (b) Vata-dosha
 - (c) Rasa-dhatu
 - (d) Shalya-Chikista
 - (e) Majja-Dhatu.

SECTION B

(AYURVEDA)

5. Discuss "Veganna-dharayeta". (10)
6. Write in detail about "Dinacharya". (10)
7. Write notes on : (2 × 5 = 10)
 - (a) Short history of "Ayurved"
 - (b) Nadi-Vignana.
8. Write short notes on : (5 × 4 = 20)
 - (a) Trimala
 - (b) Agni
 - (c) Swastha-Purusha
 - (d) Importance "Siddha"
 - (e) Madhura Rasa.

NOVEMBER - 2001

[KE 1404]

B.N.Y.S. DEGREE EXAMINATION.

First Year

Part II

(Old Regulations)

FUNDAMENTALS OF AYURVEDA AND SIDDHA

Time : Three hours

Maximum : 100 marks

Answer Sections A and B in separate answer books.

SECTION A

1. Essay on "Seasonal Regimen". (10)
2. Comparative study of Ayurveda and Naturopathy. (10)
3. Causes of diseases according to Ayurveda. (10)
4. Short notes on any FOUR : (4 × 5 = 20)
 - (a) Kaya Chikitsa and Rasayana Chikitsa
 - (b) Agni
 - (c) Dhatus
 - (d) Concept of Ama
 - (e) History of Ayurveda.

SECTION B

5. Discuss on 'Marunthu' chapter in Thirukkural. (15)
6. Thasa Nadikal. (10)
7. Discuss on benefits of Yoga. (10)
8. Write short notes on : (3 × 5 = 15)
 - (a) Pancha Boothas
 - (b) Taste and Physiology
 - (c) Jadavaggini.

MARCH 2002

[KG 1404]

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First Year

Part II

(Old Regulations)

Paper II — FUNDAMENTALS OF AYURVEDA
AND SIDDHA

Time : Three hours

Maximum : 100 marks

Answer Sections A and B in separate answer books.

SECTION A

(SIDDHA)

1. Write the origin and fundamental principles of Siddha. (10)
2. Discuss the Chikitsa of manasika problems. (10)
3. Write short notes on . (2 × 5 = 10)
 - (a) Healing crisis in Siddha.
 - (b) Elimination - Role in treatment.

4. Write short notes on : (5 × 4 = 20)
 - (a) Vajeeakaran chikitsa.
 - (b) Yoga Dharshana.
 - (c) Katu rasa.
 - (d) Rasa Dhathu.
 - (e) Siddha concept on Nadishasthra.

SECTION B

(AYURVEDA)

5. Write in detail 'Rutucharya'. (10)
6. Discuss 'Psychosomatic disorders' and management. (10)
7. Write short notes on : (2 × 5 = 10)
 - (a) Short History of Ayurveda.
 - (b) Rasayana chikitsa.
8. Write short notes on : (5 × 4 = 20)
 - (a) Visha chikitsa.
 - (b) Tridhosha concept.
 - (c) Raktha dhathu.
 - (d) Concept of sanchaya.
 - (e) Agnis.

SEPTEMBER -2002

[KH 1404]

Sub. Code : 1404

B.N.Y.S. DEGREE EXAMINATION.

First Year

Part II

(Old Regulations)

Paper II — FUNDAMENTALS OF AYURVEDA AND
SIDDHA

Time : Three hours

Maximum : 100 marks

Answer Sections A and B separately.

SECTION A

(SIDDHA)

1. Write the origin of Siddha Medicine in detail. (10)
2. Write about the important text books of Ayurveda. (10)
3. Write notes on : (2 × 5 = 10)
(a) Prakriti.
(b) OJAS.

4. Write short notes on : (5 × 4 = 20)
(a) Pancha Mahabhutas.
(b) Shukra Dhatu.
(c) Effects of Ritus over the body.
(d) Panchama Veda is Ayurveda.
(e) Samkhya Darshana.

SECTION B

5. Write the role of 'MANAS' in Ayurveda. (10)
6. 'Ashtasthana Pareeksha' in the treating of patient. (10)
7. Write notes on : (2 × 5 = 10)
(a) Dhatwagnis.
(b) Prakopa.
8. Write short notes on : (5 × 4 = 20)
(a) Pranavata.
(b) Jatharagni.
(c) Rasayanam and Vajeekaranam.
(d) Tarpaka Kapha.
(e) Rasa Dhatu.

APRIL 2003

[KI 1404]

Sub. Code : 1404

B.N.Y.S. DEGREE EXAMINATION.

(Old Regulations)

First Year

Part II

**Paper II — FUNDAMENTALS OF AYURVEDA AND
SIDDHA**

Time : Three hours

Maximum : 100 marks

Answer Sections A and B in the SAME Answer Book.

SECTION A

(AYURVEDA)

1. Write the origin of Siddha and Ayurveda system of medicines. (10)
2. Write in detail about Asthasthana pareeksha. (10)
3. Write short notes on : (2 × 5 = 10)
 - (a) Classification of diseases
 - (b) Composition of universe.

4. Write short notes on : (5 × 4 = 20)
 - (a) Tikta rasa
 - (b) Nyaya darshana
 - (c) Shalakyas Tantra
 - (d) Asthi dhatu
 - (e) Sthana samshraya.

SECTION B

(SIDDHA)

5. Write the Indus Valley Civilization. (10)
6. Discuss the three humors. (10)
7. Write short notes on : (2 × 5 = 10)
 - (a) Thirumular
 - (b) Muppu (Universal salt)
8. Write short notes on : (5 × 4 = 20)
 - (a) Siddha system
 - (b) Eighteen siddher
 - (c) Pranayamam
 - (d) Five elements
 - (e) Siddha concept on "Nadi".

OCTOBER 2003

[KJ 1404]

Sub. Code : 1404

B.N.Y.S. DEGREE EXAMINATION.

(Old Regulations)

First Year

Part II

Paper II — FUNDAMENTALS OF AYURVEDA AND
SIDDHA

Time : Three hours

Maximum : 100 marks

Two hours and Forty minutes

Sec. A & B : 80 marks

for Sec. A and Sec. B

Section C : 20 marks

Twenty minutes for Sec. C

Answer Sections A and B in the **SAME** Answer Book.

Answer Section C in the **SEPARATE** Answer Book.

SECTION A — (2 × 15 = 30 marks)

Answer ALL questions.

1. Explain "Ashtanga Siddhi".
2. Explain the following Nidana Panchakam, Ashta Sthana Pareeksha, Nadi Vignanam and concept of Kriyakala in detail.

SECTION B — (10 × 5 = 50 marks)

Answer ALL questions.

3. Explain "Dosha Vijnanam".
4. Explain the "concept of Panchamahabhoota".
5. Explain the different kinds of "Agnis".
6. Explain Rasayana Chikitsa.
7. Write about Sankhya Darshana and Yoga Vaisheshika.
8. Write about the Origin of Siddha.
9. Write about Prakruti Vijnanam.
10. Write about "Panchhabhoota Panchakaranam".
11. Write about the "Dhatus" in detail.
12. Describe 'Dinacharya'.

APRIL 2004

[KK 1404]

Sub. Code : 1404

B.N.Y.S. DEGREE EXAMINATION.

(Old Regulations)

First Year

Part II

Paper II — FUNDAMENTALS OF AYURVEDA AND
SIDDHA

Time : Three hours

Maximum : 100 marks

Sec. A & B : Two hours and
forty minutes

Sec. A & B : 80 marks

M.C.Q. : Twenty minutes

M.C.Q. : 20 marks

Answer Section A and B in **SEPARATE** Answer Book.

Answer **ALL** questions.

SECTION A

Long Essay :

(1 × 15 = 15)

1. Elaborate on Swastha Vritham in Ayurveda and its significance in healthy living.

Short answers :

(5 × 5 = 25)

2. Write about history of Ayurveda.

3. Explain about Sapta dhatus.

4. Write about properties of tridoshas and their functions.

5. Explain energetics of healing substances, rasa-virya-vipaka-prabhava.

6. Write about Bala Chokitsa.

SECTION B

Long Essay :

(1 × 15 = 15)

7. Elaborate about the ten vital airs in Siddha system.

Short answers :

(5 × 5 = 25)

8. Write a note on Siddha's theory on immortality.

9. Write a note on Siddha's science of longevity.

10. Explain about science of pulse in Siddha system.

11. Write a note on Yogimuni.

12. Explain about Trividhavyadhikaranas.

AUGUST 2004

[KL 1404]

Sub. Code : 1404

B.N.Y.S. DEGREE EXAMINATION.

First Year

Part II

**Paper II — FUNDAMENTALS OF AYURVEDA AND
SIDDHA**

(Old Regulations)

Time : Three hours

Maximum : 100 marks

**Sec. A & B : Two hours and
forty minutes**

Sec. A & B : 80 marks

M.C.Q. Twenty minutes

M.C.Q. 20 marks

Answer Sections A and B in SEPARATE answer books.

Answer ALL questions.

SECTION A

Long Essay :

1. (a) Importance of 'RAKTA DHATU' in Ayurveda.
(8)
(b) Describe the "Agnis" in relation with the
Modern Science. (7)

Write short notes on :

(5 × 5 = 25)

2. Rasayanam
3. RITUS
4. NADI
5. Prakopa
6. Manas

SECTION B

Long Essay :

7. (a) Write the importance of 'Siddha' in the
present society. (8)
(b) Describe the 'Prakriti' in Detail. (7)

Write short notes on :

(5 × 5 = 25)

8. Shalya Chikitsa
9. Pancha Mahabhootas
10. 'TIKTA RASA'
11. SWEDAM
12. SAMPRAPTI.

FEBRUARY 2005

[KM 1404]

Sub. Code : 1404

B.N.Y.S. DEGREE EXAMINATION.

First Year

Part II

**Paper II — FUNDAMENTALS OF AYURVEDA AND
SIDDHA**

(Old Regulations)

Time : Three hours

Maximum : 100 marks

**Sec. A & B : Two hours and
forty minutes**

Sec. A & B : 80 marks

M.C.Q. : Twenty minutes

M.C.Q. : 20 marks

Answer ALL questions.

SECTION A — (40 marks)

Long Essay :

(1 × 15 = 15)

1. What is Swastha Vritham? Explain in detail about its significance and philosophy.

Short answers :

(5 × 5 = 25)

2. Explain about Prakruti and its types.

3. Ashtasthana Pariksha.

4. Concept of Kriyakala.

5. Definition of Vyadhi and its types.

6. Briefly explain Sharira Vigyanam.

SECTION B — (40 marks)

Long Essay :

(1 × 15 = 15)

7. Explain the science of pulse and the alchemist in Siddha system.

Short answers :

(5 × 5 = 25)

8. Explain the concept of macrocosm vs microcosm in Siddha.

9. Write about a "good physician" according to Siddha medicine.

10. Write briefly about 'Macchanurni'.

11. Write a note on 'Agasthiar'.

12. Explain the term dosha, dhatu, malam, tolamhi, Sriram.