

THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY

[BOT 0825]

AUGUST 2025

Sub. Code: 6202

**BACHELOR OF OCCUPATIONAL THERAPY DEGREE COURSE
THIRD YEAR - (Candidates admitted from the academic year 2022-2023 onwards)
PAPER III – O.T. IN PSYCHIATRY**

Q.P. Code: 786202

Time: Three hours

Answer ALL Questions

Maximum: 100 Marks

I. Elaborate on:

(2 x 20 = 40)

1. Discuss the application of MOHO in psychiatric occupational therapy for a client with schizophrenia. Include how volition, habituation and performance capacity influence OT assessment and intervention planning.
2. Explain about life skills program for adolescents with Intellectual Impairment.

II. Write notes on:

(8 x 5 = 40)

1. Apply the concept of “therapeutic use of self” in managing a client with borderline personality disorder.
2. Illustrate how OT uses developmental group techniques in managing childhood psychiatric conditions.
3. Explain the use of a vocational checklist for a client with chronic depression.
4. Demonstrate the role of OT in a geriatric psychiatric unit with examples.
5. Apply the behavioral frame of reference to treat a client with obsessive – compulsive disorder.
6. Justify the need for precautions while working in a psychiatric ward with psychotic clients.
7. Explain how activity grading can benefit a client with anxiety-related disorders.
8. Describe the occupational therapist’s approach in sheltered workshops for individuals with intellectual disabilities.

III. Short answers on:

(10 x 2 = 20)

1. What is family therapy?
2. What is a projective technique?
3. Mention techniques of behavior therapy.
4. What is a therapeutic community?
5. What is cognitive remediation?
6. Define sensory integration in psychiatric OT.
7. What is the purpose of an interest checklist?
8. Mention assessment methods used in psychiatric OT.
9. Write any two components of a psychosocial OT assessment.
10. List any two MOHO-based intervention techniques.
