**August 2009**

**[KV 1024]** **Sub. Code: 4723**

**B.Sc (Nursing ) DEGREE EXAMINATION**
**(New Regulations for the candidates admitted from 2006-07 onwards)**
**Third Year**
**Paper III – MENTAL HEALTH NURSING**
***Q.P. Code : 664723***

**Time : Three hours** **Maximum : 75 marks**

**Answer All questions.**

**I. Essays:** **(2 x 15 = 30)**

1. Write in detail about the principles of mental health nursing.

2. Discuss the nursing management of a child with severe mental retardation or mental deficiency.

**II. Write Short Notes on :** **(5 x 5 = 25)**

1. National mental health programme.
2. Mental health team.
3. Therapeutic communication.
4. Side effects of antipsychotic drugs.
5. Stress adaptation

**III. Short Answer Questions:** **(10 x 2 = 20)**

1. Define antabuse therapy.
2. What is delusion?
3. List two antipsychotic drugs.
4. Define perception.
5. List four types of phobias.
6. ICD classification of Schizophrenia.
7. Define depression.
8. Define anxiety.
9. List four types of hallucination.
10. Define mental status examination.

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**February 2011**

**[KY 1024]** **Sub. Code: 4723**

**B.Sc (Nursing) DEGREE EXAMINATION**

**(New Regulations for the candidates admitted from 2006-07 onwards)**
**Third Year**
**Paper III – MENTAL HEALTH NURSING**

***Q.P. Code : 664723***

**Time : Three hours** **Maximum : 75 marks**

**Answer All questions.**

**I. Essays:** **(2X15=30)**

1. Define Therapeutic Communication. Discuss the principles, process, types and explain the various techniques in communication.

2. Define Schizophrenia. Discuss the causes, clinical manifestations, psychopathology, medical and nursing management of this patient.

**II. Write Short Notes on :** **(5X 5 = 25)**

1. Phobia.
2. Suicide.
3. Difference between Psychosis and Neurosis.
4. Crisis intervention.
5. Civil responsibility.

**III. Short Answers Questions:** **(10X 2 = 20)**

1. Objective of National Mental Health Programme.
2. Define mental health nursing.
3. List the types of crisis.
4. Define Dementia.
5. List any three types of behaviour therapy.
6. Trichotillomania.
7. List the types of Mood Disorder.
8. What is projection?
9. List any three goals of occupational therapy.
10. What is Thought Insertion?

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**February 2012**

**[LA 1024]** **Sub. Code: 4723**

**B.Sc (Nursing) DEGREE EXAMINATION**

**(New Regulations for the candidates admitted from 2006-07 onwards)**

**Third Year**

**Paper III – MENTAL HEALTH NURSING**

***Q.P. Code: 664723***

**Time : Three hours** **Maximum : 75 marks**

**Answer ALL questions.**

**I. Elaborate on:** **(2X15=30)**

1. a) What is Bleuler's disease?
   b) Write the etiological theories, ICD-10 classification and Scheneider's first rank symptoms of this disease.
   c) Explain the nursing assessment and draw nursing care plan for a patient diagnosed with simple schizophrenia.

2. a) Crisis intervention.
   b) Antidepressants.

**II. Write notes on :** **(5X 5 =25)**

1. Opioid withdrawal syndrome.
2. Mental health act, 1987.
3. Therapeutic community.
4. Behavioural model.
5. Obsessive compulsive disorder.

**III. Short Answers:** **(10X 2 = 20)**

1. Delusions.
2. Ganser's syndrome.
3. Follow up, home care and rehabilitation for mood disorders.
4. Chlorpromazine.
5. Gerontological considerations in music therapy.
6. Pan phobia.
7. Puerperal mood disorders.
8. GABA.
9. Intellectually disabled.
10. Mental health related legislations.

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**[LB 1024]** **AUGUST 2012** **Sub. Code: 4723**

**Third Year B.Sc – NURSING EXAM**

**Paper III – MENTAL HEALTH NURSING**

***Q.P. Code : 664723***

**Time : Three Hours** **Maximum : 100 marks**

**(180 Min)** **Answer ALL questions in the same order.**

| **I. Elaborate on:** | **Pages (Max.)** | **Time (Max.)** | **Marks (Max.)** |
|---|---|---|---|
| 1. Etiology, Types and Treatment for Phobic Disorder. Explain the Nursing management for two priority Nursing Diagnosis. | 19 | 33 | 20 |
| 2. What are the Mental Health Nursing issues for victims of HIV and AIDS. Mention the Nursing Care. | 19 | 33 | 20 |

| **II. Write Notes on:** | | | |
|---|---|---|---|
| 1. Concepts of normality. | 3 | 8 | 5 |
| 2. Minor Tranquilizers. | 3 | 8 | 5 |
| 3. Psychodrama. | 3 | 8 | 5 |
| 4. Differentiate Neurosis and Psychosis. | 3 | 8 | 5 |
| 5. Mental health services at primary, secondary & Tertiary levels. | 3 | 8 | 5 |
| 6. Post traumatic stress disorder. | 3 | 8 | 5 |
| 7. Acute dystonia | 3 | 8 | 5 |
| 8. Senile dementia | 3 | 8 | 5 |

| **III. Short Answers on:** | | | |
|---|---|---|---|
| 1. Anti craving Agent. | 1 | 5 | 2 |
| 2. Asperger's syndrome. | 1 | 5 | 2 |
| 3. Narcolepsy. | 1 | 5 | 2 |
| 4. Dysthymia. | 1 | 5 | 2 |
| 5. Transference. | 1 | 5 | 2 |
| 6. Verbatim Reporting. | 1 | 5 | 2 |
| 7. Reaction Formation. | 1 | 5 | 2 |
| 8. Transvestism. | 1 | 5 | 2 |
| 9. Insight. | 1 | 5 | 2 |
| 10. Classify Schizophrenia. | 1 | 5 | 2 |

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**[LC1024] FEBRUARY 2013 Sub. Code: 4723**

**B.Sc (Nursing) DEGREE EXAMINATION**

**(New Regulations for the candidates admitted from 2006-07 onwards)**

**Third Year**

**Paper III – MENTAL HEALTH NURSING**

***Q.P. Code : 664723***

**Time : Three hours** **Maximum : 100 marks**

**I. Essays:** **(2X20=40)**

1. Explain the different psychological therapies used in the treatment of mental disorders
2. Discuss the nursing management of a child with Autism.

**II. Write Short Notes on :** **(8X 5 = 40)**

1. Mental status exam
2. Behavioural model
3. Phases of nurse patient relationship
4. Major tranquilizers
5. Psychopathology of mood disorders
6. Phobias
7. Theories of grieving process
8. Objectives of national mental health programme.

**III. Short Answers Questions:** **(10X 2 = 20)**

1. Mental health team
2. Positive symptoms of Schizophrenia
3. Post –traumatic stress disorder
4. Withdrawal syndrome
5. Alzheimer's disease
6. Types of crisis
7. Right of the mentally ill clients
8. Concept of abnormal behavior
9. Borderline personality disorder
10. Déjà vu.

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**[LD1024] AUGUST 2013 Sub. Code: 4723**

**B.Sc (Nursing) DEGREE EXAMINATION**

**(New Regulations for the candidates admitted from 2006-07 onwards)**

**Third Year**

**Paper III – MENTAL HEALTH NURSING**

***Q.P. Code: 664723***

**Time : Three hours** **Maximum : 100 marks**

**I. Essays:** **(2X20=40)**

1. Define mental health and mental illness. Explain the characteristics of a mentally healthy person and state the principles of mental health nursing
2. Define Bipolar affective disorder. Discuss in detail the etiology, symptoms and signs, psychopathology and nursing management of a client with depression

**II. Write Short Notes on:** **(8X 5 = 40)**

1. Therapeutic communication
2. Behaviour therapy
3. Obsessive compulsive disorder
4. Mc Naughten's Rule
5. Delirium tremens
6. Lithium Toxicity
7. Protective measures for a suicidal patient
8. Electro convulsive therapy

**III. Short Answers Questions:** **(10X 2 = 20)**

1. Mention two main mental health classification systems
2. Define mental status examination
3. What is thought insertion?
4. List the types of crisis
5. Define Dementia
6. What is reaction formation?
7. Mention the indications for light therapy
8. What is Bulimia nervosa?
9. Mention five types of admission in a mental hospital
10. What is Nihilistic delusion?

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**[LE 1024]** **FEBRUARY 2014** **Sub. Code: 4723**

**B.Sc (Nursing) DEGREE EXAMINATION**

**(New Regulations for the candidates admitted from 2006-07 onwards)**

**Third Year**

**Paper III – MENTAL HEALTH NURSING**

***Q.P. Code: 664723***

**Time : Three hours** **Maximum : 75 marks**

**I. Essays:** **(2X15=30)**

1. Discuss the principles of mental health nursing
2. a) List the Clinical features of depressive disorder.
   b) Describe the Nursing Management of a patient with severe depressive disorder

**II. Write Notes on:** **(5X5 = 25)**

1. Admission procedure
2. Alcohol dependence syndrome
3. Concepts of normality and abnormality
4. Anti - depressants
5. Aggression

**III. Short Answer Questions:** **(10X 2 = 20)**

1. What is delusion?
2. Mention any four defense mechanisms
3. What is masochism?
4. What is dystonia?
5. Define phobia
6. Write any two differences between psychosis and neurosis
7. Write down the objectives of the National Mental Health Programme.
8. Mention any four techniques of behavior therapy
9. What is kleptomania?
10. Define Hallucination

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**[LF 1024]** **AUGUST 2014** **Sub. Code: 4723**

**B.Sc (Nursing) DEGREE EXAMINATION**
**(New Regulations for the candidates admitted from 2006-07 onwards)**
**Third Year**
**Paper III – MENTAL HEALTH NURSING**

***Q.P. Code: 664723***

**Time : Three hours** **Maximum : 75 marks**

**I. Essays:** **(2X15=30)**

1. a) Define E.C.T.
   b) What are the indications & Contra indications of E.C.T?
   c) Explain the Nurses role before, during and after E.C.T
2. a) Define Mania
   b) Discuss in detail the etiology, signs and symptoms, psychopathology of Mania.
   c) Explain the Nursing management of a client with Mania.

**II. Write Notes on:** **(5X5 = 25)**

1. Crisis Intervention
2. Behavioral Model
3. Differentiate Neurosis & Psychosis
4. MC Naughten's Rule
5. Hallucination

**III. Short Answer Questions:** **(10X2=20)**

1. Define Anxiety
2. What is Dellusion?
3. List the types of Phobia
4. List the types of Crisis
5. What is Projection?
6. Mention any four EPS
7. What is Anti Craving Agent?
8. Define Post – Traumatic Stress Disorder
9. Mention any four clinical features of withdrawal Syndrome
10. What is bulimia Nervosa?

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**[LG 1024]** **FEBRUARY 2015** **Sub. Code: 4723**

**B.Sc (Nursing) DEGREE EXAMINATION**
**(New Regulations for the candidates admitted from 2006-07 onwards)**
**THIRD YEAR**
**Paper III – MENTAL HEALTH NURSING**

***Q.P. Code: 664723***

**Time : Three hours** **Maximum : 75 marks**

**I. Essays:** **(2 x 15 = 30)**

1. a) Define Schizophrenia.
   b) Discuss the causes, clinical features and types of Schizophrenia.
   c) Explain in detail on Nursing care of patient with Schizophrenia.
2. a) Define Communication.
   b) Discuss the Techniques of Communication.
   c) Explain the Barriers of Communication.

**II. Write notes on:** **(5 x 5 = 25)**

1. Prevention of suicide
2. Obsessive Compulsive Disorder
3. Electro Convulsive Therapy
4. Cognitive development theory
5. Mental Status Examination

**III. Short answers on:** **(10 x 2 = 20)**

1. Define depression
2. What is Reaction Formation?
3. Define Transvertism
4. What is Nihilistic delusion?
5. Mention four types of admission in a Mental Hospital
6. What is Alzheimer's Disease?
7. Define Hallucination
8. Concept of abnormal behavior
9. What is insight?
10. Mention any four causes of organic mental disorders

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**[LH 1024]** **AUGUST 2015** **Sub. Code: 4723**

**B.Sc. (Nursing) DEGREE EXAMINATION**

**(New Regulations for the candidates admitted from 2006-07 onwards)**

**THIRD YEAR**

**PAPER III – MENTAL HEALTH NURSING**

***Q.P. Code: 664723***

**Time : Three Hours** **Maximum : 75 marks**

**Answer ALL questions**

**I. Essays:** **(2 x 15 = 30)**

1. a) Define Mental Health and Mental Illness.
   b) Explain the characteristics of a mentally healthy person.
   c) State the principles of Mental Health Nursing.

2. a) Define Mental Retardation.
   b) Discuss in detail the etiology, signs and symptoms, and types of Mental Retardation.
   c) Explain the management of a child with Mental Retardation.

**II. Write notes on:** **(5 x 5 = 25)**

1. Nurse – Patient relationship.
2. Antipsychotic.
3. Family therapy.
4. Rights of Mentally ill patients.
5. Obsessive compulsive disorders.

**III. Short answers on:** **(10 x 2 = 20)**

1. Define Dementia.
2. What is Transference?
3. What is delusion?
4. Mention the clinical features of Opioid withdrawal syndrome.
5. List the types of Mood Disorder.
6. List any four goals of Occupational therapy.
7. Define Perception.
8. List four types of Hallucination.
9. Define Antabuse therapy.
10. List two mood stabilizers.

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**[LI 1024]** **FEBRUARY 2016** **Sub. Code: 4723**

**B.Sc. (Nursing) DEGREE EXAMINATION**

**(New Regulations for the candidates admitted from 2006-07 onwards)**

**THIRD YEAR**

**PAPER III – MENTAL SURGICAL NURSING**

***Q.P. Code : 664723***

**Time : Three Hours** **Maximum : 75 Marks**

**Answer ALL questions**

**I. Essays:** **(2 x 15 = 30)**

1. a) Describe the clinical features of patient suffering from Mania.

   b) Develop a Nursing care plan for a patient suffering with Mania using nursing process approach.

2. Explain the rule of the nurses in prevention of mental illness in a community.

**II. Write notes on:** **(5 x 5 = 25)**

1. Anti-anxiety drugs.
2. Suicide prevention.
3. Differences between psychosis and Neurosis.
4. Sleep disorders.
5. Occupational Therapy.

**III. Short answers on:** **(10 x 2 = 20)**

1. Define Perception.
2. Mention Bleuler's four A's in Schizophrenia.
3. What is Projection?
4. What is Anhedonia?
5. Define Verbigeration.
6. Define hallucination.
7. Mention any four clinical features of Catatonic Schizophrenia.
8. Mention any four EPS.
9. Mention any four Neurotic disorders.
10. Mention the phases of Therapeutic Relationship.

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**[LJ 1024]** AUGUST 2016 **Sub. Code: 4723**

**B.Sc. (Nursing) DEGREE EXAMINATION**
**(New Regulations for the candidates admitted from 2006-07 onwards)**
**THIRD YEAR**
**PAPER III – MENTAL HEALTH NURSING**

***Q.P. Code: 664723***

**Time : Three hours** **Maximum : 75 Marks**

**I. Elaborate on:** **(2 x 15 = 30)**

1. a) Define Schizophrenia.
   b) List the characteristic features of Schizophrenia.
   c) Draw a nursing care plan for a client with Paranoid Schizophrenia.
2. a) Define communication.
   b) Explain the techniques of therapeutic communication.
   c) Discuss the phases of nurse-patient relationship in detail.

**II. Write notes on:** **(5 x 5 = 25)**

1. National mental health programme.
2. Role of the nurses in ECT.
3. Anti-depressive drugs.
4. Nursing management of patient with mania.
5. Future challenges in psychiatric nursing.

**III. Short answers on:** **(10 x 2 = 20)**

1. What is repression?
2. Define depression.
3. Define phobia.
4. Mention any four Psychiatric emergencies.
5. What is flight of ideas?
6. What is Post-traumatic stress disorder?
7. Define mental retardation.
8. What is Enuresis?
9. Define circumstantiality.
10. List four types of hallucination.

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**[LK 1024]** FEBRUARY 2017 **Sub. Code: 4723**

**B.Sc. (Nursing) DEGREE EXAMINATION**
**(New Regulations for the candidates admitted from 2006-07 onwards)**
**THIRD YEAR**
**PAPER III – MENTAL HEALTH NURSING**

***Q.P. Code: 664723***

**Time : Three hours** **Maximum : 75 Marks**

**I. Elaborate on:** **(2 x 15 = 30)**

1. a) Define depression.
   b) Discuss in detail the etiology of depression.
   c) Discuss the nursing management of a client with depression.

2. a) Define mental health.
   b) List the causes of mental illness.
   c) State the principles of mental health nursing.

**II. Write notes on:** **(5 x 5 = 25)**

1. Mental Health Act.
2. Nurse patient relationship.
3. Antipsychotic drugs.
4. Generalized anxiety disorder.
5. Psychiatric emergencies.

**III. Short answers on:** **(10 x 2 = 20)**

1. Define schizophrenia.
2. Define delusion.
3. Mention four clinical features of mania.
4. Define counseling.
5. Mention four types of mental retardation.
6. Mention any four neurotic disorders.
7. Write any four extra pyramidal symptoms.
8. What is hallucination?
9. What is kleptomania?
10. Define addiction.

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**[LL 1024]** AUGUST 2017 **Sub. Code: 4723**

**B.Sc. (Nursing) DEGREE EXAMINATION**
**(New Regulations for the candidates admitted from 2006-07 onwards)**
**THIRD YEAR**
**PAPER III – MENTAL HEALTH NURSING**

***Q.P. Code: 664723***

**Time : Three hours** **Maximum : 75 Marks**

**I. Elaborate on:** **(2 x 15 = 30)**

1. Mr. Kumar is brought to the psychiatric ward from the casualty in intoxicated state, and behaves violently.
   a) Indicate the withdrawal symptoms in detail.
   b) Explain the nursing management according to priority.
2. Mr. Anand is admitted with history of suspiciousness, delusion of persecution food refusal, auditory hallucination and neglect of personal hygiene. Find out the diagnosis, causes and construct the nursing management.

**II. Write notes on:** **(5 x 5 = 25)**

1. Describe the ECT procedure.
2. Explain the post traumatic stress disorder symptoms in detail.
3. Discuss the di-sulfiram therapy.
4. Explain the management of mental retardation.
5. Elaborate the phases of crisis and the possible interventions.

**III. Short answers on:** **(10 x 2 = 20)**

1. Enlist the components of mental status examination.
2. Enumerate the classification of antidepressants.
3. Explain any four symptoms of depression.
4. Indicate an example for obsession and compulsion.
5. Write the ICD-0 classification of personality disorders.
6. Explain fetishism with an example.
7. List any four important genetic causes of mental retardation.
8. Represent any four important clinical features of dementia.
9. Define McNaughten's rule.
10. Predict four prioritized nursing actions in response to a suicide in psychiatric ward.

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**[LM 1024]** FEBRUARY 2018 **Sub. Code: 4723**

**B.Sc. (Nursing) DEGREE EXAMINATION**
**(New Regulations for the candidates admitted from 2006-07 onwards)**
**THIRD YEAR**
**PAPER III – MENTAL HEALTH NURSING**

***Q.P. Code: 664723***

**Time : Three hours** **Maximum : 75 Marks**

**I. Elaborate on:** **(2 x 15 = 30)**

1. a) Define crisis.
   b) Explain the phases, types and techniques of crisis.
   c) Explain crisis intervention.

2. a) Define mental retardation.
   b) List the types of mental retardation.
   c) Discuss the nursing management of a child with severe mental retardation.

**II. Write notes on:** **(5 x 5 = 25)**

1. Difference between psychosis and neurosis.
2. Lithium toxicity.
3. Histrionic personality disorder.
4. Milieu therapy.
5. Autism.

**III. Short answers on:** **(10 x 2 = 20)**

1. Narcolepsy.
2. Name four types of delusions.
3. Trichotillomania.
4. Mention four complications of ECT.
5. Define neologism.
6. Four types of hallucination.
7. What is projection?
8. Mention five types of admission in a mental hospital.
9. What is anti-craving agent?
10. Any four clinical features of withdrawal syndrome.

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**[LN 1024]** AUGUST 2018 **Sub. Code: 4723**

**B.Sc. (Nursing) DEGREE EXAMINATION**
**(New Regulations for the candidates admitted from 2006-07 onwards)**

**THIRD YEAR**

**PAPER III – MENTAL HEALTH NURSING**

***Q.P. Code: 664723***

**Time : Three Hours** **Maximum : 75 Marks**

**I. Elaborate on:** **(2 x 15 = 30)**

1. a) Define Mania.
   b) Briefly explain the clinical features of mania.
   c) Write down the management and nursing care of patient with mania.

2. a) Types of admission and discharge procedures in a psychiatric hospital.
   b) National mental health programme.

**II. Write notes on:** **(5 x 5 = 25)**

1. Major tranquilizers.
2. Gender identity disorder.
3. Family therapy.
4. Therapeutic communication.
5. Briefly explain panic attack.

**III. Short answers on:** **(10 x 2 = 20)**

1. Define homicide.
2. What is enuresis?
3. Voyeurism.
4. Mention some of the specific developmental disorders.
5. What is personality?
6. What is Zoophilia?
7. Classification of mental retardation by IQ.
8. Define mental health nursing.
9. Define depression.
10. What is confabulation?

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**[LO 1024]** FEBRUARY 2019 **Sub. Code: 4723**

**B.Sc. (Nursing) DEGREE EXAMINATION**
**(New Regulations for the candidates admitted from 2006-07 onwards)**

**THIRD YEAR**

**PAPER III – MENTAL HEALTH NURSING**

***Q.P. Code: 664723***

**Time : Three Hours** **Maximum : 75 Marks**

**I. Elaborate on:** **(2 x 15 = 30)**

1. a) Define obsessive compulsive disorder (OCD).
   b) Discuss in detail the etiology of OCD.
   c) Discuss the Nursing management of a client with OCD.

2. a) Define community mental health nursing.
   b) Discuss model of preventive psychiatry and levels of prevention.
   c) Explain role of nurse in preventive psychiatry.

**II. Write notes on:** **(5 x 5 = 25)**

1. Cognitive behaviour therapy.
2. National mental health programme.
3. Electro Convulsive therapy.
4. Mood stabilizers.
5. Legal aspects in mental health.

**III. Short answers on:** **(10 x 2 = 20)**

1. Define mental status examination.
2. Transvestism.
3. What is Nihilistic delusion?
4. Disulfiram.
5. Define Dementia.
6. Four types of Crisis.
7. What is reaction formation?
8. List four types of phobia.
9. What is normal IQ? How will you calculate IQ?
10. Write the types of personality.

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**[LP 1024]** AUGUST 2019 **Sub. Code: 4723**

**B.Sc. (Nursing) DEGREE EXAMINATION**
**(New Regulations for the candidates admitted from 2006-07 onwards)**

**THIRD YEAR**

**PAPER III – MENTAL HEALTH NURSING**

***Q.P. Code: 664723***

**Time : Three Hours** **Maximum : 75 Marks**

**I. Elaborate on:** **(2 x 15 = 30)**

1. a) Define Schizophrenia.
   b) Discuss the causes, clinical features and types of Schizophrenia.
   c) Explain in detail the nursing care of patients with schizophrenia.
2. Discuss the nursing management of child with Attention Deficit Hyperactivity disorder.

**II. Write notes on:** **(5 x 5 = 25)**

1. Phases of Nurse – patient relationship.
2. Mental health act, 1987.
3. Psychodrama.
4. Lithium toxicity.
5. Rights of mentally ill patients.

**III. Short answers on:** **(10 x 2 = 20)**

1. List any three types of behavior therapy.
2. What is thought insertion?
3. Mention any four clinical features of withdrawal syndrome.
4. Narcolepsy.
5. What is kleptomania?
6. List any three goals of occupational therapy.
7. Puerperal mood disorders.
8. Define Tangentiality.
9. What is Alzheimer's disease?
10. Mention any four causes of Organic Mental disorders.

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**[LQ 1024]** FEBRUARY 2020 **Sub. Code: 4723**

**B.Sc. (Nursing) DEGREE EXAMINATION**
**(New Regulations for the candidates admitted from 2006-07 onwards)**

**THIRD YEAR**

**PAPER III – MENTAL HEALTH NURSING**

***Q.P. Code: 664723***

**Time : Three Hours** **Maximum : 75 Marks**

**I. Elaborate on:** **(2 x 15 = 30)**

1. Define mental health and mental illness. Explain the characteristics of a mentally healthy person and state the principles of mental health nursing.
2. a) List the clinical features of Depressive Disorder.
   b) Describe the nursing management of a patient with severe depressive disorder.

**II. Write notes on:** **(5 x 5 = 25)**

1. Difference between psychosis and neurosis.
2. Behavioural model.
3. Hallucination.
4. Occupational therapy.
5. Milieu therapy.

**III. Short answers on:** **(10 x 2 = 20)**

1. Define anxiety.
2. What is projection?
3. Chlorpromazine.
4. Insight.
5. Déjà vu.
6. Mention any four techniques of behavior therapy.
7. What is Bulimia Nervosa?
8. Define Verbigeration.
9. Write any four extra-pyramidal symptoms.
10. Define Perception.

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**[BSCN 0321]** MARCH 2021 **Sub. Code: 4723**

(AUGUST 2020 SESSION)

**B.Sc. (Nursing) DEGREE EXAMINATION**

**(New Regulations for the candidates admitted from 2006-07 onwards)**

**THIRD YEAR**

**PAPER III – MENTAL HEALTH NURSING**

***Q.P. Code: 664723***

**Time : Three Hours** **Maximum : 75 Marks**

**I. Elaborate on:** **(2 x 15 = 30)**

1. (a) Define Schizophrenia. Explain the etiology of Schizophrenia.
   (b) List out the symptoms and nursing management of a client with catatonic Schizophrenia.
2. (a) Define Alcoholism. Write the causes of Alcoholism.
   (b) Explain in detail about the complications of alcoholism and also discuss about the treatment of patient with Alcoholism.

**II. Write notes on:** **(5 x 5 = 25)**

1. Classification of Anti-Psychotics.
2. List some basic rights of mentally ill patients.
3. Causes of Dementia.
4. Sibling rivalry disorder.
5. List the techniques of behavior therapy and explain three techniques from it.

**III. Short answers on:** **(10 x 2 = 20)**

1. What is Waxy Flexibility?
2. What is Compulsion?
3. Define Hallucination.
4. What is Delusion of guilt?
5. Define Fetishism.
6. What is Panic Attack?
7. Sundowning syndrome.
8. What is Tangentiality?
9. What is Rationalization?
10. What is Blackout?

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**[BSCN 0921]** SEPTEMBER 2021 **Sub. Code: 4723**

(FEBRUARY 2021 SESSION)

**B.Sc. (Nursing) DEGREE EXAMINATION**

**(New Regulations for the candidates admitted from 2006-07 onwards)**

**THIRD YEAR**

**PAPER III – MENTAL HEALTH NURSING**

***Q.P. Code: 664723***

**Time : Three Hours** **Maximum : 75 Marks**

**I. Elaborate on:** **(2 x 15 = 30)**

1. a) Define Dissociative disorder.
   b) Explain the etiology and types of Dissociative disorder.
   c) Discuss the nursing management of patient with Dissociative disorder.

2. a) Define delirium.
   b) Explain in detail about the causes of delirium.
   c) Write the management including nursing management of patient with delirium.

**II. Write notes on:** **(5 x 5 = 25)**

1. M'Naghten's rule.
2. Principles of mental health nursing.
3. Difference between epileptic seizures and Dissociative convulsions.
4. General attitude towards mentally ill.
5. Mental health team.

**III. Short answers on:** **(10 x 2 = 20)**

1. Write down the contraindications of ECT.
2. What is word salad?
3. What is thought broadcasting?
4. Loosening of association.
5. What is Nihilistic Delusion?
6. What are extra pyramidal symptoms?
7. Anorexia nervosa.
8. What is functional hallucination?
9. What is insight?
10. Mention the toxic blood lithium level.

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**THE TAMIL NADU DR. M.G.R. MEDICAL UNIVERSITY**

**[BSCN 1221]** **DECEMBER 2021** **Sub. Code: 4723**
**(AUGUST 2021 SESSION)**

**B.Sc. (Nursing) DEGREE EXAMINATION**
**(New Regulations for the candidates admitted from 2006-07 onwards)**

**THIRD YEAR**

**PAPER III – MENTAL HEALTH NURSING**

***Q.P. Code: 664723***

**Time : Three Hours** **Maximum : 75 Marks**

**I. Elaborate on:** **(2 x 15 = 30)**

1. a) Define Bi-polar Affective Disorder. Discuss in detail the etiology, signs, symptoms and psycho-pathology of Depression.
   b) Write the nursing care plan for a client with Depression.

2. a) Define E.C.T. What are the indications and contra-indications of E.C.T.?
   b) Explain the nurse role before, during and after E.C.T.

**II. Write notes on:** **(5 x 5 = 25)**

1. Narrate the principles of mental health nursing.
2. Differentiate neurosis and psychosis.
3. Crisis intervention.
4. Mental status examination.
5. Prevention of suicide.

**III. Short answers on:** **(10 x 2 = 20)**

1. Explain the treatment given in counselling centre for a drug abuse patient.
2. Mention any four defense mechanisms.
3. Ganser's syndrome.
4. What is dystonia.
5. Mention five types of admission in a mental hospital.
6. What is Bulimia nervosa?
7. What are extra pyramidal symptoms?
8. Posttraumatic stress disorder.
9. Objectives of National Mental Health programme.
10. List any three types of behavior therapy.

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**THE TA MIL NADU DR.M.G.R. MEDICAL UNIVERSITY**

**[BSCN 0522]** **MAY 2022** **Sub. Code: 4723**
**(FEBRUARY 2022 SESSION)**

**B.Sc. (Nursing) DEGREE EXAMINATION**
**(Regulations for the candidates admitted from 2006-07 onwards)**

**THIRD YEAR**
**PAPER III – MENTAL HEALTH NURSING**

***Q.P. Code: 664723***

**Time : Three Hours** **Maximum : 75 Marks**

**I. Elaborate on:** **(2 x 15 = 30)**

1. a) Define Organic Mental Disorder. List the causes and types of Dementia.
   b) Discuss Nursing Management of a patient with dementia.

2. a) Write in detail about the principles of Mental Health Nursing.
   b) List out the Psychiatric emergencies and Protective measures for Suicidal Patient.

**II. Write notes on:** **(5 x 5 = 25)**

1. Post traumatic Stress Disorders.
2. Anti-depressive Drugs.
3. Johari Window.
4. Autism.
5. Delusion.

**III. Short answers on:** **(10 x 2 = 20)**

1. List any three types of behavior therapy.
2. Ganser's Syndrome.
3. Transference.
4. Lithium Toxicity.
5. Mention five types of admission in a Mental Hospital.
6. What is Dystonia?
7. Define enuresis.
8. What is Anhedonia?
9. What is flight of Ideas?
10. Define counselling.

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**THE TAMIL NADU DR.M.G.R. MEDICAL UNIVERSITY**

**[BSCN 1122] NOVEMBER 2022 Sub. Code: 4723**
**(AUGUST 2022EXAM SESSION)**

**B.Sc. (Nursing) DEGREE EXAMINATION**
**(Regulations for the candidates admitted from 2006-07 onwards)**

**THIRD YEAR**
**PAPER III – MENTAL HEALTH NURSING**
***Q.P. Code: 664723***

**Time : Three Hours** **Maximum : 75 Marks**

**I. Elaborate on:** **(2 x 15 = 30)**

1. a) Define Delirium.
   b) Explain in detail about the causes of delirium.
   c) Write the management including Nursing management of patient with delirium.

2. a) Define Mental Retardation and listout the grades of it.
   b) Narrate the Nursing Management of a Child with severe Mental Retardation.

**II. Write notes on:** **(5 x 5 = 25)**

1. Alcohol withdrawal Syndrome.
2. Nursing Management of a Patient with the diagnosis of Schizophrenia.
3. Admission and Discharge procedures.
4. Anti Psychotics.
5. Role of a nurse in Preventive Psychiatry.

**III. Short answers on:** **(10 x 2 = 20)**

1. Mention any four types of delusions.
2. What is Milieu Therapy?
3. Define mental health.
4. Mention the types of Personality disorders.
5. Name the Psychotic disorders.
6. Write any four functions of a Psychiatric nurse.
7. Define Suicide and Homicide.
8. Write any four principles of Psychiatric Nursing.
9. What is Mental Health Act?
10. Write four ‘A’s of schizophrenia.

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**THE TAMIL NADU DR.M.G.R. MEDICAL UNIVERSITY**

**[BSCN 0323] MARCH 2023 Sub. Code: 4723**
**(FEBRUARY 2023 EXAM SESSION)**

**B.Sc. (Nursing) DEGREE EXAMINATION**
**(Regulations for the candidates admitted from 2006-07 onwards)**

**THIRD YEAR**
**PAPER III – MENTAL HEALTH NURSING**
***Q.P. Code: 664723***

**Time : Three Hours** **Maximum : 75 Marks**

**I. Elaborate on:** **(2 x 15 = 30)**

1. a) Define Communication.
   b) Discuss the stages and techniques of Communication with Johari – Window Model.

2. a) Discuss in detail about the Admission and Discharge Procedures.
   b) Narrate the legal aspects related to Psychiatric Nursing.

**II. Write notes on:** **(5 x 5 = 25)**

1. Classification of Psychotherapeutic drugs with nurses action.
2. Nursing management of a patient with mania.
3. Differentiate Psychosis and Neurosis.
4. Anorexia Nervosa.
5. ICD-10 classification of Psychiatric disorders.

**III. Short answers on:** **(10 x 2 = 20)**

1. List any four Psychiatric emergencies.
2. What is Rehabilitation?
3. Define DeliriumTremens.
4. Define flooding.
5. What is Obsessive Compulsive Disorder?
6. State the meaning of group therapy.
7. Define Mental illness.
8. Define half way home.
9. Define Perceptual disorder.
10. Define Extra Pyramidal syndrome.

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**THE TAMIL NADU DR.M.G.R. MEDICAL UNIVERSITY**

**[BSCN 1023] OCTOBER 2023 Sub. Code: 4723**
**(AUGUST 2023 EXAM SESSION)**

**B.Sc. (Nursing) DEGREE EXAMINATION**
**(Regulations for the candidates admitted from 2006-07 onwards)**

**THIRD YEAR**
**PAPER III – MENTAL HEALTH NURSING**
***Q.P. Code: 664723***

**Time : Three Hours** **Maximum : 75 Marks**

**I. Elaborate on:** **(2 x 15 = 30)**

1. a) Define psychotherapy.
   b) List the common techniques of psychotherapy.
   c) Explain about Group therapy.

2. a) Define Mental Health?
   b) Mention the Rights of Mentally ill person.
   c) Explain the Role and functions of Mental Health Nurse in various setting.

**II. Write notes on:** **(5 x 5 = 25)**

1. Generalized anxiety disorder.
2. Persistent delusional disorder.
3. Institutionalization versus deinstitutionalization.
4. Psychoanalytical therapy.
5. Borderline personality disorder.

**III. Short answers on:** **(10 x 2 = 20)**

1. Frotteurism.
2. Idiot savant syndrome.
3. Management of patient with violent behaviour.
4. Define anorexia nervosa.
5. What is counter – transference?
6. Types of personality.
7. What is Korsakoff''s syndrome?
8. Write the classification of pervasive developmental disorder?
9. Concept of abnormal behaviour.
10. Clang Association.

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**THE TAMIL NADU DR.M.G.R. MEDICAL UNIVERSITY**

**[BSCN 0824]** **AUGUST 2024** **Sub. Code: 4723**

**B.Sc. (Nursing) DEGREE EXAMINATION**
**(Regulation 2006-2007 onwards)**

**THIRD YEAR**
**PAPER III – MENTAL HEALTH NURSING**
***Q.P. Code: 664723***

**Time : Three Hours** **Maximum : 75 Marks**

**I. Elaborate on:** **(2 x 15 = 30)**

1. Define Dementia, discuss the causes and clinical features and write the nursing management of patient with Dementia.

2. Define Electro convulsive therapy, enlist the indications and contra indications and write the role of nurse for patient undergoing electro convulsive therapy.

**II. Write notes on:** **(5 x 5 = 25)**

1. Standards of Mental Health Nursing.
2. Components of Therapeutic relationship.
3. Occupational Therapy.
4. National Mental Health Programme.
5. Principles of counseling.

**III. Short answers on:** **(10 x 2 = 20)**

1. Enumerate the Concept of normal and abnormal behavior.
2. Define Psychiatric Nursing
3. Define Ganser's Syndrome.
4. Mention four aims of Recreational Therapy.
5. List Four drugs commonly used for addiction.
6. Define Tic disorder.
7. State the stages of Grief.
8. Define leave of absence.
9. Enlist the techniques of Crisis Intervention.
10. Define Light Therapy.

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**THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY**

**[BSCN 0825]** **AUGUST 2025** **Sub. Code: 4723**

**B.Sc. (Nursing) DEGREE EXAMINATION**
**(Regulation 2006-2007 onwards)**

**THIRD YEAR**
**PAPER III – MENTAL HEALTH NURSING**
***Q.P. Code: 664723***

**Time : Three Hours** **Maximum : 75 Marks**

**I. Elaborate on:** **(2 x 15 = 30)**

1. Define Psychiatric Nursing and explain the principles of Mental Health Nursing with suitable illustrations.

2. Define Schizophrenia. Explain the etiology, clinical features of Schizophrenia and write the Nursing management of patient with Paranoid Schizophrenia.

**II. Write notes on:** **(5 x 5 = 25)**

1. Defense Mechanism.
2. Extrapyramidal symptoms.
3. Behavioural Therapy.
4. Post Traumatic Stress disorder.
5. Therapeutic communication.

**III. Short answers on:** **(10 x 2 = 20)**

1. List the Rights of Mentally ill patients.
2. Define Maturational Crisis.
3. Enumerate the General Adaptation Syndrome.
4. Define Aversion Therapy.
5. Enlist the Four types of Delusion.
6. List the Somatic symptoms of Depression.
7. State the Four clinical features of Obsessive Compulsive disorder.
8. Enlist the Classification of Organic Mental disorders.
9. Define Psychiatric Emergencies.
10. Write the goals of Community Mental Health.

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**THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY**

**[BSCN 0226]** **FEBRUARY 2026** **Sub. Code: 4723**

**B.Sc. (Nursing) DEGREE EXAMINATION**
**(Regulation 2006-2007 onwards)**

**THIRD YEAR**
**PAPER III – MENTAL HEALTH NURSING**
***Q.P. Code: 664723***

**Time : Three Hours** **Maximum : 75 Marks**

**I. Elaborate on:** **(2 x 15 = 30)**

1. a) Define Obsessive Compulsive disorder. (2)
   b) Explain the etiology, clinical features, clinical types and treatment modalities of OCD patient. (8)
   c) Discuss in detail about the role of Nurse in managing patients with OCD. (5)

2. a) Define Therapeutic Communication.
   b) Explain Johari Window Model.
   c) Discuss in detail about Therapeutic Communication Techniques.

**II. Write notes on:** **(5 x 5 = 25)**

1. Nursing Management of Patient with Mania.
2. Phobia and its management.
3. Behaviour Therapy.
4. Major Tranquilizers.
5. Crisis and crisis intervention.

**III. Short answers on:** **(10 x 2 = 20)**

1. Define Enuresis.
2. Write four significant symptoms of Lithium Toxicity.
3. Write two Objectives of National Mental Health programme.
4. What is Insight?
5. Define Hallucination.
6. What is Neologism?
7. What is Blackout?
8. What is Catalepsy?
9. What is Sundowning?
10. Write two differentiate between Psychosis and Neurosis.

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**THE TAMIL NADU Dr. M.G.R. MEDICAL UNIVERSITY**

**[BSCN 0826]** **AUGUST 2026** **Sub. Code: 4723**

**B.Sc. (Nursing) DEGREE EXAMINATION**
**(Regulation 2006-2007 onwards)**

**THIRD YEAR**
**PAPER III – MENTAL HEALTH NURSING**
***Q.P. Code: 664723***

**Time : Three Hours** **Maximum : 75 Marks**

**I. Elaborate on:** **(2 x 15 = 30)**

1. a) Define Crisis.
   b) Explain the phases, types and clinical features of Crisis.
   c) Explain about Crisis Intervention Techniques.

2. a) Define Obsessive Compulsive disorder (OCD).
   b) Discuss in detail about the etiology of OCD.
   c) Discuss the Nursing Management of a client with OCD.

**II. Write notes on:** **(5 x 5 = 25)**

1. Lithium toxicity.
2. Mental Health Care Act.
3. Occupational Therapy.
4. Paranoid personality disorder.
5. Electro convulsive Therapy.

**III. Short answers on:** **(10 x 2 = 20)**

1. Define Depression.
2. Specify about any four prevention strategies of Mental retardation.
3. Elements of Communication.
4. Define Schizophrenia.
5. Enlist the grades of Insight.
6. List the types of Phobia.
7. What is Masochism?
8. What is Bulimia Nervosa?
9. List down any two Antipsychotic drugs.
10. List any four clinical features of child with autism.

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