

FIRST B.N.Y.S. DEGREE EXAMINATION
PAPER VI – PHILOSOPHY OF NATURE CURE - II

Q.P. Code : 821508

Time: Three Hours

Maximum: 100 marks

Answer ALL Questions

I. Essay Questions:

(2 x 15 = 30)

1. Write about shareera dharmas and write about the importance of arogya raksha panchatantra.
2. Explain various treatments which are in conformity with the constructive and destructive principles with nature.

II. Write notes on:

(10 x 5 = 50)

1. Basic Principles of Ayurveda.
2. Properties of mud.
3. Natural rejuvenation.
4. Basic Principles of Allopathy.
5. Importance of water drinking.
6. Basic principles of homeopathy.
7. Mental hygiene.
8. Iridiagnosis.
9. Toxins and antitoxins.
10. Ritucharya.

III. Short Answers on:

(10 x 2 = 20)

1. Unani Principles.
2. Facial diagnosis.
3. Types of agni.
4. Name eighteen siddhars.
5. Sapta dhatus.
6. Ushapanam.
7. Ojas.
8. Basic principles of Siddha.
9. Disease.
10. Live food.

[LH 1508]

OCTOBER 2015

Sub. Code: 1508

FIRST B.N.Y.S. DEGREE EXAMINATION
PAPER VI – PHILOSOPHY OF NATURE CURE - II

Q.P. Code : 821508

Time: Three Hours

Maximum: 100 marks

Answer ALL Questions

I. Essay Questions:

(2 x 15 = 30)

1. What are arogya raksha pancha tantras? Write their importance in maintaining life.
2. History of Ayurveda, Astanga of Ayurveda, Sapta Dhathu.

II. Write notes on:

(10 x 5 = 50)

1. Live Food – Nature diet.
2. Mud bath procedure and effects.
3. Vegadharanam.
4. Nature cure vs modern medicine.
5. Properties of Water, Air and Sunlight.
6. Old age problems and natural rejuvenation.
7. Importance of physical and mental hygiene.
8. Physiological effects of Exercise.
9. Importance of Rest and Relaxation.
10. Explain about Facial Diagnosis.

III. Short Answers on:

(10 x 2 = 20)

1. Siddha Medicine – Principles.
2. Rastricharya.
3. Trituration.
4. Water Drinking.
5. Basic Principles of Allopathy.
6. How to Break fasting?
7. Basic Principles of Homoeopathy.
8. Calender Method.
9. Natural antitoxins.
10. Iridiagnosis.

FIRST B.N.Y.S. DEGREE EXAMINATION

PAPER VI – PHILOSOPHY OF NATURE CURE - II

Q.P. Code : 821508

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 15 = 30)

1. Explain in detail about the scientific relaxation and normal suggestion.
2. Write in detail about the role of diet and yoga in nature cure.

II. Write Notes on:

(10 x 5 = 50)

1. Ways to improve elimination.
2. Ojas and Mala vignana.
3. Preparation of Homeo medicine.
4. Dinacharya.
5. History of Allopathy.
6. Properties of air.
7. Importance of Mental hygiene.
8. Basic Principles of Unani.
9. Nature cure Vs. Modern Medicine.
10. History of Ayurveda.

III. Short Answers on:

(10 x 2 = 20)

1. Types of agnis.
2. Properties of mud.
3. Vaccination.
4. Types of enema.
5. Sapta Dhatus.
6. Ennervation.
7. Fomentation.
8. Mother tincture.
9. Define fasting and types.
10. Define Balanced diet.

FIRST B.N.Y.S. DEGREE EXAMINATION
PAPER VI – PHILOSOPHY OF NATURE CURE - II

Q.P. Code: 821508

Time : Three hours

Maximum: 100 Marks

Answer **ALL** questions.

I. Essay Questions:

(2 x 15 = 30)

1. Write in detail about fundamental principles of Homeopathy and preparation of homeo medicine.
2. Basic principles of Siddha and add a note on Eighteen Siddhars.

II. Write Notes on:

(10 x 5 = 50)

1. Classification of diets.
2. Diagnosis in Nature Cure.
3. Principles of Ayurveda.
4. Chikitsa siddantha.
5. History of Unani.
6. Properties of mud.
7. Water drinking.
8. Vaccination and their effects.
9. Vegadharanam.
10. Principles of allopathy.

III. Short Answers on:

(10 x 2 = 20)

1. Shareeradharma.
2. Dravyas.
3. Sapta dhatus.
4. Tridosha vignana.
5. Nutrition.
6. Scientific relaxation.
7. Sunbath.
8. Enema.
9. Potency in homeopathy.
10. Safe method.

[LK 1508]

MAY 2017

Sub.Code :1508

FIRST B.N.Y.S. DEGREE EXAMINATION

PAPER VI – PHILOSOPHY OF NATURE CURE – II

Q.P. Code : 821508

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 15 = 30)

1. Explain in detail about the importance of physical and mental hygiene.
2. Explain in detail about natural ways of family planning and role of yogic diet.

II. Write Notes on:

(10 x 5 = 50)

1. Roga Vignana.
2. History of siddha.
3. Astanga of ayurveda.
4. Vaccination and their effects on human body and mind.
5. Fundamental basic principles of homoeopathy.
6. Balanced diet.
7. Explain Health is positive and disease is negative.
8. Iridiagnosis and facial diagnosis.
9. Nature cure Vs. Modern Medicine.
10. Natural rejuvenations and old age problems.

III. Short Answers on:

(10 x 2 = 20)

1. Ritucharya.
2. Types of Enema.
3. Tridoshas.
4. Anti toxins.
5. Effects of fasting.
6. Chromo diagnosis.
7. Trituration.
8. Treatment methods in Unani.
9. Important works on ayurveda.
10. Principles of Allopathy.

[LL 1508]

OCTOBER 2017

Sub. Code: 1508

FIRST B.N.Y.S. DEGREE EXAMINATION

PAPER VI – PHILOSOPHY OF NATURE CURE – II

Q.P. Code : 821508

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 15 = 30)

1. Vaccination and their effects on human body and mind.
2. Define Sapta Dhatus? Write their normal functions of Sapta Dhatus and importance of Ojas.

II. Write Notes on:

(10 x 5 = 50)

1. Explain Chromo Diagnosis.
2. How naturopathy and yoga play a role in rejuvenation of the Old age?
3. Write the Natural Family Planning Methods and explain briefly.
4. Therapeutic uses of Water and its types.
5. Importance of fasting and its benefits.
6. Health is positive and disease is Negative –Justify.
7. Role of diet and Yoga in Nature Cure.
8. Pancha Bhuta Siddhantha According to Ayurveda.
9. Role of Prayer in Daily Life.
10. Siddha – Basic principles.

III. Short Answers on:

(10 x 2 = 20)

1. Pancha tantras.
2. Tridoshas.
3. Balanced Diet.
4. Encumbrance.
5. Principles of Allopathy.
6. Basic Principles of Unani.
7. Properties of Sunlight.
8. What are Malas?
9. Properties of Mud.
10. Spinal Analysis.

FIRST B.N.Y.S. DEGREE EXAMINATION

PAPER VI – PHILOSOPHY OF NATURE CURE – II

Q.P. Code : 821508

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions: (2 x 15 = 30)

1. Explain in detail about the diagnosis methods in Nature cure.
2. Elaborate on Arogya Raksha Panchatantras and their importance in prevention of disease.

II. Write Notes on: (10 x 5 = 50)

1. Family planning by Natural Therapeutics.
2. Outlines on Rest and relaxation.
3. Properties of Mud.
4. History of Ayurveda.
5. Preparation of Homoeomedicine.
6. Treatment method in Unani.
7. Explain Vegadharanam.
8. Importance of Fasting.
9. Vaccination.
10. Dinacharya.

III. Short Answers on: (10 x 2 = 20)

1. Dosage and frequency of Homoeo medicine.
2. Ojas.
3. Dravyas.
4. Spinal bath.
5. Mala vijnana.
6. Enema.
7. Balanced diet.
8. Natural rejuvenation.
9. Fomentation.
10. Ashtanga of ayurveda.

[LN 1508]

OCTOBER 2018

Sub. Code: 1508

FIRST B.N.Y.S. DEGREE EXAMINATION

PART - II

PAPER VI – PHILOSOPHY OF NATURE CURE – II

Q.P. Code : 821508

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions: (2 x 15 = 30)

1. Explain Hydrotherapy, different temperature uses in hydrotherapy and explain about steam Bath.
2. Explain origin and history of Ayurveda and Astanga of Ayurveda.

II. Write Notes on: (10 x 5 = 50)

1. Explain Enema.
2. Explain the introduction, history and basic principles of Homeopathy.
3. Classification of Naturopathic diet.
4. Hot foot bath.
5. Facial diagnosis.
6. Explain Fasting.
7. Vaccination.
8. Explain physical and mental hygiene.
9. Arogya Raksha Panchatantras.
10. Explain the benefits of live food.

III. Short Answers on: (10 x 2 = 20)

1. Ritucharya.
2. Shareera dharmas.
3. Malnutrition.
4. Natural Rejuvenation's.
5. Difference between Exercise and Yoga.
6. Explain colour therapy.
7. Spinal bath.
8. Importance of water drinking.
9. Rest and relaxation.
10. Infra red rays.

[LO 1508]

MAY 2019

Sub. Code: 1508

FIRST B.N.Y.S. DEGREE EXAMINATION

PART – II

PAPER VI – PHILOSOPHY OF NATURE CURE – II

Q.P. Code : 821508

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 15 = 30)

1. Explain in detail about Nature cure Vs. Modern medicine.
2. Elaborate on scientific relaxation and normal suggestion.

II. Write Notes on:

(10 x 5 = 50)

1. Facial diagnosis.
2. Natural Rejuvenations.
3. Role of Diet in Nature cure.
4. Prakritivijnana.
5. Principle of Siddha.
6. Spinal analysis and iridiagnosis.
7. Toxins and Antitoxins in Nature Cure.
8. Properties of sunlight and water.
9. Health is Positive and disease is negative - Explain.
10. Chikista Siddhanta.

III. Short Answers on:

(10 x 2 = 20)

1. Vegadharanam.
2. Trituration.
3. Principle of allopathy.
4. Types of Agni.
5. Properties of Air.
6. Mud Bath.
7. Balanced Diet.
8. Fasting.
9. Old age Problems.
10. Physical Hygiene.

[LP 1508]

OCTOBER 2019

Sub. Code: 1508

FIRST B.N.Y.S. DEGREE EXAMINATION

PART – II

PAPER VI – PHILOSOPHY OF NATURE CURE – II

Q.P. Code : 821508

Time: Three Hours

Maximum : 100 Marks

Answer All questions

I. Essay Questions:

(2 x 15 = 30)

1. Explain in detail and outlines on Roga Vignana.
2. Explain Dinacharya and Ratricharya.

II. Write Notes on:

(10 x 5 = 50)

1. Fundamental of Unani.
2. Explain about Enema.
3. Astangas of Ayurveda.
4. Iridiagnosis.
5. The old age problems and natural rejuvenations.
6. Explain Natural family planning.
7. Explain Natural Rejuvenations.
8. Explain Shareera dharma.
9. Explain Hydrotherapy.
10. Explain Rest and Relaxation.

III. Short Answers on:

(10 x 2 = 20)

1. Radial division of iris.
2. Explain the benefits of sprouts.
3. Explain Rajasic Food.
4. How to break fast?
5. Contraindication for mud therapy.
6. Helio therapy.
7. Different temperature use in hydrotherapy.
8. Explain types of Agnis.
9. Explain mother tincture.
10. Hot foot Bath.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BNYS 0321]

MARCH 2021

Sub. Code: 1508

(MAY 2020 & AUGUST 2020 SESSION)

B.N.Y.S. DEGREE EXAMINATION

FIRST YEAR (From the academic year 2013-14) – PART II

PAPER VI – PHILOSOPHY OF NATURE CURE II

Q.P. Code : 821508

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Arogya raksha panchatantras and their importance in prevention of disease
2. Elaborate on Astanga of ayurveda

II. Write Notes on:

(10 x 5 = 50)

1. Facial Diagnosis
2. Write on Water as Medicine
3. Fasting therapy
4. Precautions of Enema
5. Diet as per Naturopathy
6. List the Important works on ayurveda
7. Prakritivignana
8. Astavidaaharasevana
9. Pathyaapathy vichara
10. Outlines on dravyas

III. Short Answers on:

(10 x 2 = 20)

1. List any 5 dinacharya routine
2. Type of encumbrances
3. Name 6 ritu and its durations
4. What is vegadharanam and its types
5. Types of Agnis and its impact on digestion
6. Mother tincture
7. Name all rasa
8. Tridosavignana
9. Spinal analysis
10. Properties of mud

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BNYS 1021]

**OCTOBER 2021
(OCTOBER 2020 SESSION)**

Sub. Code: 1508

**B.N.Y.S. DEGREE EXAMINATION
FIRST YEAR – PART II
(For the candidates admitted from the academic year 2013-14)
PAPER VI – PHILOSOPHY OF NATURE CURE II
*Q.P. Code : 821508***

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Write in detail about old age problems and Natural rejuvenations.
2. Explain the basic concepts in Nutrition and balanced Diet in Naturopathy.

II. Write Notes on:

(10 x 5 = 50)

1. Ashtanga of Ayurveda.
2. Basic principles of Homoeopathy.
3. Chromo diagnosis.
4. Family planning by natural therapeutics.
5. Mental Hygiene.
6. Vaccination.
7. Compare Nature cure Vs Modern medicine.
8. Scientific relaxation.
9. Ratricharya.
10. Fomentation.

III. Short Answers on:

(10 x 2 = 20)

1. Malas.
2. Mother tincture.
3. Sapta Dhatus.
4. Fasting.
5. Iris diagnosis.
6. Properties of air.
7. Potency.
8. Prakriti Vignana.
9. Important works on Ayurveda.
10. Method of treatments in Siddha.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BNYS 0322]

**MARCH 2022
(FEBRUARY 2021 & MAY 2021 SESSIONS)**

Sub. Code: 1508

**B.N.Y.S. DEGREE EXAMINATION
FIRST YEAR – PART II
(For the candidates admitted from the academic year 2011-12)
PAPER VI – PHILOSOPHY OF NATURE CURE II
Q.P. Code : 821508**

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Write in detail about Swastha vrittam.
2. Elaborate on nature cure diagnostic methods.

II. Write Notes on:

(10 x 5 = 50)

1. Preparation of Homeo medicines.
2. Properties of Mud.
3. Enema – definition, types and contraindications.
4. Diet as per Naturopathy.
5. Scientific relaxation and normal suggestion.
6. Short note on Panchabhoota siddhantha.
7. Fasting, its type and benefits.
8. Basic principles of siddha.
9. Outlines on roga vignana.
10. Family planning by natural methods.

III. Short Answers on:

(10 x 2 = 20)

1. Name sapta dhatus.
2. Short note on charaka samhita.
3. Oordhvanga.
4. Definitions and contraindications of Fasting.
5. Water intoxication (III effects of excess water drinking).
6. Foot bath.
7. Pathyapathy vichara.
8. History of Ayurveda.
9. Basic principles of Unani
10. Impact of normal suggestion.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BNYS 0522]

MAY 2022

Sub. Code: 1508

(AUGUST 2021 & OCTOBER 2021 SESSIONS)

B.N.Y.S. DEGREE EXAMINATION

FIRST YEAR – PART II

(For the candidates admitted from the academic year 2011-12)

PAPER VI – PHILOSOPHY OF NATURE CURE II

Q.P. Code : 821508

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Explain Family planning through natural methods.
2. Explain the role of diet and yoga in nature care.

II. Write Notes on:

(10 x 5 = 50)

1. Hip bath and spinal bath.
2. Explain Fasting.
3. Basic principles of Siddha and Homoeopathy.
4. Explain rest and relaxation.
5. Explain Toxins and its elimination through Natural methods.
6. Shareera Dharma.
7. Mud therapy.
8. Write a note on importance of water drinking.
9. Vegadharanam.
10. Explain Balanced diet.

III. Short Answers on:

(10 x 2 = 20)

1. Tridoshas.
2. Fomentation.
3. Properties of mud.
4. Infra Red Rays.
5. Arogya Raksha Panchatantras.
6. Natural Rejuvenations.
7. Mental Hygiene.
8. Contraindications of steam Bath.
9. How to break fasting?
10. Ojas.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BNYS 1022]

**OCTOBER 2022
(FEBRUARY 2022 & MAY 2022 SESSIONS)**

Sub. Code: 1508

**B.N.Y.S. DEGREE EXAMINATION
FIRST YEAR – PART II
(For the candidates admitted from the academic year 2011-12)
PAPER VI – PHILOSOPHY OF NATURE CURE II
Q.P. Code : 821508**

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Vaccination and their effects on human body and mind.
2. Health is positive and disease is negative.

II. Write Notes on:

(10 x 5 = 50)

1. Short note on Toxemia in nature cure.
2. Contraindications and precautions of Enema.
3. Agni and its types.
4. Pathya apathyavichara.
5. Outlines on preparation of homeo medicines.
6. Basic principles of Unani.
7. Scientific relaxation and normal suggestion.
8. Fasting, its type and benefits.
9. Short note on exercises.
10. Concept of balanced diet.

III. Short Answers on:

(10 x 2 = 20)

1. What is vegadharanam and its types?
2. Short note on Father of iridiagnosis.
3. Classification of temperature for therapeutic application of water.
4. Tridosha vignana.
5. Why drinking excess water is not good for health?
6. Name 6 ritu's and its durations.
7. Enema and its types.
8. Infra red rays.
9. Indications of Hot foot bath.
10. Properties of sun light.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BNYS 0323]

MARCH 2023

Sub. Code: 1508

(AUGUST 2022 & OCTOBER 2022 EXAM SESSIONS)

B.N.Y.S. DEGREE EXAMINATION

FIRST YEAR – PART II

(For the candidates admitted from the academic year 2011-12)

PAPER VI – PHILOSOPHY OF NATURE CURE II

Q.P. Code: 821508

Time: Three Hours

Answer ALL questions

Maximum : 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Classification of individuals into seven categories and add a note on Ritucharya.
2. Define Toxins and anti toxins in Nature cure way.

II. Write Notes on:

(10 x 5 = 50)

1. ENEMA – Procedure, benefits, contraindication.
2. Write the History and fundamentals of Unani.
3. Importance of physical and mental hygiene.
4. Vaccination and their effects.
5. Fasting-contraindication and indications.
6. Natural Family Planning.
7. Write in detail about Dinacharya.
8. Methods of treatment in siddha practice.
9. Explain Tridoshavignana.
10. Role of diet and yoga in Nature Cure.

III. Short Answers on:

(10 x 2 = 20)

1. Classification of diet according to Yoga.
2. Benefits of water drinking.
3. Indication of spinal bath.
4. Properties of Sunlight.
5. Diagnosis methods in siddha medicine.
6. Any two properties of water and air.
7. Types of Agni.
8. History of Homeopathy.
9. Malavignana.
10. Branches of ayurveda.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BNYS 0923]

**SEPTEMBER 2023
(MAY 2023 EXAM SESSION)**

Sub. Code: 1508

**B.N.Y.S. DEGREE EXAMINATION
FIRST YEAR – PART II
(For the candidates admitted from the academic year 2011-12)
PAPER VI – PHILOSOPHY OF NATURE CURE II**

Q.P. Code: 821508

Time: Three Hours

Answer ALL questions

Maximum: 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Basic principles of Nature Cure through Pancha tantra.
2. Write in detail about Fasting.

II. Write Notes on:

(10 x 5 = 50)

1. Arogya Rasha Panchatantra.
2. Effects of Vaccination on Human body.
3. Scientific relaxation.
4. Hip Bath – Procedure; Precautions; Therapeutic effects and contra indications.
5. Therapeutic Importance of Internal Bath.
6. Mud Bath – Method, Physiological Effect, Indications and Contra Indications.
7. History of Siddha.
8. Naturopathy vs. Modern Medicine.
9. Vaccination and their effects.
10. Chromo Diagnosis.

III. Short Answers on:

(10 x 2 = 20)

1. Enema.
2. Abdominal mud pack.
3. Precaution and contraindication of Mud therapy.
4. Sapta Dhātu.
5. Recent advances in Naturopathy.
6. Composition of Air.
7. Encumbrance.
8. Define Ayurveda.
9. Define Naturopathy.
10. Rest & relaxation.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BNYS 0124]

JANUARY 2024

Sub. Code: 1508

(JUNE 2023 / OCTOBER 2023 EXAM SESSIONS)

B.N.Y.S. DEGREE EXAMINATION

FIRST YEAR PART - II

(For the candidates admitted from the academic year 2011-12)

PAPER VI – PHILOSOPHY OF NATURE CURE II

Q.P. Code: 821508

Time: Three Hours

Answer ALL questions

Maximum: 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. History of Ayurveda, Ashtanga of Ayurveda, Saptadhatu.
2. How to approach the patient during illness through naturopathy diagnosis?

II. Write Notes on:

(10 x 5 = 50)

1. Write the Natural Family Planning Methods and explain briefly.
2. Principles of Allopathy.
3. History of Siddha.
4. Explain Chromo Diagnosis.
5. Classification of Naturopathic diet.
6. The old age problems and natural rejuvenations.
7. Write a note on importance of water drinking.
8. Enema – definition, types and contraindications.
9. Toxins and Antitoxins in Nature Cure.
10. Explain Balanced diet.

III. Short Answers on:

(10 x 2 = 20)

1. Contraindications of steam Bath.
2. Branches of Ayurveda.
3. Shareera Dharma.
4. Importance of water drinking.
5. Malas.
6. Contraindication for sun bath.
7. Father of Iris diagnosis.
8. Precaution for steam bath.
9. Spinal analysis.
10. Dosage of Homoeo medicine.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BNYS 0824]

**AUGUST 2024
(MAY 2024 EXAM SESSION)**

Sub. Code: 1508

**B.N.Y.S. DEGREE EXAMINATION
FIRST YEAR – PART II
(For the candidates admitted from the academic year 2011-12)
PAPER VI – PHILOSOPHY OF NATURE CURE II**

Q.P. Code: 821508

Time: Three Hours

Answer ALL questions

Maximum: 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Explain in detail about the diagnostic methods of Nature Cure.
2. Explain Family planning by Natural Therapeutics.

II. Write Notes on:

(10 x 5 = 50)

1. Procedure of Enema.
2. Chromo Diagnosis.
3. Hip Bath.
4. Infrared rays.
5. Vegadharanam.
6. Outlines on Roga Vijnana.
7. Basic Principles of Allopathy.
8. Rajasic Diet.
9. Regular habits for health.
10. Astanga of Ayurveda.

III. Short Answers on:

(10 x 2 = 20)

1. Vaccination.
2. Dinacharya.
3. Ojas.
4. Types of Agnis.
5. Sadvritta.
6. Properties of Air.
7. Water Drinking.
8. Guna.
9. Methods of Siddha treatments.
10. Destructive Principle.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BNYS 0125]

**JANUARY 2025
(OCTOBER 2024 EXAM SESSION)**

Sub. Code: 1508

**B.N.Y.S. DEGREE EXAMINATION
FIRST YEAR - PART - II**

**(For the candidates admitted from the academic year 2011-12)
PAPER VI – PHILOSOPHY OF NATURE CURE II
(INCLUDING FUNDAMENTALS OF AYURVEDA, SIDDHA, UNANI,
HOMOEOPATHY AND ALLOPATHY)**

Q.P. Code: 821508

Time: Three Hours

Answer ALL questions

Maximum: 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Explain basic principles of Siddha and methods of treatment in Siddha.
2. How Naturopathy plays an important role in prevention of disease?

II. Write Notes on:

(10 x 5 = 50)

1. Explain Natural family planning.
2. Properties of sunlight and water.
3. Explain the introduction, history and basic principles of Homeopathy.
4. Importance of Fasting.
5. Facial Diagnosis.
6. Explain physical and mental hygiene.
7. Properties and uses of mud.
8. Nature Cure vs. Modern Medicine.
9. Physiological effects of Exercise.
10. Health is positive and disease is Negative – Justify.

III. Short Answers on:

(10 x 2 = 20)

1. Helio therapy.
2. Tridosha vignana.
3. Explain colour therapy.
4. Chikitsa Siddhanta.
5. Properties of air.
6. Name sapta dhatus.
7. Malnutrition.
8. Fomentation.
9. Ritucharya.
10. Raw diet.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[BNYS 0725]

**JULY 2025
(MAY 2025 EXAM SESSION)**

Sub. Code: 1508

**B.N.Y.S. DEGREE EXAMINATION
FIRST YEAR - PART - II
(For the candidates admitted from the academic year 2011-12)
PAPER VI – PHILOSOPHY OF NATURE CURE II**

Q.P. Code: 821508

Time: Three Hours

Answer ALL questions

Maximum: 100 Marks

I. Essay Questions:

(2 x 15 = 30)

1. Explain Hydrotherapy, different temperature uses in Hydrotherapy and explain about spinal Bath.
2. Define Health is positive and Disease Negative. Add a note on Mental Hygiene.

II. Write Notes on:

(10 x 5 = 50)

1. Hot Foot Bath.
2. Vaccination.
3. Infra-Red Rays.
4. Water Drinking.
5. Ritu charya.
6. Shareeradharma.
7. Basic Principles of Unani.
8. Satvic Diet.
9. Exercises.
10. Pancha bhoota Siddhanta.

III. Short Answers on:

(10 x 2 = 20)

1. Tridosha vignana.
2. Fasting.
3. Dravyas.
4. Side Encumbrance.
5. Ritu charya.
6. Properties of Mud.
7. Hip Bath.
8. Roga vignanam.
9. Fomentation.
10. Heliotherapy.
