

FEBRUARY 2005

[KM 1507]

Sub. Code : 1507

B.N.Y.S. DEGREE EXAMINATION.

(New Regulations)

First Year

Part II

Paper V — PHILOSOPHY OF NATURE CURE — I

Time : Three hours

Maximum : 100 marks

**Sec. A & B : Two hours and
forty minutes**

Sec. A & B : 80 marks

M.C.Q. : Twenty minutes

M.C.Q. : 20 marks

Answer ALL questions.

SECTION A — (2 × 15 = 30 marks)

Essay Questions :

(2 × 15 = 30)

1. Define nature cure. Explain its basic principles.
Write briefly its role in health and disease.
2. Briefly explain the philosophy and history of
Indian Naturopaths.

SECTION B — (10 × 5 = 50 marks)

Short notes :

3. Louis Kuhne.
4. Mahatma Gandhiji.
5. Laws of nature. Enumerate briefly.
6. Explain health.
7. Body heals itself. Explain.
8. What is the importance of prayer in maintaining health?
9. Explain "Prevention is better than cure".
10. Write about panchamahabhootas and their relation to human body.
11. Define chronic disease. Explain the different ways of managing chronic diseases through naturopathy.
12. Explain Inflammation.

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AUGUST 2005

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First Year

Part II

Paper V — PHILOSOPHY OF NATURE CURE — I

Time : Three hours

Maximum : 100 marks

Theory : Two hours and

Theory : 80 marks

forty minutes

M.C.Q. : Twenty minutes

M.C.Q. : 20 marks

Answer ALL questions.

I. Long Essay

(2 × 15 = 30)

1. What are panchamahabhootas? Explain their relation with human body and nature cure.

2. Write briefly the historical events outside India in the field of naturopathy.

II. Short notes

(10 × 5 = 50)

1. Henry Lindlahr and his contributions.

2. Write the importance of vitality and ways to conserve it.

3. What are the benefits of meditation?

4. Who said, "Return to nature". What is its significance?

5. How to acquire natural immunity?

6. How does acute diseases help in elimination?

7. Vincent priessnitz.

8. History of naturopathy in India.

9. What is positive health? Does naturopathy support this concept? Explain.

10. What is the place of food in providing health and preventing diseases?

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Part II

Paper V — PHILOSOPHY OF NATURE CURE — I

Time : Three hours

Maximum : 100 marks

Theory : Two hours and
forty minutes

Theory : 80 marks

M.C.Q. : Twenty minutes

M.C.Q. : 20 marks

Answer ALL questions.

I. Essay Question : (2 × 15 = 30)

1. Define Nature Cure. Explain briefly its Ten basic principles. (2 + 3 + 10)

2. Explain unity of disease and unity of cure. Add a note on role of Panchamahabhootas in cure. (8 + 2 + 5)

II. Short Notes : (10 × 5 = 50)

1. Mahatma Gandhiji and his contributions. (2 + 3)

2. Henry Lindlahr. (2 + 3)

3. Prayer and its benefits. (3 + 2)

4. Natural Immunity. (2 + 3)

5. What is crisis? Explain in detail. (2 + 3)

6. Vital Economy. (2 + 3)

7. Define Inflammation. Explain in detail. (2 + 3)

8. What are the primary causes of disease? Explain. (2 + 3)

9. What is acute disease? Write its importance. (1 + 2 + 2)

10. What are the consequences of violation of nature's laws? (1 + 4)

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First Year

Part II

Paper V — PHILOSOPHY OF NATURE CURE — I

Time : Three hours

Maximum : 100 marks

**Theory : Two hours and
forty minutes**

Theory : 80 marks

M.C.Q. : Twenty minutes

M.C.Q. : 20 marks

Answer ALL questions.

I. Long notes on :

1. (a) How nature cures?
(b) Its role in health and disease. (10 + 10 = 20)
2. (a) Inflammation and its different stages.
(b) Suppression during the different stages of
inflammation. (8 + 7 = 15)

3. Explain briefly the philosophy and history of
Indian naturopaths. (15)

II. Short notes on : (6 × 5 = 30)

1. Primary causes of disease and its manifestation
2. Lakshman Sharma and Krishnam Raju
3. Louis Kuhne
4. Hendry Lindlahr
5. Mahatma Gandhiji's relation with nature cure
6. Basic principles of naturopathy.

AUGUST 2007

[KR 1507]

Sub. Code : 1507

B.N.Y.S. DEGREE EXAMINATION.

(New Regulations)

First Year

Part II

Paper V — PHILOSOPHY OF NATURE CURE — I

Time : Three hours

Maximum : 100 marks

Theory : Two hours and

Theory : 80 marks

forty minutes

M.C.Q. : Twenty minutes

M.C.Q. : 20 marks

Answer ALL questions.

I. Long Essay : (2 × 15 = 30)

(1) Define Nature Cure. Explain briefly the historical events in development of this system in India.

(2) Explain the theory of Unity of Disease and Unity of Cure. Give Scientific explanation to support the theory.

II. Short notes : (10 × 5 = 50)

(1) Explain in detail about acquiring natural immunity.

(2) Explain about vitality and vital economy.

(3) How does the "body heal itself"?

(4) Write about the primary cause of disease and its manifestation.

(5) What are the basic principles of Nature Cure? Explain.

(6) What are toxins? Add a note on Xenobiotics.

(7) "Prayer heals the mind and body" - Justify.

(8) Write the contributions of Aesculapius to Naturopathy.

(9) John Harvey Kellog.

(10) Sebastian Kneipp.

FEBRUARY 2008

[KS 1507]

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B.N.Y.S. DEGREE EXAMINATION.

(New Regulations)

First Year

Part II

Paper V — PHILOSOPHY OF NATURE CURE — I

Q.P. Code : 821507

Time : Three hours

Maximum : 100 marks

**Theory : Two hours and
forty minutes**

Theory : 80 marks

M.C.Q. : Twenty minutes

M.C.Q. : 20 marks

Answer ALL questions

I. Long Essay : (2 × 15 = 30)

1. Define inflammation and its stages. Explain the consequences of suppression at different stages of inflammation. (3 + 6 + 6)

2. Give the history and philosophy of J.H. Tilden. (7½ + 7½)

II. Short notes : (10 × 5 = 50)

- 1. Dr. B. Venkatrao.**
- 2. Healing crisis and disease crisis.**
- 3. Vitality.**
- 4. History of naturopathy in India.**
- 5. Unity of disease.**
- 6. Philosophy of Mahatma Gandhi.**
- 7. Nature cure treatments in accordance to Pancha maha bhootas.**
- 8. Ignatz Von Peczelly.**
- 9. Short note on Lakshman Sharma.**
- 10. Short note on 'The School of Salerno'.**

August 2008

[KT 1507]

Sub. Code : 1507

B.N.Y.S. DEGREE EXAMINATION.

(New Regulations)

First Year

Part II

Paper V — PHILOSOPHY OF NATURE CURE — I

Q.P. Code : 821507

Time : Three hours

Maximum : 100 marks

Answer ALL questions.

I. Long Essay : (2 × 15 = 30)

1. Define Nature cure. Define briefly the historical event in development of this system in India.

2. Primary causes of diseases and its manifestations.

II. Short notes : (10 × 5 = 50)

1. Chronological History of Nature Cure.

2. Basic principles of Nature Cure.

August 2008

3. Vitaldas Modi.
4. Krishnam Raju.
5. Adolf Jurt.
6. Bernard Jenson.
7. Herbert Shelfon.
8. Differences between functions and organic diseases.
9. Prayer – ways and its importance in human culture.
10. Healing from within – Explain.

III. Write short answers : (10 × 2 = 20)

1. What is Natural Therapeutics?
2. What do you mean by Relaxation?
3. Define Metabolism and Catabolism.
4. Define Healing crisis.

5. What do you mean by fasting?
 6. What do you mean by Diaphragmatic breathing?
 7. What do you mean by Laws of Nature?
 8. Definitions of Nature Cure.
 9. Define unity of disease and unity of cure.
 10. Define immunity and mention types.
-

February 2011

[KY 1507]

Sub. Code : 1507

B.N.Y.S. DEGREE EXAMINATION.

(New Regulations)

First Year

Part II

Paper V — PHILOSOPHY OF NATURE CURE — I

Q. P. Code : 821507

Time : Three hours

Maximum : 100 marks

Answer ALL questions.

I. Essay Questions : (2 × 15 = 30)

1. Explain in detail about inflammation and its different stages.
2. Give an account of following Naturopaths.
 - (a) Krisnam raju
 - (b) Laxman Sharma
 - (c) Mahatma Gandhi

II. Short Notes : (10 × 5 = 50)

1. Define Nature cure.
2. Laws of nature.
3. Natural Immunity.
4. Louis Kuhne.
5. Constructive principle.
6. John. H. Tildon.
7. Cause of disease.

8. Importance of prayer.

9. Vtaldas Modi.

10. Adolf Just.

III. Short answers :

(10 × 2 = 20)

1. Acute disease.

2. Pancha Mahabhutas.

3. Eliminative channels.

4. Fasting.

5. Effect of violation of nature.

6. Vitality.

7. Disease.

8. J.H. Kellog's contribution.

9. Destructive principle.

10. The father of medicine.

August 2011

[KZ 1507]

Sub. Code : 1507

B.N.Y.S. DEGREE EXAMINATION.

First Year

Part II

Paper V — PHILOSOPHY OF NATURE CURE — I

Q. P. Code : 821507

Time : Three hours

Maximum : 100 marks

Answer ALL questions.

I. Long Essay : (2 × 15 = 30)

1. Louish Kuhne.
2. Symphony of life.

II. Short Notes : (10 × 5 = 50)

1. Violations of Nature.
2. What are the natural methods of living and treatment?
3. The school of Salerno.
4. Inflammation and different stages.
5. Is metaphysical healing in conformity with the constructive principle in nature?
6. Define chronic disease.
7. Explain 'Unity of disease'.
8. Why should we pray twice in a day?
9. Short notes on 'Conservation of vitality'.
10. Write about organic diseases.

III. Short answers : (10 × 2 = 20)

1. What is Nature Cure?
2. Define prayer.
3. Define immunity.
4. Unity of cure – Explain.
5. Lakshman Sharma.
6. What are two fold attitude?
7. S.J. Singh.
8. Paraclsus.
9. Books written by Dr. Cindlahar.
10. What is disease crisis?

February 2012

[LA 1507]

Sub. Code: 1507

B.N.Y.S. DEGREE EXAMINATION.

First Year-Part II

Paper V- PHILOSOPHY OF NATURE CURE-I

Q.P. Code: 821507

Time: Three Hours

Maximum: 100 marks

Answer ALL questions

I. Elaborate on:

(2x15=30)

1. Explain in detail about inflammation and its different stages.
2. History of Sigmund Freud

II. Write notes on:

(10x5=50)

1. Acute disease and chronic disease.
2. Mahatma Gandhiji
3. Symphony life
4. Laws of Nature
5. Unity of disease and unity of cure
6. Herbert M Shelton
7. Prayer- ways and its importance in human culture
8. The school of salerno
9. Basic principle of Nature cure
10. How does the body heals itself.

III. Short Answers

(10x2=20)

1. Father of Naturopathy?
2. Methods of treatment followed by Arnold Rickli.
3. Toxemia
4. Contribution by J.H.Tilden
5. Contribution by Hendry Lindlahr.
6. Immunity
7. Name some naturopathic books with Author.
8. Cure
9. Constructive Principle
10. Health

[LB 1507]

Sub. Code: 1507

FIRST B.N.Y.S. DEGREE EXAM – AUGUST 2012

Paper – V PHILOSOPHY OF NATURE CURE – I

Q.P. Code: 821507

Time: 180 Minutes

Maximum: 100 marks

Answer ALL questions

I. Elaborate on:

**Pages Time Marks
(Max.)(Max.)(Max.)**

- | | | | |
|--|----|----|----|
| 1. Explain about the primary of disease and its manifestation. | 16 | 25 | 15 |
| 2. Write Nature cure in relation with Pancha bhutas. | 16 | 25 | 15 |

II. Short notes on:

- | | | | |
|----------------------------------|---|---|---|
| 1. Chronic disease. | 3 | 8 | 5 |
| 2. Vincent Priessnitz. | 3 | 8 | 5 |
| 3. Hippocrates. | 3 | 8 | 5 |
| 4. Unity of disease. | 3 | 8 | 5 |
| 5. Suppression leads to disease. | 3 | 8 | 5 |
| 6. Sebastian Kneipp. | 3 | 8 | 5 |
| 7. Healing from within. | 3 | 8 | 5 |
| 8. Natural rejuvenation. | 3 | 8 | 5 |
| 9. Henry Lindlahr. | 3 | 8 | 5 |
| 10. Aesculapians. | 3 | 8 | 5 |

III. Short Answers on:

- | | | | |
|--------------------------------------|---|---|---|
| 1. Health. | 1 | 5 | 2 |
| 2. Healing crisis. | 1 | 5 | 2 |
| 3. Natural living. | 1 | 5 | 2 |
| 4. Define inflammation. | 1 | 5 | 2 |
| 5. Cure. | 1 | 5 | 2 |
| 6. Disease crisis. | 1 | 5 | 2 |
| 7. Types of immunity. | 1 | 5 | 2 |
| 8. Two fold attitude of mind & soul. | 1 | 5 | 2 |
| 9. Contribution of Herbert Shelton. | 1 | 5 | 2 |
| 10. Constructive principle. | 1 | 5 | 2 |

[LC 1507]

SUB. CODE : 1507

FIRST YEAR B.N.Y.S DEGREE EXAM - FEBRUARY 2013

PART II - PAPER – V PHILOSOPHY OF NATURE CURE – I

Q.P. CODE : 821507

Time: 3 hours:

Maximum: 100 Marks

ANSWER ALL QUESTIONS

I.Essay Questions:

(2x15=30)

1. Write in nutshell the catechism of Nature cure.
2. Write the name and contribution of Indian and foreign Naturopaths for the development of Nature cure.

II.Short Notes:

(10x5=50)

1. What is all-round Health?
2. Abuse of Drugs.
3. Inflammation.
4. Importance of Prayer.
5. Philosophy & History of J.H. Kellog.
6. Contributions of Dr. B. VenkatRao.
7. Write about Dr.S.J.Singh.
8. Contribution of Dr.Henry Lindlahr.
9. What do you know about Nature cure?
10. Write laws of Nature.

III.Short Answers:

(10x2=20)

1. Chronic Disease.
2. Healing Crisis.
3. Inventor of spinal bat.
4. Author of Rational hydrotherapy.
5. Name the books written by Dr.S.J.Singh
6. Natural Immunity.
7. Hippocrates.
8. Benefits of Hip bath.
9. Efficacy of health.
10. Prevention is better than cure.

[LD 1507]

SUB. CODE : 1507

FIRST YEAR B.N.Y.S DEGREE EXAM - AUGUST 2013

PART II - PAPER – V PHILOSOPHY OF NATURE CURE – I

Q.P. CODE : 821507

Time: 3 hours:

Maximum: 100 Marks

ANSWER ALL QUESTIONS

I.Essay Questions:

(2x15=30)

1. Explain Pancha Mahabhootas in relation to the body & mind.
2. Prove unity of disease versus unity of cure.

II.Short Notes:

(10x5=50)

1. Describe Acute & Chronic disease.
2. History & Contribution of Adolf Just.
3. Explain laws of Nature.
4. What you know about Bernard McFadden?
5. Describe Symphony of life.
6. Contribution of Dr.Vittal Das Modi.
7. Explain violation of Nature.
8. Contributions of Mahatma Gandhiji for Nature cure.
9. Suppression of inflammation
10. Importance of prayer in life

III.Short Answers:

(10x2=20)

1. Define Nature cure
2. Cure.
3. Acharya Pacha Venkatrammaiah.
4. Define Health.
5. Crisis.
6. Inflammation
7. Fasting once a week.
8. Two times bath.
9. Immunity
10. Abuse of drugs.

FIRST YEAR B.N.Y.S. DEGREE EXAM
PAPER V – PHILOSOPHY OF NATURE CURE-I

Q.P. Code : 821507

Time: Three hours

Maximum : 100 Marks

Answer All questions

I. Essays Questions: (2X15=30)

1. Nature Cure and its basic principles in detail.
2. Brief narration on Three Fold Constitution of man.

II. Short Notes: (10X5=50)

1. Human body and panchabhutas.
2. Detail about functional disease.
3. Importance of conservation of vitality.
4. Dr. B. Venkat Rao and nature cure.
5. Two Fold Attitude of mind and soul.
6. Importance of Prayer as a remedial agent.
7. Secondary causes of disease and their invading moments in the body.
8. Impacts of suppression of five stages of inflammation.
9. Laws of nature.
10. Immunity of disease and cure.

III. Short Answers: (10X2=20)

1. Define disease.
2. Contributions of Ignatz Van Peczely and Henry Lindlahar.
3. Who invented Psycho analysis and toxaemia ?
4. Define nature cure according to Dr. J.H. Kellog.
5. Define disease crisis.
6. What is natural?
7. What type of natural methods of living comes under Return to Nature Mental & Spiritual remedies?
8. What is destructive principle?
9. Who are the founders of School of Salerno?
10. Dr. Lakshman Sharma's contribution.

FIRST B.N.Y.S. DEGREE EXAMINATION
PAPER V – PHILOSOPHY OF NATURE CURE - I

Q.P. Code : 821507

Time: Three hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 X 15 = 30)

1. Write about inflammation & its stages, Elaborate the effects of suppression during the different stages.
2. Catechism of nature cure.

II. Short Notes:

(10 X 5 = 50)

1. Write about 3 fold constitution of man.
2. Natural immunity.
3. Ignatz von peczley.
4. Dr. Venkat Rao's contribution for perfect health.
5. Unity of disease.
6. Dr. Kulranjan Muherjee.
7. Prayer.
8. Organic disease.
9. Recuperative power.
10. Nature cure and panchamahabhuta.

III. Short Answers:

(10 X 2 = 20)

1. Dr. S.J. Singh.
2. Vitality.
3. Unity of cure.
4. Symphony of life.
5. Hippocrates.
6. Books written by Dr. Louis Kuhne.
7. Rama-nama.
8. Germs in nature cure.
9. Mention any 2 naturopaths who worked on hydro therapy.
10. Gandhiji's way of treatment.

FIRST B.N.Y.S. DEGREE EXAMINATION

PAPER IV – HUMAN PHYSIOLOGY - II

Q.P. Code : 821506

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 15 = 30)

1. Name the hormones of pituitary gland and explain in detail on the secretion of anterior pituitary.
2. Write an essay on cerebellum and its functions. Add a note on cerebellar disorders.

II. Write Notes on:

(10 x 5 = 50)

1. Short note on functions of basal ganglia.
2. Outline the taste pathways
3. Write a note on functions of adrenal cortex
4. Note on regulation of body temperature
5. Short note on functions of hypothalamus
6. Short note on mechanism of skeletal muscle contraction
7. Role of insulin in regulation of blood glucose
8. Note on spermatogenesis
9. Note on synthesis of thyroid hormone
10. Short note on vestibular apparatus

III. Short Answers on:

(10 x 2 = 20)

1. Define the term menopause
2. What is fovea?
3. What are the types of synapse?
4. Define hormones of adrenal medulla
5. Name the muscle proteins
6. What is anosmia?
7. What are the types of pain?
8. What is sarcomere?
9. What is blind spot?
10. Define receptor

**FIRST B.N.Y.S. DEGREE EXAMINATION
PAPER V – PHILOSOPHY OF NATURE CURE - I**

Q.P. Code : 821507

Time: Three Hours

Maximum: 100 marks

Answer ALL questions in the same order

I. Essay Questions:

(2 x 15 = 30)

1. Write a clear note on immunity and vitality.
2. Explain the primary cause of disease and its manifestations.

II. Short notes on:

(10 x 5 = 50)

1. Hendry lindlhar.
2. Dr. S.J. Singh.
3. Nature cure and panchamaha bhutha.
4. Arnold rickli.
5. Dr. B. Venkat Rao.
6. Basic principles of Nature cure.
7. History of Naturopathy.
8. Vitaldas modi.
9. J.H. Kellog.
10. Healing power.

III. Short Answers on:

(10 x 2 = 20)

1. Nature cure definitions.
2. Health definitions.
3. Unity of Cure.
4. Prayer.
5. Akash.
6. Mention the naturopaths who worked on Iridology.
7. Healing crisis and Disease crisis definitions.
8. Mention 2 animal's behavior during sickness.
9. Constructive and destructive principle definitions
10. Gandhiji's contribution to nature cure system.