

[LB 6162]

AUGUST 2012
THIRD YEAR BOT EXAM
Paper – III OT IN PSYCHIATRY
Q.P. Code : 786162

Sub. Code : 6162

Time: Three Hours

Maximum: 100 marks

(180 Min) Answer ALL questions in the same order.

I. Elaborate on:

Pages Time Marks
(Max.)(Max.)(Max.)

- | | | | |
|--|----|----|----|
| 1. Outline the types of mood disorders and write in detail the occupational Therapy Management for a person with Manic Depressive psychosis. | 19 | 33 | 20 |
| 2. Explain behavioural techniques and its use in Mental retardation. | 19 | 33 | 20 |

II. Write Notes on:

- | | | | |
|--|---|---|---|
| 1. Adaptive living skills training. | 3 | 8 | 5 |
| 2. Awareness group. | 3 | 8 | 5 |
| 3. Occupational Therapy role in substance abuse. | 3 | 8 | 5 |
| 4. Systematic desensitization. | 3 | 8 | 5 |
| 5. Occupational Therapy Management in anxiety disorders. | 3 | 8 | 5 |
| 6. Counseling care takers of psychiatric clients. | 3 | 8 | 5 |
| 7. Plan a social skills training group for chronic schizophrenics. | 3 | 8 | 5 |
| 8. Mental status examination. | 3 | 8 | 5 |

III. Short Answers :

- | | | | |
|---|---|---|---|
| 1. Write four characteristics of a potential clients. | 1 | 5 | 2 |
| 2. Alcoholics anonymous. | 1 | 5 | 2 |
| 3. Types of referrals. | 1 | 5 | 2 |
| 4. Interest check list. | 1 | 5 | 2 |
| 5. Occupational performance. | 1 | 5 | 2 |
| 6. Assessment of gross motor skills in children with learning disability. | 1 | 5 | 2 |
| 7. Sheltered workshop. | 1 | 5 | 2 |
| 8. Personality questionnaire. | 1 | 5 | 2 |
| 9. Prevocational assessment. | 1 | 5 | 2 |
| 10. Uses of clay modeling. | 1 | 5 | 2 |

[LC 6162]

FEBRUARY 2013

Sub. Code : 6162

THIRD YEAR BOT EXAM

Paper – III OT IN PSYCHIATRY

Q.P. Code : 786162

Time: Three Hours

Maximum: 100 marks

(180 Min)

I. Elaborate on:

(2X20=40)

- 1 Role of Executive functions in psychiatric disorders
- 2 Behavioural Approach to Rehabilitation of Patients with Substance-Use Disorders

II. Write Notes on:

(8X5=40)

- 1 Relaxation Procedures
- 2 Sensory integration for chronic schizophrenics
- 3 Analysis of activity complexity
- 4 Writing disabilities
- 5 Developmental groups
- 6 Drama therapy
- 7 Psychodynamics
- 8 Discuss self concept

III. Short Answers :

(10X2=20)

- 1 Recreation
- 2 Anal stage
- 3 Conflict
- 4 Altruism
- 5 Aptitude
- 6 Cardinal trait
- 7 Scheduling
- 8 Repression
- 9 Group norms
- 10 Reality testing

[LD 6162]

AUGUST 2013

Sub. Code : 6162

THIRD YEAR BOT EXAM
Paper III – OT IN PSYCHIATRY
Q.P. Code: 786162

Time: Three hours

Maximum : 100 marks

I. Elaborate on: (2x20 = 40)

1. What are the clinical features of obsessive compulsive neurosis? Explain the OT management for 25 years old chartered accountant with the complaints of repeated checking.
2. Plan out OT management for a 45years old businessman with first episode of mania.

II. Write Notes on: (8x5 = 40)

1. Half way homes
2. Mention the precautions to be considered while treating depressed clients.
3. OT role in the management of 14 years old boy with antisocial personality disorder.
4. Various causes of schizophrenia.
5. How painting can be used as projective technique
6. Explain the volitional sub system and its contribution to occupational performance
7. Write the management of hallucinations and delusions
8. Electroconvulsive therapy

III. Short Answers on: (10x2 = 20)

1. Token economy
2. Project group
3. Mention four therapeutic use of collage
4. Negative symptoms of schizophrenia
5. Mention four differences between neurotic and psychotic depression
6. La-belle-indifference
7. Habituation
8. Name four sensory integrative activities for schizophrenia
9. Intrapersonal skills
10. Expressed emotions

[LE 6162]

FEBRUARY 2014
THIRD YEAR BOT EXAM
Paper III – OT IN PSYCHIATRY
Q.P. Code: 786162

Sub. Code : 6162

Time: Three hours

Maximum : 100 marks

I. Elaborate on: (2x20 = 40)

1. Plan out OT management using all possible approaches for a 35 years old housewife diagnosed to have depression following loss of her husband
2. Plan out OT management for a 45 years old male, working as a professor in a college, diagnosed as paranoid schizophrenia.

II. Write Notes on: (8x5 = 40)

1. Mention the functions of sheltered workshop
2. List precautions to be considered in a group therapy for a heterogeneous patient group
3. Treatment for a 18years old girl with moderate mental retardation
4. List OT objectives for substance abuse.
5. Management of dementia
6. OT management for repeated washing seen in obsessive compulsive neurosis
7. Explain clay modeling as a projective technique
8. Mosey's adaptive skills

III. Short Answers on: (10x2 = 20)

1. Activity scheduling
2. Rosach's ink blot
3. Therapeutic values of paper mat weaving
4. Grandiose delusions
5. Four difference between neurological fit and dissociative convulsions
6. Cue- management
7. Waxi flexibility
8. Name four gradations to improve frustration tolerance
9. Pre-morbid personality
10. Transference.

[LF 6162]

AUGUST 2014

Sub. Code : 6162

**THIRD YEAR BOT EXAM
PAPER III – OT IN PSYCHIATRY**

Q.P. Code: 786162

Time: Three hours

Maximum: 100 marks

I. Elaborate on:

(2x20=40)

1. Discuss Occupational Therapy intervention for a 40 year old lady with Obsessive Compulsive disorder.
2. Discuss Cognitive Behavior Therapy for a 30 year old software engineer with Depression.

II. Write Notes on:

(8x5=40)

1. What are first rank symptoms in Schizophrenia? Describe briefly.
2. Differentiate between Delusions and Phobias.
3. Compare characteristics of patients and therapist in Project and Egocentric Groups.
4. Nonverbal social Skills.
5. Therapeutic Use of self.
6. Psychiatric Rehabilitation.
7. OT management for Anorexia Nervosa.
8. Cluster A Personality Disorders.

III. Short Answers on:

(10x2=20)

1. Urge surfing and Seemingly Irrelevant decisions.
2. Minimization and Maximization.
3. Token Economy.
4. Time Scheduling.
5. Differentiate Structured, Semi structured and Unstructured activities.
6. Abstract Thinking.
7. Differentiate between Assertive and Aggressive behavior.
8. Halfway homes.
9. Geriatric units.
10. Tangentiality and Circumstantiality.

[LG 6162]

FEBRUARY 2015

Sub. Code : 6162

**THIRD YEAR BOT EXAMINATION
PAPER III – OT IN PSYCHIATRY**

Q.P. Code: 786162

Time: Three hours

Maximum: 100 marks

I. Elaborate on:

(2 x 20 = 40)

1. Plan OT management for a 18 yrs old college student diagnosed as conversion reaction. This is 2nd admission in hospital with complains of unable to move lower limbs.
2. Explain model of human occupation. How is it used in the treatment of psychiatric clients?

II. Write notes on:

(8 x 5 = 40)

1. OT management for psychomotor retardation
2. Cue – management
3. Classification of mental retardation
4. OT management for dementia
5. Attitudes used by therapists
6. Ego strengthening
7. Developmental groups
8. OT management for eating disorders

III. Short answers on:

(10 x 2 = 20)

1. Intrapersonal skills
2. Time scheduling
3. Family therapy units
4. Clay modeling
5. Negative symptoms in schizophrenia
6. Regression
7. Hallucination
8. Write any four principles of counseling
9. Maximization and minimization
10. Neologism

[LH 6162]

AUGUST 2015

Sub. Code: 6162

**THIRD YEAR BOT EXAMINATION
PAPER III – OT IN PSYCHIATRY**

Q.P. Code: 786162

Time: Three hours

Maximum: 100 marks

I. Elaborate on:

(2 x 20 = 40)

1. OT management for a 45 yrs old school teacher diagnosed as paranoid schizophrenia. Add a note on expressed emotion.
2. OT management for generalized anxiety disorder.

II. Write notes on:

(8 x 5 = 40)

1. Techniques to reduce obsessions.
2. Explain drawing and coloring as a projective technique.
3. OT objectives for a boy with borderline personality disorder.
4. CBT techniques for depression.
5. Half-way homes.
6. Potential client.
7. OT management for thumb sucking.
8. Role play.

III. Short answers on:

(10 x 2 = 20)

1. Ego.
2. ECT.
3. Parachute games.
4. Signs and symptoms of dementia.
5. Volition.
6. Active friendliness.
7. List any four thought disorders.
8. Project level group.
9. Mention any four difference between psychosis and neurosis.
10. Agoraphobia.

[LI 6162]

FEBRUARY 2016

Sub. Code: 6162

**THIRD YEAR BOT EXAMINATION
PAPER III – OT IN PSYCHIATRY**

Q.P. Code: 786162

Time: Three hours

Maximum: 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. Plan OT management for a 35yrs old married man, admitted for de-addiction program.
2. Discuss the role of activities in Psychiatric treatment.

II. Write notes on:

(8 x 5 = 40)

1. Interest checklist.
2. Reinforcements.
3. Precautions in a Psychiatric unit.
4. Day Care Center.
5. Value of group therapy in Psychiatry.
6. Prevocational training for a 18yrs old male with Mental Retardation.
7. OT management for Social Phobia.
8. CBT techniques for depression.

III. Short answers on:

(10 x 2 = 20)

1. Dyadic interaction skills.
2. Transference.
3. Habit training.
4. Rosach inkblot test.
5. List Psychiatric team members.
6. Egocentric cooperative group.
7. Pica.
8. Level 4 Insight.
9. Perseveration.
10. List four therapeutic values of collage relevant to Psychiatry.

[LJ 6162]

AUGUST 2016

Sub. Code: 6162

**THIRD YEAR BOT EXAMINATION
PAPER III – OT IN PSYCHIATRY**

Q.P. Code: 786162

Time: Three hours

Maximum: 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. What is Obsessive Compulsive Disorder? Explain the occupational therapy, management in OCD.
2. Discuss the various therapeutic groups and its role in intervention for Psychiatric patients.

II. Write notes on:

(8 x 5 = 40)

1. Milieu therapy.
2. Bio feedback.
3. Occupational performance.
4. Mental status examination.
5. Social skills training.
6. Disorders of empathy.
7. Psycho social intervention.
8. Explain 'Activity as Therapy'.

III. Short answers on:

(10 x 2 = 20)

1. Role of psychiatrist in the Rehabilitation team.
2. Clinical features of ADHD.
3. Active friendliness.
4. Family therapy unit.
5. Minimization.
6. Eating disorders.
7. Counseling methods.
8. Hypochondriasis.
9. Thought process.
10. Modeling.

[LK 6162]

FEBRUARY 2017

Sub. Code: 6162

**BOT DEGREE EXAMINATION
THIRD YEAR
PAPER III – OT IN PSYCHIATRY**

Q.P. Code: 786162

Time: Three hours

Maximum: 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. Describe the application of cognitive behavioural therapy for persons with Anxiety Neurosis.
2. Outline the various types of Psychiatric problems of childhood. Explain the principles and techniques used by an occupational therapist for children with Psychiatric problems.

II. Write notes on:

(8 x 5 = 40)

1. Therapeutic use of self.
2. Task oriented groups.
3. Projective techniques.
4. Mosey's adaptive skills.
5. Roles of activities in psychiatry.
6. Sheltered workshops.
7. Aversion therapy.
8. Conversion symptoms in Hysteria.

III. Short answers on:

(10 x 2 = 20)

1. Therapeutic community.
2. Pre vocational assessment.
3. Volition.
4. Narcissistic personality disorder.
5. Psychodrama.
6. Auditory hallucinations.
7. Writer's cramp.
8. Write 2 O.T aims for dementia.
9. Role play.
10. Frame of reference.

[LL 6162]

AUGUST 2017

Sub. Code: 6162

BOT DEGREE EXAMINATION
(Regulations for the candidates admitted from 2013-2014 onwards)
THIRD YEAR
PAPER III – OT IN PSYCHIATRY

Q.P. Code: 786162

Time: Three hours

Maximum: 100 Marks

I. Elaborate on: **(2 x 20 = 40)**

1. Describe the application of model of human occupation in various Psychiatric conditions.
2. What is Stress? What are the physiological changes that take place? Discuss Stress management techniques.

II. Write notes on: **(8 x 5 = 40)**

1. Outline few activities to improve self esteem of a person.
2. Relaxation techniques.
3. S.I therapy for chronic schizophrenics.
4. Types of defense mechanism.
5. Role of O.T in Anorexia Nervosa.
6. Positive and negative symptoms of schizophrenia.
7. Vocational training for children with mental retardation.
8. Awareness group.

III. Short answers on: **(10 x 2 = 20)**

1. Difference between delusion and hallucination.
2. Methods of evaluation used by occupational therapists in psychiatry.
3. Half way home.
4. Activity configuration.
5. Project level group.
6. Therapeutic benefits of free drawing.
7. Enuresis.
8. Symptoms of Bipolar mood disorder.
9. Volition sub component.
10. Negative reinforcement.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[LN 6162]

AUGUST 2018

Sub. Code: 6162

**BOT DEGREE EXAMINATION
(Regulations for the candidates admitted from 2010-2011 onwards)
THIRD YEAR
PAPER III – OT IN PSYCHIATRY**

Q.P. Code: 786162

Time: Three hours

Maximum: 100 Marks

I. Elaborate on: (2 x 20 = 40)

1. Role of Occupational therapy in improving functioning for people with mental illness.
2. Cognitive behavioural therapy for a 30 year old home maker diagnosed with Dysthymia.

II. Write notes on: (8 x 5 = 40)

1. Cognitive deficits in Schizophrenia.
2. Sleep hygiene techniques.
3. Negative Automatic Thoughts.
4. Assertive skills.
5. Assessment of homemaking skills.
6. Activities to improve balance in Sensory Integration Therapy for Schizophrenia.
7. Sensory diet.
8. Schedules of reinforcement.

III. Short answers on: (10 x 2 = 20)

1. Judgement.
2. Asociality.
3. Hyperactivity.
4. Time out.
5. Allen Cognitive Level Test.
6. Social smile.
7. Self disclosure.
8. Generalisation.
9. Compulsion.
10. Sun downing.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[LO 6162]

FEBRUARY 2019

Sub. Code: 6162

**BOT DEGREE EXAMINATION
(Regulations for the candidates admitted from 2010-2011 onwards)
THIRD YEAR
PAPER III – OT IN PSYCHIATRY**

Q.P. Code: 786162

Time: Three hours

Maximum: 100 Marks

I. Elaborate on: **(2 x 20 = 40)**

1. Mental status examination for people with mental illness.
2. Developmental groups for a 35 year software engineer with Social phobia.

II. Write notes on: **(8 x 5 = 40)**

1. Life skills training for Chronic Mental Illness.
2. Conversation skills.
3. Cognitive triad.
4. Anger management.
5. Assessment of sensory motor skills.
6. Activity scheduling.
7. Alternative seating devices for Attention Deficit Hyperactivity Disorder.
8. Draw A Person test.

III. Short answers on: **(10 x 2 = 20)**

1. Insight.
2. Anhedonia.
3. Truancy.
4. Errorless learning.
5. Sensory profile.
6. Distraction.
7. Confidentiality.
8. Fading out.
9. Phobia.
10. Munchausen syndrome.

THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY

[LP 6162]

AUGUST 2019

Sub. Code: 6162

**BOT DEGREE EXAMINATION
(Regulations for the candidates admitted from 2010-2011 onwards)
THIRD YEAR
PAPER III – OT IN PSYCHIATRY**

Q.P. Code: 786162

Time: Three hours

Maximum: 100 Marks

I. Elaborate on: **(2 x 20 = 40)**

1. Occupational therapy assessment for people with mental illness.
2. Behaviour therapy for a 18 year old with self injurious behaviour diagnosed with Intellectual Disability.

II. Write notes on: **(8 x 5 = 40)**

1. Activities for a person with Depression.
2. Activities for project level of Mosey's group interaction skills.
3. Thought diary.
4. Coping skills.
5. Assessment of childcare skills.
6. Activities for person at Allen's Cognitive Level 5.
7. Picture Exchange Communication System.
8. Social cognition.

III. Short answers on: **(10 x 2 = 20)**

1. Abstract thinking.
2. Emotional lability.
3. Stereotyped behaviour.
4. Differential Reinforcement of Incompatible Behaviour.
5. Role checklist.
6. Cue identification.
7. Rapport.
8. Discrimination.
9. Panic.
10. Dissociative Anaesthesia.
