

NOVEMBER - 2001

[KE 855]

Sub. Code : 4878

B.Sc. (NURSING) DEGREE EXAMINATION

(For Trained Nurses)

Second Year

(Modified Regulations)

Paper III — MENTAL HEALTH NURSING

Time : Three hours

Maximum : 75 marks

Two and a half hours

Sec. A & Sec. B : 55 marks

for Sec. A & Sec. B

Section C : 20 marks

Answer Sections A and B in the same answer book

Answer Section C in the Answer Sheet provided.

SECTION A — (2 × 15 = 30 marks)

1. (a) Enumerate the factors influencing psychiatric disorders (5)

(b) Discuss the nursing care of an individual (NCP) with major depression. (10)

2. (a) Classify the "Psycho Pharmacological Agents". (5)

(b) Explain about "Lithium Therapy" (10)

SECTION B (5 × 5 = 25 marks)

3 Write short notes on any FIVE of the following

(a) Principles of mental health.

(b) Therapeutic Nurse — Client Relationship.

(c) Difference between Organic and Functional Psychosis

(d) Enuresis

(e) Classification and prevention of mental Retardation.

(f) National Mental Health Programme.

(g) Legal responsibilities related to mentally ill clients.

FEBRUARY - 2005

[KM 855]

Sub. Code : 4878

B.Sc. (Nursing) DEGREE EXAMINATION.

(For Trained Nurses)

(Modified Regulations)

Second Year

Paper III — MENTAL HEALTH NURSING

Time : Three hours

Maximum : 75 marks

**Sec. A & B : Two hours and
forty five minutes**

Sec. A & B : 60 marks

Sec. C : Fifteen minutes

Section C : 15 marks

Answer Sections A and B in the SAME answer book.

Answer Section C in the Answer Sheet provided.

SECTION A — (2 × 15 = 30 marks)

1. (a) Write the differences between reactive depression and endogenous depression. (5)

(b) Write the management of a patient with endogenous depression by applying nursing process. (10)

2. (a) State personality disorders. Write the etiology and clinical manifestations. (5)

(b) Write about the psychopathology and management of substance abuse. (10)

SECTION B — (6 × 5 = 30 marks)

3. Write short notes on the following :

(a) Mc Naughtons rule.

(b) Delinquency.

(c) Mental retardation.

(d) Community psychiatry.

(e) Milieu therapy.

(f) Legal responsibilities of a psychiatric nurse.

AUGUST - 2005

[KN 855]

Sub. Code : 487B

B.Sc. (Nursing) DEGREE EXAMINATION.

(For Trained Nurses)

(Modified Regulations)

Second Year

Paper III — MENTAL HEALTH NURSING

Time : Three hours

Maximum : 75 marks

Sec. A & B : Two hours and

Sec. A & B : 60 marks

forty five minutes

Sec. C : Fifteen minutes

Sec. C : 15 marks

Answer Sections A and B in the SAME answer book.

Answer Section C in the answer sheet provided.

Answer ALL questions.

SECTION A — (2 × 15 = 30 marks)

1. (a) Explain the various types of admissions to Mental Health Centres according to Indian Lunacy Act. (10)

(b) Briefly discuss the psychosexual development theory according to Sigmund Freud. (5)

2. (a) Define ECT. Discuss the indications for giving ECT. (5)

(b) Explain the Nursing Management of a patient before and after ECT. (10)

SECTION B — (6 × 5 = 30 marks)

3. Write short notes on the following :

(a) Flooding

(b) Types of psychotherapy

(c) Complications of ECT

(d) Differentiate organic stupor and psychogenic stupor

(e) Indications of psychoanalysis

(f) Neurotransmitters.

[KO 855]

Sub. Code : 4878

B.Sc. (Nursing) DEGREE EXAMINATION.

(For Trained Nurses)

(Modified Regulations)

Second Year

Paper III — MENTAL HEALTH NURSING

Time : Three hours

Maximum : 75 marks

**Sec. A & B : Two hours and
forty five minutes**

Sec. A & B : 60 marks

Sec. C : Fifteen minutes

Sec. C : 15 marks

Answer Sections A and B in the SAME answer book.

Answer Section C in the answer sheet provided.

Answer ALL questions.

SECTION A — (2 × 15 = 30 marks)

1. (a) Discuss the types of schizophrenia. (5)
- (b) Write the nursing care of a patient with
paranoid schizophrenia. (10)

2. (a) Define mental retardation. (2)
- (b) What are the causes of mental retardation? (3)
- (c) How the child with mental retardation is
managed? (10)

SECTION B — (6 × 5 = 30 marks)

3. Write short notes on the following :
 - (a) Therapeutic role of a psychiatric nurse.
 - (b) Nurses role in electroconvulsive therapy.
 - (c) Lithium toxicity.
 - (d) Antisocial personality disorder.
 - (e) National mental health programme.
 - (f) Types of behaviour therapy.

[KP 833]

Sub. Code : 4893

B.Sc. (Nursing) DEGREE EXAMINATION.

(For Trained Nurses)

Second Year — Non-Semester

Paper III — MENTAL HEALTH NURSING

Time : Three hours

Maximum : 75 marks

**Descriptive : Two hours and
forty five minutes**

Descriptive : 60 marks

Objective : Fifteen minutes

Objective : 15 marks

Answer ALL questions.

Write Essays on :

1. (a) List the principles of mental health and psychiatric nursing. Describe any one of them with examples. (1 × 10 = 10)

(b) Define primary prevention. Explain briefly nurses role in preventive psychiatry. (1 × 10 = 10)

2. Describe clinical features, causes and management of paranoid schizophrenia. (1 × 15 = 15)

3. Write short notes on :

(5 × 5 = 25)

- (a) Process recording
- (b) Hallucinations
- (c) Obsessive compulsive disorder
- (d) Psychiatric emergencies
- (e) Lithium carbonate.

AUGUST 2007

[KR 833]

Sub. Code : 4893

B.Sc. (Nursing) DEGREE EXAMINATION.

(For Trained Nurses)

Second Year – Non-Semester

Paper III — MENTAL HEALTH NURSING

Time : Three hours

Maximum : 75 marks

**Descriptive : Two hours and
forty five minutes**

Descriptive : 60 marks

Objective : Fifteen minutes

Objective : 15 marks

Answer ALL questions.

(1) A 52 years old widower got admitted with history of major depression.

(a) Define major depression. (2)

(b) Explain Etiology, clinical manifestation, psychopathology and list down the possible nursing diagnosis and draw the care plan. (13)

(2) (a) Define psychosis. (3)

(b) Discuss the etiology, psychopathology, clinical manifestations and nursing management of epilepsy. (12)

(3) Write short notes on : (6 × 5 = 30)

(a) National mental health programme.

(b) Physical therapy.

(c) Emergency psychiatric.

(d) Legal Responsibilities of psychiatric nurse.

(e) Sheltered workshop.

(f) Psycho pharmacology.

FEBRUARY 2008

[KS 833]

Sub. Code : 4893

B.Sc. (Nursing) DEGREE EXAMINATION.

(For Trained Nurses)

Second Year — Non-Semester

Paper III — MENTAL HEALTH NURSING

Q.P. Code : 684893

Time : Three hours

Maximum : 75 marks

**Descriptive : Two hours and
forty five minutes**

Descriptive : 60 marks

Objective. : Fifteen minutes

Objective : 15 marks

Answer ALL questions.

Essay :

1. List the characteristics of Mentally Healthy person and write in detail the factors that promote mental Health in a person. (15)

2. Define mental retardation, list the causes of mental retardation. Write in detail the nursing management of a 6 years old child with mental retardation. (15)

3. Write short notes on : (6 × 5 = 30)

(a) Therapeutic communication.

(b) Phobia.

(c) Behaviour therapy.

(d) National mental health program.

(e) Autism.

(f) Psychiatric emergencies

August-2008

[KT 833]

Sub. Code : 4893

B.Sc. (Nursing) DEGREE EXAMINATION.

(For Trained Nurses)

Second Year — Non-Semester

Paper III — MENTAL HEALTH NURSING

Q.P. Code : 684893

Time : Three hours

Maximum : 75 marks

Answer ALL questions.

I. Essay : (2 × 15 = 30)

1. (a) Define Schizophrenia. (2)
(b) Mention the types of Schizophrenia. (3)
(c) Explain paranoid schizophrenia and its management with nursing process. (10)
2. (a) Define Psychiatric Nursing. (2)
(b) List out the principles of psychiatric nursing. (5)
(c) Explain the newer concepts in psychiatric nursing. (8)

II. Write short notes on : (5 × 5 = 25)

1. Defense mechanisms.
2. Difference between delirium and dementia.
3. Psychoanalytic theory.
4. Hysteria.
5. Extra-pyramidal symptoms.

III. Short answer questions : (10 × 2 = 20)

1. Mention two types of crisis.
2. Write any four principles of psychiatric nursing.
3. Mention four drugs which can produce Extra-pyramidal symptoms? (EPS)
4. Mention any four techniques of therapeutic communication.
5. Write ICD's classification of Depression.
6. Mention four types of family therapy.

7. Write four types of Schizophrenia.

8. Name any four components of therapeutic relationship.

9. What is meant by Echopraxia?

10. Define Paranoid Schizophrenia.

February 2009

[KU 833]

Sub. Code: 4893

**B.Sc (Nursing) DEGREE EXAMINATION
(For Trained Nurses)
Second Year
Non-Semester
Paper III – MENTAL HEALTH NURSING
*Q.P. Code : 684893***

Time : Three hours

Maximum : 75 marks

Answer All questions.

I. Essays: **(2 x 15 = 30)**

1. Explain the principles, indication, contraindications and role of nurse in various treatment methods of electro convulsive therapy.
2. Describe the clinical features, causes, management and nursing care plan for depression.

II. Write Short Notes on : **(5 x 5 = 25)**

1. Delusion.
2. Crisis intervention.
3. National Mental Health Programme.
4. Hypo chondriasis.
5. Behaviour therapy.

III. Short Answer Questions: **(10 x 2 = 20)**

1. List four traits of schizoid personality disorder.
2. Mention four causes of delirium.
3. Write any four differences between psychosis and neurosis.
4. Mention four types of dissociative amnesia.
5. List four types of personality disorders in cluster B.
6. Mention four causes of mental retardation.
7. List four basic rights of psychiatric patients in hospital.
8. Write four side effects of antidepressants.
9. Write four indications for aversion therapy.
10. Write four A's of Blueyer's classification of symptoms.

August 2009

[KV 833]

Sub. Code: 4893

**B.Sc (Nursing) DEGREE EXAMINATION
(For Trained Nurses)
Second Year
Non-Semester
Paper III – MENTAL HEALTH NURSING
*Q.P. Code : 684893***

Time : Three hours

Maximum : 75 marks

Answer All questions.

I. Essays: (2 x 15 = 30)

1. a) Define mania. (2)
b) Write down its classification, clinical features and psychopathology. (6)
c) Management of the patient with mania – Explain in detail. (7)
2. a) Define crisis intervention. (2)
b) Explain the steps in crisis intervention. (5)
c) Role of nurse in crisis intervention. (8)

II. Write Short Notes on : (5 x 5 = 25)

1. Anti-depressants.
2. Treatment and nursing management of a patient with substance abuse.
3. Eating disorders.
4. Group therapy.
5. Narcoanalysis.

III. Short Answer Questions: (10 x 2 = 20)

1. Write four traits of a person with abnormal behaviour.
2. Write four types of hallucinations.
3. Write any four types of phobias.
4. Mention any four types of defense mechanisms.
5. Mention two types of eating disorders.
6. Write the four classifications of mental retardation.
7. Write four roles of mental health psychotic nurse.
8. What is meant by milieu therapy?
9. Write any four behavioural problems in childhood/children.
10. What do you mean by confabulation?

February 2010

[KW 833]

Sub. Code: 4893

**B.Sc (Nursing) DEGREE EXAMINATION
(For Trained Nurses)**

Second Year

Non-Semester

Paper III – MENTAL HEALTH NURSING

Q.P. Code : 684893

Time : Three hours

Maximum : 75 marks

Answer All questions.

I. Essays:

(2 x 15 = 30)

1. Define alcoholic addiction. Mention the clinical features and effects of alcoholic addiction. Write the medical and nursing management of a 28 year old boy with alcoholic abuse.
2. Describe clinical features, causes and management of a patient with catatonic schizophrenia.

II. Write Short Notes on :

(5 x 5 = 25)

1. Process recording.
2. Violent behaviour.
3. Problems of old age.
4. Legal aspects in mental health.
5. Preventive psychiatry.

III. Short Answer Questions:

(10 x 2 = 20)

1. Write any four examples of specific phobia.
2. Write four types of hallucination.
3. List two causes of organic mental disorder.
4. Mention four principles of psychiatric nursing.
5. Write down four causes of mental disorders.
6. Define - Flight of ideas.
7. Write two clinical signs of Wernicke's encephalopathy.
8. List two contraindications of Electro Convulsive Therapy (ECT).
9. Mention two indications of family therapy.
10. Give two causes for depression.

August 2010

[KX 833]

Sub. Code: 4893

B.Sc (Nursing) DEGREE EXAMINATION

**(For Trained Nurses)
Second Year – Non – Semester**

Paper III – MENTAL HEALTH NURSING

Q.P. Code : 684893

Time : Three hours

Maximum : 75 marks

Answer All questions.

I. Essays:

(2X15=30)

1. Explain in detail the Principles of Mental Health and Psychiatric Nursing.
2. a) Define Therapeutic Communication.
b) List down the Therapeutic Communication Techniques.
c) Discuss in detail the phases of Therapeutic Nurse Patient Relationship.

II. Write Short Notes on :

(5X 5 = 25)

1. Characteristic of a Mentally Healthy Person.
2. Sexual Disorders.
3. Management of Violent Behaviours.
4. Antipsychotics.
5. National Mental Health Programme.

III. Short Answer Questions:

(10X 2 = 20)

1. Mention any four Community Mental Health Agencies.
2. List down any four factors promoting Mental Health.
3. Mention any four types of Delusion.
4. What is Narco Analysis?
5. Mention any two functions of Child Guidance Clinic.
6. Define Process Recording.
7. List down any four type of Personality Disorder.
8. Enumerate any four Extra Pyramidal Symptoms.
9. Write down any four Psychiatric Emergency.
10. Define Echolalia and Echopraxia.

February 2011

[KY 833]

Sub. Code: 4893

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION**

Second Year – Non – Semester

Paper III – MENTAL HEALTH NURSING

Q.P. Code : 684893

Time : Three hours

Maximum : 75 marks

Answer All questions.

I. Essays:

(2X15=30)

1. a) Define Depression.
b) Write down its clinical features.
c) Write down the nursing care of patient with depression.
2. a) Define Electro Convulsive Therapy.
b) Write down the indications and contraindications for Electro Convulsive Therapy.
c) Write in detail pre and post nursing care of patient with Electro Convulsive Therapy.

II. Write Short Notes on :

(5X 5 = 25)

1. Mood stabilizers.
2. Therapeutic nurse – Patient relationship.
3. National mental health programme.
4. Psychotherapy.
5. Psychosomatic disorder.

III. Short Answer Questions:

(10X 2 = 20)

1. Name three main purposes of occupational therapy.
2. List four types of hallucinations.
3. Name two types of eating disorders.
4. Write down two neuro psychiatric complications of chronic alcohol consumption.
5. Mention any four negative symptoms of the patient with Schizophrenia.
6. Write four impending signs of violent behaviour.
7. Define Phobia.
8. What are the four characters of a person with mental health?
9. Write down two different between Delirium and Dementia.
10. Mention any four advanced roles of a psychiatric nurse.

August 2011

[KZ 833]

Sub. Code: 4893

**POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE
EXAMINATION**

Second Year – Non – Semester

Paper III – MENTAL HEALTH NURSING

Q.P. Code : 684893

Time : Three hours

Maximum : 100 marks

Answer All questions.

I. Essays:

(2X20=40)

1. (a) Define mental sub normality.
(b) Write the Etiological factors and diagnostic criteria for mental sub normality.
(c) Explain the nursing management of patients with mental sub normality using nursing process.
2. a) Define Mental Health.
b) Write the principles of mental health.
c) Write the characteristics of mentally healthy and mentally ill person.

II. Write Short Notes on :

(8X 5 = 40)

1. Physical Therapy.
2. Role and Qualities of mental health nurse.
3. Factors promoting and affecting mental health.
4. Obsessive compulsive neurosis.
5. Treatment and nursing management of patient with substance use disorders.
6. Anti psychotics.
7. Preventive psychiatry.
8. Mental retardation.

III. Short Answer Questions:

(10X 2 = 20)

1. Write four Anti-depressants.
2. What is Group therapy?
3. Mention any four causes of Schizophrenia.
4. Differentiate Echopraxia and Echolalia.
5. Differentiate functional Psychosis and Organic Psychosis.
6. Write four signs and symptoms of Alcohol withdrawal.
7. List the Clinical features of Mania.
8. What is Nihilistic delusion?
9. Explain mental status examination.
10. Define obsession.

February 2012

[LA 833]

Sub. Code: 4893

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION**

Second Year – Non – Semester

Paper III – MENTAL HEALTH NURSING

Q.P. Code : 684893

Time : Three hours

Maximum : 75 marks

Answer ALL questions.

I. Elaborate on:

(2X15=30)

1. a) Define Schizophrenia.
b) Write down its types, clinical features and psychopathology.
c) Nursing process of the patient with mania.
2. a) Define Psychiatric emergency.
b) Briefly explain the types of psychiatric emergency.
c) Management at the patient with suicidal ideas.

II. Write notes on :

(5X 5 = 25)

1. Occupational therapy.
2. Therapeutic communication.
3. Mental health team.
4. Role of nurse in crisis intervention.
5. Etiology of mental disorders.

III. Short Answer:

(10X 2 = 20)

1. Write down two differences between somatoform disorder and psychosomatic disorder.
2. List any four types of delusions.
3. Write down any four types of personality disorder.
4. Mention two characteristic features of attention deficit and hyperactive disorder.
5. Write any four indications for electro convulsive therapy.
6. Mention any four therapeutic attitudes.
7. Define mental health.
8. Write down any two etiologies for mental illness.
9. Mention any four techniques used in psychotherapy.
10. Define Neologism.

[LB 833]

AUGUST 2012

Sub. Code: 4893

SECOND YEAR P.B.B.Sc (NURSING) EXAM

Paper III – MENTAL HEALTH NURSING

Q.P. Code : 684893

Time: Three hours

Maximum : 100 marks

(180 Min)

Answer ALL questions in the same order.

I. Elaborate on:

**Pages Time Marks
(Max.) (Max.) (Max.)**

- | | | | |
|---|----|----|----|
| 1. a) Define substance abuse. | 19 | 33 | 20 |
| b) Discuss the various complications of a person with Alcohol dependence syndrome | | | |
| c) Discuss the four most important nursing care of a patient admitted with Alcohol dependence syndrome. | | | |
| 2. Mr. Y 30 years old, is admitted in psychiatric ward with mania | 19 | 33 | 20 |
| a) Define Mania. | | | |
| b) Write down the clinical features of mania. | | | |
| c) Explain the treatment modalities and nursing management of a patient with mania. | | | |

II. Write notes on:

- | | | | |
|--|---|---|---|
| 1. Defense Mechanisms. | 3 | 8 | 5 |
| 2. Personality disorders. | 3 | 8 | 5 |
| 3. Prevention and rehabilitation aspects in substance abuse. | 3 | 8 | 5 |
| 4. Conduct Disorders | 3 | 8 | 5 |
| 5. Mental status Examination | 3 | 8 | 5 |
| 6. Role of Nurse in preventive psychiatry. | 3 | 8 | 5 |
| 7. Antidepressants. | 3 | 8 | 5 |
| 8. ICD Classification of mental disorders. | 3 | 8 | 5 |

III. Short Answers on:

- | | | | |
|---|---|---|---|
| 1. What is family therapy? | 1 | 5 | 2 |
| 2. List down any four Psychiatric Emergencies. | 1 | 5 | 2 |
| 3. Differentiate between Circumstantiality and Tangentiality. | 1 | 5 | 2 |
| 4. Differentiate between Psychosis and Neurosis. | 1 | 5 | 2 |
| 5. Describe the Signs and Symptoms of alcohol intoxication. | 1 | 5 | 2 |
| 6. Describe any two sleeping disorders. | 1 | 5 | 2 |
| 7. Write the clinical features of severe depression. | 1 | 5 | 2 |
| 8. What is Hypochondrial delusion? | 1 | 5 | 2 |
| 9. Process recording. | 1 | 5 | 2 |
| 10. Define Cognition. | 1 | 5 | 2 |

[LC 833]

FEBRUARY 2013

Sub. Code: 4893

POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE

EXAMINATION

Second Year – Non – Semester

Paper III – MENTAL HEALTH NURSING

Q.P. Code : 684893

Time : Three hours
(180 Min)

Maximum : 100 marks

I. Elaborate on:

(2x20=40)

- 1.(a) write on the classification systems of mental disorders
- (b) Examine the etiological factors of mental disorders
- (c) Describe the assessment methods of mental disorders
- 2.(a) Examine the physical methods of treating mental disorders
- (b) Write on the behavior therapy methods
- (c) Explain group therapy.

II. Write Notes on:

(8x5=40)

1. Defense mechanism
2. Therapeutic communications
3. Sleeping disorders
4. Clinical features of alcoholism
5. Preventive psychiatry
6. Substance abuse
7. Psychotherapy
8. Interview skills

III. Short Answers on:

(10x2=20)

1. Explain the concept of mental health
2. Clinical interview –define
3. What is process recording? Explain
4. Explain affective psychosis
5. Define stress
6. What is anorexia nervosa
7. Define phobia
8. Write on the classification of mental sub normality
9. What is narcoanalysis
10. Define catharsis

[LD 833]

AUGUST 2013

Sub. Code: 4893

POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE

EXAMINATION

Second Year – Non – Semester

Paper III – MENTAL HEALTH NURSING

Q.P. Code : 684893

Time : Three hours

Maximum : 100 marks

I. Elaborate on:

(2x20=40)

1. a) Define neurosis.
b) Differentiate neurosis from psychosis.
c) Explain the types, etiological factors, psychopathology, clinical features, diagnostic evaluation and management of a patient with dementia.
2. a) Various types of admission and discharge procedures in a psychiatric hospital
b) Plan a Counseling session for a man (35 yrs old, married) with alcohol withdrawal syndrome.

II. Write Notes on:

(8x5=40)

1. Etiological factors influencing psychological disorders.
2. Freud's Psycho Analytical theory.
3. Group Psychotherapy with relevant examples.
4. Indian classification of mental disorders.
5. Disturbances in thinking.
6. Role and Qualities of a Nurse working in a psychiatric unit
7. Psychosomatic disorders.
8. Lithium Toxicity

III. Short Answers on:

(10x2=20)

1. What is meant by Child Guidance Clinic?
2. Define Homicide
3. Psychopathology of Functional psychosis.
4. Four tests to assess the Attention and Concentration of an individual
5. Four types of Family therapy.
6. Two differences between Hysterical fit and Epileptic fit.
7. Two differences between Endogenous depression and Neurotic depression.
8. Mc Naughten's rule.
9. List out any two defense mechanisms with suitable examples.
10. List any two major and two minor tranquilizers with dose, route and frequency of administration.

[LE 833]

FEBRUARY 2014

Sub. Code: 4893

POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE

EXAMINATION

Second Year – Non – Semester

Paper III – MENTAL HEALTH NURSING

Q.P. Code : 684893

Time : Three hours
(180 Min)

Maximum : 75 marks

I. Elaborate on:

(2x15=30)

1. a) Describe the characteristics of a mentally healthy person.
b) Explain the principles of psychiatric nursing.
2. a) Explain the phases of nurse-patient relationship
b) Discuss the biological causes of Psychiatric disorders.

II. Write Notes on:

(5x5=25)

1. Anti-Psychotic drugs
2. Delirium tremens
3. Management of a patient with suicidal ideations
4. Legal aspects in psychiatric nursing
5. Milieu therapy

III. Short Answers on:

(10x2=20)

1. Define Autism
2. List any four defence mechanisms
3. Define therapeutic communication
4. List any four indications of ECT
5. List four differences between mental health and mental illness.
6. Write any four roles of nurses in prevention of mental illness
7. Mention any four purposes of counseling
8. Enumerate any four clinical features of alcohol dependence
9. Mention any four symptoms of Lithium toxicity
10. Mention the techniques of behavioural therapy.

[LF 833]

AUGUST 2014

Sub. Code: 4893

**POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE
EXAMINATION**

**Second Year – Non – Semester
PAPER III – MENTAL HEALTH NURSING**

Q.P. Code : 684893

Time : Three Hours

Maximum : 75 marks

I. Elaborate on: **(2x15=30)**

1. a) Explain the nurse-patient relationship.
b) Explain the various techniques used in behavioral therapy.
c) Describe the non therapeutic verbal communication techniques.
2. a) Discuss the biological factors causing psychiatric disorders.
b) List the differences between neurosis and psychosis
c) Explain the role of nurse in ECT.

II. Write Notes on: **(5x5=25)**

1. Family therapy
2. Dementia
3. Psychiatric emergencies.
4. Anti depressant drugs
5. Principles of psychiatric nursing.

III. Short Answers on: **(10x2=20)**

1. Define crisis intervention
2. Role of nurse in disulfiram therapy
3. What is delusion?
4. Define phobia
5. List any four clinical features of Attention deficit and hyperactivity disorder
6. Define half way homes
7. Lithium toxicity
8. Define hallucination
9. Define mental health
10. List any four sexual disorders

[LG 833]

FEBRUARY 2015

Sub. Code: 4893

**POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE
EXAMINATION
SECOND YEAR – NON – SEMESTER
PAPER III – MENTAL HEALTH NURSING**

Q.P. Code : 684893

Time : Three hours

Maximum : 75 marks

I. Elaborate on:

(2 x 15 = 30)

1. a) Define Psychiatric Emergencies.
b) Write in detail about Suicide.
2. Discuss in detail about Catatonic Schizophrenia.

II. Write notes on:

(5 x 5 = 25)

1. Differences between hysterical fits and Epilepsy
2. Principles of Psychiatric Nursing
3. Milieu therapy
4. Somatization Disorder
5. Therapeutic communication

III. Short answers on:

(10 x 2 = 20)

1. Mention any four indication of ECT
2. Rationalisation
3. Mention any four techniques of Behaviour therapy
4. Define Insight
5. What do you meant by Flight of ideas
6. Expand EPS and BPAD
7. What is Delusion of persecution?
8. Define Anhedonia
9. Write any two differences between illusion and hallucination
10. Define Agoraphobia

POST BASIC BACHELOR OF SCIENCE IN NURSING

DEGREE EXAMINATION

SECOND YEAR – NON SEMESTER

PAPER III – MENTAL HEALTH NURSING

Q.P. Code: 684893

Time : Three Hours

Maximum : 75 marks

Answer ALL questions

I. Elaborate on:

(2 x 15 = 30)

1. a) Define Alcoholism.
b) Briefly explain the complications of Alcoholism.
c) Discuss about the nursing care of a patient with Alcoholism.
2. Explain in detail about crisis intervention and emphasize on the role of a nurse in Post traumatic stress disorder.

II. Write notes on:

(5 x 5 = 25)

1. Lithium toxicity.
2. Generalized Anxiety Disorder.
3. Characteristic features of Cluster A Personality disorder.
4. Group therapy.
5. Clinical features of Paranoid schizophrenia.

III. Short answers on:

(10 x 2 = 20)

1. Define stress.
2. What is hallucination?
3. Mention any four techniques of therapeutic communication.
4. Mention the phases of Nurse patient relationship.
5. What is Flooding?
6. Define halfway homes.
7. What is Circumstantiality?
8. Write down the indications of Family therapy.
9. Mention four types of obsessions.
10. What is Delirium tremens?

POST BASIC BACHELOR OF SCIENCE IN NURSING

DEGREE EXAMINATION

SECOND YEAR - NON SEMESTER

PAPER III – MENTAL HEALTH NURSING

Q.P. Code : 684893

Time : Three Hours

Maximum : 75 Marks

Answer ALL questions

I. Elaborate on:

(2 x 15 = 30)

1. a) Define Mental Health.
b) Brief the standards and principles of psychiatric nursing.
c) Write the characteristics of mentally ill person.
d) Promoting factors for mentally healthy person.
2. a) Define Electro Convulsive Therapy.
b) Brief the indications and contra indications of Electro Convulsive Therapy.
c) Discuss about pre, intra and post nursing management of client who underwent for Electro Convulsive Therapy.

II. Write notes on:

(5 x 5 = 25)

1. NMHP.
2. Crisis Intervention.
3. Anti psychotics.
4. Group therapy with examples.
5. Psycho Somatic Disorder.

III. Short answers on:

(10 x 2 = 20)

1. Mc Naughtan's rule.
2. What is Aloha?
3. What is Orgasm?
4. Define Personality.
5. What is Cognition?
6. List four causes of Depression.
7. Mention four types of Defense mechanisms.
8. Write down the four behavioral problems in childhood/children.
9. Mention four Psychiatric Emergencies.
10. What is Dysthymia?

[LJ 833]

AUGUST 2016

Sub. Code: 4893

**POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE
EXAMINATION
SECOND YEAR – NON SEMESTER
PAPER III – MENTAL HEALTH NURSING**

Q.P. Code : 684893

Time : Three hours

Maximum : 75 Marks

I. Elaborate on:

(2 x 15 = 30)

1. a) Define Personality disorder.
b) Write the classification of Personality disorder.
c) Discuss about the management and nursing intervention of histrionic Personality disorder.
2. a) Define mental retardation.
b) What are the causes of mental retardation?
c) How the child with mental retardation is managed (Nursing management)?

II. Write notes on:

(5 x 5 = 25)

1. Phobia.
2. Gender identity disorder.
3. Extra pyramidal symptoms.
4. Civil responsibility of mentally ill patients.
5. Principles of crisis intervention.

III. Short answers on:

(10 x 2 = 20)

1. List down the classification of psychotropic drugs.
2. Mention the stages of mood.
3. Define anxiety neurosis.
4. Mention any four types of hallucination.
5. What is clang association?
6. List four characteristics of mentally healthy person.
7. Write down any four psychiatric emergencies.
8. Mention four types of dissociative amnesia.
9. Write any two differences between epileptic fits and dissociative fits.
10. What is Korsakoff's syndrome?

[LK 833]

FEBRUARY 2017

Sub. Code: 4893

**POST BASIC BACHELOR OF SCIENCE IN NURSING DEGREE
EXAMINATION
SECOND YEAR – NON SEMESTER
PAPER III – MENTAL HEALTH NURSING**

Q.P. Code : 684893

Time : Three hours

Maximum : 75 Marks

I. Elaborate on:

(2 x 15 = 30)

1. a) What do you mean by alcohol dependence syndrome?
b) List down the causes of alcoholism.
c) Write medical and nursing management of alcoholism.
2. a) Define schizophrenia.
b) Mention the types of schizophrenia.
c) Explain Paranoid schizophrenia and its management.

II. Write notes on:

(5 x 5 = 25)

1. What are the principles of Psychiatric nursing?
2. National mental health program.
3. Differentiate psychosis and neurosis.
4. Phases of therapeutic communication.
5. Behaviour therapy.

III. Short answers on:

(10 x 2 = 20)

1. List the types of admission procedure in psychiatry.
2. Mention any four neurotransmitters and related mental disorders.
3. Write four delusional disorders.
4. What is free association?
5. Mention different types of phobia.
6. What are the signs and symptoms of post traumatic stress disorders?
7. What are the stages of grief?
8. Name some of the non-pharmacological therapy available in psychiatry.
9. Define confabulation.
10. What are the four types of thought disorders?

[LL 833]

AUGUST 2017

Sub. Code: 4893

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION
SECOND YEAR – NON SEMESTER
PAPER III – MENTAL HEALTH NURSING**

Q.P. Code : 684893

Time : Three hours

Maximum : 75 Marks

I. Elaborate on: **(2 x 15 = 30)**

1. Explain the indication, contraindication, techniques and nursing management of electro-convulsive therapy.
2. a) Define preventive psychiatry.
b) Discuss the model of prevention.
c) Explain the role of nurse in preventive psychiatry.

II. Write notes on: **(5 x 5 = 25)**

1. Etiology of mental disorders.
2. Psychogenic fugue.
3. Anti-depressants.
4. What are the differences between delirium and dementia?
5. Process recording.

III. Short answers on: **(10 x 2 = 20)**

1. Define tangentiality.
2. Name two types of eating disorders.
3. Mention some of the neuropsychiatric complication of chronic alcohol use.
4. Name any four para-phiphilias.
5. Define abreaction.
6. Classification of mental retardation by IQ.
7. Name four sub-types of conduct disorder.
8. Define dysomnia.
9. Four clinical features of anti-social personality disorder.
10. What is agoraphobia?

[LM 833]

FEBRUARY 2018

Sub. Code: 4893

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION
SECOND YEAR – NON SEMESTER
PAPER III – MENTAL HEALTH NURSING**

Q.P. Code : 684893

Time : Three hours

Maximum : 75 Marks

I. Elaborate on: **(2 x 15 = 30)**

1. Describe the incidence, etiology, signs and symptoms, medical management and nursing process of depression.
2. a) Define mental health nursing.
b) List down the mental health team and their functions.
c) Role and qualities of psychiatric nurse.

II. Write notes on: **(5 x 5 = 25)**

1. Therapeutic role of psychiatric nurse.
2. Lithium toxicity.
3. Mental status examination.
4. Electro convulsive therapy.
5. Psycho-somatic disorder.

III. Short answers on: **(10 x 2 = 20)**

1. Mention two types of crisis.
2. Define paranoid schizophrenia.
3. Mention four causes of delirium.
4. Difference between enuresis and encopresis.
5. Write four types of speech disorders.
6. Mention two types of eating disorder.
7. Define neologism.
8. Mention four indications for group therapy.
9. Mention the types of obsession.
10. What are the three 'E's of mania?

[LN 833]

AUGUST 2018

Sub. Code: 4893

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION**

SECOND YEAR – NON SEMESTER

PAPER III – MENTAL HEALTH NURSING

Q.P. Code : 684893

Time : Three Hours

Maximum : 75 Marks

I. Elaborate on:

(2 x 15 = 30)

1. a) Define mania.
b) Briefly explain the clinical features of mania.
c) Write down the management and nursing care of patient with mania.
2. a) Define crisis intervention.
b) Explain the techniques of crisis intervention.
c) Common nursing intervention related to crisis.

II. Write notes on:

(5 x 5 = 25)

1. Cognitive behaviour therapy.
2. Histrionic personality disorder.
3. Pervasive developmental disorder.
4. Gender identity disorder.
5. Briefly explain panic attack.

III. Short answers on:

(10 x 2 = 20)

1. Define depersonalization.
2. Define half-way home.
3. Mention some of the specific developmental disorder.
4. Mention four types of obsession.
5. What is normal IQ? How will you calculate IQ?
6. Define neologism.
7. What is Zoophilia?
8. Aversion therapy.
9. Mention any four negative symptoms of schizophrenia.
10. What is nihilistic delusion?

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION**

SECOND YEAR – NON SEMESTER

PAPER III – MENTAL HEALTH NURSING

Q.P. Code: 684893

Time : Three Hours

Maximum : 75 Marks

I. Elaborate on: **(2 x 15 = 30)**

1. a) Define Psychiatric Emergency.
b) Discuss in detail the management of the client with suicidal tendency.
2. a) Define bipolar affective disorder.
b) What are the types of bipolar affective disorders?
c) Describe the nursing management of manic client of 30 years.

II. Write notes on: **(5 x 5 = 25)**

1. Antipsychotic drugs.
2. Anxiety neurosis.
3. Occupational Therapy.
4. Drug addiction.
5. Characteristics of mentally healthy person.

III. Short answers on: **(10 x 2 = 20)**

1. Write any four causes of organic mental disorder.
2. Define defense mechanism.
3. Write four extra-pyramidal symptoms.
4. Write any four signs of aggressive behaviour.
5. What is persecutory delusion?
6. Mention four advanced role of psychiatric nurse.
7. Define crisis.
8. Mention difference between suicide and homicide.
9. Mention four symptoms of autism.
10. List any four paraphilias.

[LP 833]

AUGUST 2019

Sub. Code: 4893

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION**

SECOND YEAR – NON SEMESTER

PAPER III – MENTAL HEALTH NURSING

Q.P. Code: 684893

Time : Three Hours

Maximum : 75 Marks

I. Elaborate on: (2 x 15 = 30)

1. Define Dissociative and Conversion Disorder and explain its types, clinical Manifestations with various nursing management.
2. Discuss in details the various Phases of Nurse – patient Relationship and the nurse's role during each phase.

II. Write notes on: (5 x 5 = 25)

1. Disulfiram reaction.
2. Suicidal prevention.
3. Briefly explain on acute psychosis.
4. Anti-psychotic drugs.
5. Violent behavior.

III. Short answers on: (10 x 2 = 20)

1. Define Truancy.
2. Halfway home.
3. Write four contraindications for ECT.
4. What do you mean by Detoxication?
5. List four traits of schizoid personality disorder.
6. Mention four disorders of pervasive developmental disorders.
7. Mention any four civil responsibility of a psychiatric patient.
8. List down four negative symptoms of schizophrenia.
9. Differentiate obsession and compulsion.
10. Write four stages of mania.

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION**

SECOND YEAR – NON SEMESTER

PAPER III – MENTAL HEALTH NURSING

Q.P. Code: 684893

Time : Three Hours

Maximum : 75 Marks

I. Elaborate on:

(2 x 15 = 30)

1. a) Define obsessive compulsive disorder.
b) Explain about its causes.
c) Write the nursing management for patient with obsessive compulsive disorder.
2. a) Define mental illness.
b) Explain the etiological causes for mental illness.
c) Discuss the therapeutic techniques during nurse -patient relationship.

II. Write notes on:

(5 x 5 = 25)

1. Complication of alcohol dependence syndrome.
2. Occupational therapy.
3. Post-traumatic stress disorder.
4. Rehabilitative measures for MR Child.
5. Extra-pyramidal symptoms.

III. Short answers on:

(10 x 2 = 20)

1. Define Mental Health.
2. Define substance.
3. Mention any two therapeutic Impasses.
4. Write down the positive symptoms of Schizophrenia.
5. Define Attention Deficit Hyperactivity Disorder.
6. State any two agencies for alcohol dependence syndrome.
7. Classify mental sub-normality.
8. What is narco-analysis?
9. List four basic rights for psychiatric patients.
10. Differentiate between delusion of perseveration and delusion of persecution.

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION**

SECOND YEAR – NON SEMESTER

PAPER III – MENTAL HEALTH NURSING

Q.P. Code: 684893

Time : Three Hours

Maximum : 75 Marks

I. Elaborate on: (2 x 15 = 30)

1. a) Define Anti-Psychotics.
b) Classify and explain types of Anti-Psychotics.
c) Discuss in detail the Side-effects of these drugs and Nurses role.
2. a) Write about the principles of Psychiatric Nursing.
b) What are the legal responsibilities of Psychiatric Nurse for admitting a mentally ill client in a Psychiatric unit.

II. Write notes on: (5 x 5 = 25)

1. Milieu therapy.
2. Classification of Mental Illness.
3. Psycho-therapy.
4. Therapeutic Communication.
5. Preventive Psychiatry.

III. Short answers on: (10 x 2 = 20)

1. Define Illusion.
2. What is Flooding?
3. What is Tangentiality?
4. Write any four indications for Electro-Convulsive Therapy.
5. Write four clinical features of Schizophrenia.
6. Mention classification of Mental Sub-Normality.
7. Define Mental Health Nursing.
8. Mention four signs and symptoms of Alcohol Withdrawal.
9. Mention two differences between Delirium and Dementia.
10. Write any four Behavioral Problems of childhood.

POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION

SECOND YEAR – NON SEMESTER

PAPER III – MENTAL HEALTH NURSING

Q.P. Code: 684893

Time : Three Hours

Maximum : 75 Marks

I. Elaborate on: (2 x 15 = 30)

1. Etiology, types and treatment for Phobic Disorder and Explain the nursing management for two Priority Diagnosis.
2. Define Mental Retardation and Discuss in detail the Etiology, Signs, Symptoms, types of Mental Retardation and the Management of child with Mental Retardation.

II. Write notes on: (5 x 5 = 25)

1. Specific Development Disorder.
2. Mood Stabilizers.
3. Principles of Counselling.
4. Group Therapy.
5. Civil Responsibilities of a mentally ill Patient.

III. Short answers on: (10 x 2 = 20)

1. What is Delirium Tremens?
2. What is sun Downing syndrome?
3. Narcolepsy.
4. List any four Sign / Symptoms of Histrionic Personality Disorder.
5. What are the Somatic Symptoms of Depression?
6. Advantages of Dance Therapy.
7. Name any four Neurotransmitters.
8. What is Abreaction?
9. Define Mc Naughten's Rule.
10. What is Paedophilia?

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[PBBSCN 1021]

**OCTOBER 2021
(AUGUST 2021 SESSION)**

Sub. Code: 4893

**POST BASIC B.Sc. NURSING DEGREE EXAMINATION
(Regulations for candidates admitted from 2010-2011 sessions onwards)**

FINAL YEAR

PAPER III – MENTAL HEALTH NURSING

Q.P. Code: 684893

Time : Three Hours

Answer ALL Questions

Maximum : 75 Marks

I. Elaborate on:

(2 x 15 = 30)

1. a) Define crisis intervention.
b) Explain principles and techniques of crisis intervention.
c) Explain the role of a nurse in crisis intervention.
2. a) Define personality disorder.
b) What are the causes of personality disorder?
c) Discuss about the nursing intervention for antisocial personality disorder.

II. Write notes on:

(5 x 5 = 25)

1. Lithium toxicity
2. Generalized anxiety disorder.
3. Process recording.
4. Dementia.
5. Admission and discharge procedures in a psychiatric hospital.

III. Short answers on:

(10 x 2 = 20)

1. Differentiate echopraxia and echolalia.
2. What is zoophilia?
3. Define confabulation.
4. What do you mean by flight of ideas?
5. Mention any four purposes of counseling.
6. What is anhedonia?
7. Define stress.
8. Mention two indications for family therapy.
9. What is normal IQ? How will you calculate IQ?
10. Mention any four types of hallucination.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[PBBSCN 0722]

**JULY 2022
(FEBRUARY 2022 SESSION)**

Sub. Code: 4893

**POST BASIC B.Sc. NURSING DEGREE EXAMINATION
(Regulations for candidates admitted from 2010-2011 sessions onwards)**

FINAL YEAR

PAPER III – MENTAL HEALTH NURSING

Q.P. Code: 684893

Time : Three Hours

Answer ALL Questions

Maximum : 75 Marks

I. Elaborate on: (2 x 15 = 30)

1. Define attention deficit hyperactivity disorder and discuss the nursing management of child with attention deficit hyperactivity disorder.
2. Define preventive psychiatry. Discuss the model of prevention and the role of nurse in preventive psychiatry.

II. Write notes on: (5 x 5 = 25)

1. Major tranquilizers.
2. Phobia.
3. Psychosomatic disorder.
4. Briefly explain panic attack.
5. Eating disorders.

III. Short answers on: (10 x 2 = 20)

1. Mention the techniques of behavioral therapy.
2. What are the stages of mania?
3. Define Neologism.
4. Write four A' S of Blueyer's classification of symptoms.
5. Mention four causes of mental retardation.
6. What is tangentiality?
7. Rationalisation.
8. What is enuresis?
9. Define verbigeration.
10. Define addiction.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[[PBBSCN 1122]

**NOVEMBER 2022
(AUGUST 2022 EXAM SESSION)**

Sub. Code: 4893

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION**

(Regulations for candidates admitted from 2010-2011 sessions onwards)

FINAL YEAR

PAPER III – MENTAL HEALTH NURSING

Q.P. Code: 684893

Time : Three Hours

Answer ALL Questions

Maximum : 75 Marks

I. Elaborate on: **(2 x 15 = 30)**

1. a) Define Depression.
b) Write down its clinical features.
c) Write down the nursing care of patient with depression.
2. a) Define alcoholic addiction.
b) Mention the clinical features and effects of alcoholic addiction.
c) Write the medical and nursing management of a client with alcoholic abuse.

II. Write notes on: **(5 x 5 = 25)**

1. Eating disorders.
2. Anxiolytics.
3. Rights of mentally ill patients.
4. Phases of therapeutic communication.
5. Clinical features of paranoid schizophrenia.

III. Short answers on: **(10 x 2 = 20)**

1. Mention the four classification of mental retardation.
2. Signs any symptoms of Lithium Toxicity.
3. List any four types of personality disorder
4. Types of Hallucination.
5. Dejavu.
6. What is Trichotilomania?
7. Define Tangentiality.
8. Write down 2 difference between functional psychosis and organic psychosis.
9. Four A's of Blucler's classification of schizophrenia.
10. What is Transference?

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[PBBSCN 0323]

**MARCH 2023
(FEBRUARY 2023 EXAM SESSION)**

Sub. Code: 4893

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION**

(Regulations for candidates admitted from 2010-2011 sessions onwards)

FINAL YEAR

PAPER III – MENTAL HEALTH NURSING

Q.P. Code: 684893

Time : Three Hours

Answer ALL Questions

Maximum : 75 Marks

I. Elaborate on: **(2 x 15 = 30)**

1. a) Define Schizophrenia.
b) Describe the classification and first rank symptoms of Schizophrenia.
c) Discuss the nursing management of Paranoid Schizophrenia.
2. Legal aspects in Psychiatry and Mental Health Services.

II. Write notes on: **(5 x 5 = 25)**

1. Difference between psychosis and neurosis.
2. Delirium.
3. Roles and responsibilities of nurse in a psychiatric unit.
4. Dissociative disorders.
5. Marital therapy.

III. Short answers on: **(10 x 2 = 20)**

1. Counter transference.
2. Token economy.
3. Crisis.
4. Alogia.
5. Delusion.
6. Dysthymia.
7. Stages of grief.
8. Temper tantrums.
9. Thought broadcasting.
10. Catharsis.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[PBBSCN 1123]

**NOVEMBER 2023
(AUGUST 2023 EXAM SESSION)**

Sub. Code: 4893

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION**

(Regulations for candidates admitted from 2010-2011 sessions onwards)

FINAL YEAR

PAPER III – MENTAL HEALTH NURSING

Q.P. Code: 684893

Time : Three Hours

Answer ALL Questions

Maximum : 75 Marks

I. Elaborate on: **(2 x 15 = 30)**

1. a) Define Bipolar Affective Disorder.
b) Describe the clinical manifestations of Bipolar Affective Disorder.
c) Explain the nursing management of patient with depression.
2. Write the indication, contraindication and nursing management before, during and after Electroconvulsive therapy?

II. Write notes on: **(5 x 5 = 25)**

1. National Mental Health Program.
2. Management of Violent patients.
3. ICD-10 classification of mental disorders.
4. Mental Health Team.
5. Extrapyramidal symptoms of anti psychotics.

III. Short answers on: **(10 x 2 = 20)**

1. Types of phobia.
2. Circumstantiality.
3. Waxy flexibility.
4. Sleep disorders.
5. Abreaction.
6. Hysterical fits.
7. Four sexual disorders.
8. Grandiose delusions.
9. Four phases of nurse patient relationship.
10. Ambivalence.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[PBBSCN 0824]

AUGUST 2024

Sub. Code: 4893

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION**

(Regulation for the candidates admitted from the Academic Year 2010-2011 onwards)

FINAL YEAR

PAPER III – MENTAL HEALTH NURSING

Q.P. Code: 684893

Time : Three Hours

Answer ALL Questions

Maximum : 75 Marks

I. Elaborate on:

(2 x 15 = 30)

1. a) Define Obsessive – Compulsive Disorder.
b) Explain the causes of obsessive-compulsive disorder.
c) Write the nursing management of patient with obsessive - compulsive disorder.
2. a) Define Mental Illness.
b) Explain the causes of Mental Illness.
c) Discuss the factors promoting mental health.

II. Write notes on:

(5 x 5 = 25)

1. Models of preventive psychiatry.
2. Group therapy.
3. Phobia.
4. Differentiate Psychosis and Neurosis.
5. Indications and contraindications of Electro convulsive therapy.

III. Short answers on:

(10 x 2 = 20)

1. Mention four negative symptoms of schizophrenia.
2. List any four causes of depression.
3. Define crisis.
4. Mention four symptoms of Autism.
5. Write any four indications for Dance therapy.
6. Classify mental subnormality.
7. What is Lithium toxicity.
8. Mention four Behaviour therapy techniques.
9. Mention four Extrapyrmidal symptoms.
10. List down four psychiatric emergencies.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[PBBSCN 1224]

DECEMBER 2024

Sub. Code: 4893

**POST BASIC BACHELOR OF SCIENCE IN NURSING
DEGREE EXAMINATION**

(Regulation for the candidates admitted from the Academic Year 2010-2011 onwards)

FINAL YEAR

PAPER III – MENTAL HEALTH NURSING

Q.P. Code: 684893

Time : Three Hours

Answer ALL Questions

Maximum : 75 Marks

I. Elaborate on:

(2 x 15 = 30)

1. a) Discuss in detail the components, characteristics and phases of therapeutic Nurse-Patient relationship.
b) Describe the role of Nurse in each phase and its therapeutic impasses.
2. a) Define Preventive Psychiatry.
b) Discuss the role of Nurse in Preventive Psychiatry.

II. Write notes on:

(5 x 5 = 25)

1. Antipsychotic drugs.
2. Characteristics of Mentally Healthy Person.
3. Role of the Nurses during Electro Convulsive Therapy.
4. Types of Schizophrenia.
5. Difference between Delirium and Dementia.

III. Short answers on:

(10 x 2 = 20)

1. List four traits of Schizoid personality disorder.
2. List any four rights of Psychiatric patients.
3. Write any four types of Hallucination.
4. Define Confabulation.
5. Write four principles of Psychiatric Nursing.
6. Mention four causes of Depression.
7. Write any four Extrapyrarnidal symptoms.
8. List down four factors promoting Mental Health.
9. Define Phobia.
10. What is Aversion therapy?

THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY

[PBBSCN 1025]

**OCTOBER 2025
(AUGUST 2025 EXAM SESSION)**

Sub. Code: 4893

**POST BASIC B.Sc. NURSING DEGREE COURSE EXAMINATION
(Regulations for the candidates admitted from 2010-2011 sessions onwards)**

FINAL YEAR

PAPER III – MENTAL HEALTH NURSING

Q.P. Code: 684893

Time : Three Hours

Answer ALL Questions

Maximum : 75 Marks

I. Elaborate on:

(2 x 15 = 30)

1. a) Discuss the Biological factors causing Psychiatric disorders.
b) List the differences between Psychosis and Neurosis.
c) Explain the role of Nurse in ECT.
2. a) Define Mental retardation.
b) Discuss in detail the etiology, signs and symptoms of Mental retardation.
c) Explain the types and the management of child with mental retardation.

II. Write notes on:

(5 x 5 = 25)

1. Process recording.
2. Management of Violent behaviour.
3. Anti-Psychotic drugs.
4. Preventive Psychiatry.
5. Risk factors for Substance abuse.

III. Short answers on:

(10 x 2 = 20)

1. List any four causes of depression.
2. Mention any four Mental Health agencies.
3. What is Delusion?
4. Types of Hallucination.
5. List down four Psychiatric emergencies.
6. What is repression?
7. Mention any two mood stabilizers.
8. Define Mental Health Nursing.
9. List any four types of Schizophrenia.
10. List any four rights of Psychiatric patients.
