



**THE TAMIL NADU DR.M.G.R. MEDICAL
UNIVERSITY, GUINDY, CHENNAI 600 032.**
Ph.D. PUBLIC VIVA VOCE EXAMINATION
NOTIFICATION

Name of the Candidate : **Mrs.KUMUDHA T**

Name of the Guide : Dr.D.Celina

Title of the Thesis : “EFFECTIVENESS OF PSYCHOSOMATIC RELAXATION PACKAGE ON KNOWLEDGE, SYMPTOMS EXPERIENCE AND LIFE STYLE PRACTICES AMONG ADOLESCENT GIRLS WITH PREMENTSURAL SYNDROME AT SELECTED COLLEGES, TIRUNELVELI DISTRICT”.

Date and Day : 10th September 2026, Thursday – (10.09.2026)

Time : 02.00 p.m.

Venue : AGATHIYAR ARANGAM, Department of Siddha, The Tamilnadu Dr.M.G.R. Medical University, Chennai.

Join Zoom Meeting : [https://us06web.zoom.us/j/88551930954?](https://us06web.zoom.us/j/88551930954?pwd=3jaxq7GwFedSCPWYCJ1ptjyoKF77af.1)
pwd=3jaxq7GwFedSCPWYCJ1ptjyoKF77af.1

Meeting Chat link : [https://us06web.zoom.us/launch/jc/88551930954](https://us06web.zoom.us/jc/88551930954)

Meeting ID : 885 5193 0954

Password : 240921

The Convener and members of the Public Viva Voce Examination are:

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|-----------------------------------|-----------------------------|
| 1. Dr.D.Celina, Chennai | : Convenor and Guide |
| 2. Dr.M.Nagarathnam, Tirupathi | : Thesis Evaluator |
| 3. Dr.Sharadha Ramesh, Puducherry | : External Examiner |
| 4. Dr.K.Latha, Bihar | : Advisory Committee Member |

The Public Viva Voce is open to all.

Sd/-
CONTROLLER OF EXAMINATIONS